

A close-up photograph of a person's bare feet, wearing blue jeans, standing in shallow water. The background is a soft, out-of-focus sunset or sunrise sky with hues of pink, orange, and blue. The water reflects the light, creating a shimmering effect. The overall mood is serene and natural.

For everything you need... ...and more!

Trycare

2018 / 2019

Welcome to the 12th edition 2018/19

Trycare

Trycare Chiropody Catalogue

Since 1996 Trycare has been supplying high quality products to health professionals throughout the UK. We are committed in providing excellent customer care with a friendly, knowledgeable service and value for money.

We pride ourselves in customer care, speedy deliveries and product knowledge. Our rapport with customers is second to none. Our customer care, logistics & distribution teams strive to ensure deliveries are received on time, maintaining our reputation for reliability and consistent customer satisfaction. We are always here to help.

Make sure we have your email address and up to date contact details, to ensure you don't miss out on exclusive offers throughout the year!

Seasonal flyers and monthly promotions will be sent to all customers on our mailing list.

We would like to thank all of our loyal customers for their continued support.

Yours Sincerely,

Trycare Chiropody Team.

ORDERING FACILITIES

Phone: 01274 885523
(Mon-Fri 8.30am to 5.30pm)
Fax: 01274 881045
Email: chiropody@trycare.co.uk
Web: www.trycare.co.uk

HEAD OFFICE

Trycare Ltd, Rialto Buildings, Station Road,
Clayton, Bradford, West Yorkshire, BD14 6JA

RETURNS & DISTRIBUTION CENTRE

Trycare, West Park, Brackenbeck Road,
Bradford, West Yorkshire, BD7 2LW



Contents



Creams, Ointments & Solutions 2-42

TryClean
Antifungal Preparations
Verruca & Wart Treatment
Antiseptic Preparations
Antiperspirants
Dry Skin Care
Hand & Nail Care
Pamper Yourself!
Specialist Skincare
Health & Wellbeing
Gehwol Range

Paddings, Tape & Dressings 43-58

Paddings Materials
Dressings
Strapping & Tapes
Bandages

Orthotics, Insoles & Supports 59-80

Orthotics, Insoles & Supports
Appliances
Silicone, Adhesives & Accessories

Gel Products 81-95

Deramed Gel
Epitact Gel
Hapla Modular Orthotics

Burs, Blades & Abrasives 96-106

Scalpel Blades & Handles
Burs & Abrasives

Instruments 107-123

Foot/Nail Files & Dressers
Economy Nippers
Kiehl Nippers
Scissors
Other Instruments
Instrument Care

Clothing & Footwear 124-126

Professional Clothing

Equipment 127-147

Diagnostic Equipment
Couches, Chairs & Stools
Autoclaves & Accessories
Drills & Accessories
Domiciliary Cases & Bags
Foot Rests & Accessories
Lamps & Lighting
Instrument Trays
Ultrasonic Cleaning

Hygiene & Infection Control 148-165

Skin Asepsis / Hand Hygiene
Drapes & Gowns
Face Masks & Caps
Gloves
Paper & Cotton Products
Patient Preparation
Surface Disinfection
Sundries

Books, Stationery & Study Aids 166-168

Index 169-174

Notes 175

Social Media 176

Nature's Powerful Foot Care Treatment & Disinfectant

Hypochlorous Acid

- ✓ Treats nail fungus, diabetic ulcers and athletes foot.
- ✓ Safe to use on patients, but lethal to pathogens and fungi.
- ✓ Replaces all disinfectants for surfaces and equipment.



**Kills All
Bacteria
& Fungi!**

Why Use Hypochlorous?

- Profitable income stream
- Safe for you and your patients
- Easy to use
- Save money and the environment
- Many uses with amazing results. Look up hypochlorous on the web!

Tryclean

Tel: 01274 885523

Email: chiroprody@trycare.co.uk

Hypochlorous - Nature's Defence Inside, Out!

Natural, Safe, Very Effective and Even Promotes Healing!

Hypochlorous:

- Is a natural biocide that is lethal to every known pathogen. It quickly eliminates all bacteria, mycobacteria, spores, fungi, viruses; even the tough *Clostridium Difficile* in 15 seconds!
- Effectively treats a variety of skin conditions from fungal nail infection to athlete's foot.
- An ideal pre-treatment to eliminate bacterial and fungal spores.
- Is effective against both gram-negative and gram-positive bacteria.
- Triggers early wound healing through cell proliferation and stimulates soft tissue growth.
- Can be used in the surgery to disinfect surfaces. It is 200 to 300 times more effective than bleach, with no toxicity.

100% Safe with NO Side Effects

- As safe to use as water and comes with no health warnings. It is suitable for everyone including infants, the elderly and diabetic patients.
- Is non-toxic, non-irritating and non-allergenic.
- Is far easier to use than traditional creams and ointments.
- Environmentally friendly.



How It Works?

For all pathogens, hypochlorous oxidises the cell wall causing necrosis (rupturing of the cell) or apoptosis (programmed cell death) and destroys them. Though viruses are not technically living organisms, they too are destroyed by hypochlorous.

Yet despite this destructive potential, hypochlorous is naturally produced within the human body and is an essential part of our immune system. This process is called phagocytosis.

Whenever the immune system is compromised, the body detects the compromised location and sends white blood cells to fight the invading pathogens. The white blood cells attack, surround (or eat), and destroy (digest) the pathogen using a process that creates solutions that involve hypochlorous acid as an end product. It is one of human's most symbiotic actions - eliminating pathogens yet being inherently harmless.

For more information contact Trycare on 01274 88 55 23

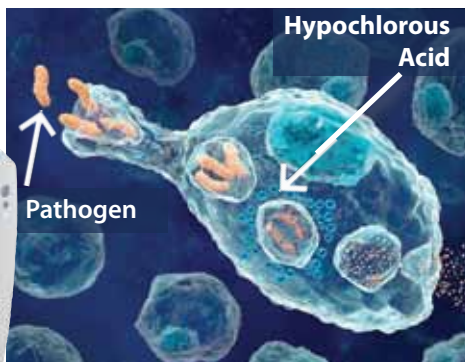


Diagram: White blood cell ingesting and destroying pathogens in hypochlorous acid

Antifungal Preparations

Pharmaceutical Product Classification

The sale of certain pharmaceutical products are subject to the following restrictions:

GSL - Can be sold, unopened, "over the counter" to the general public

P - These products can **NOT** be sold "over the counter" to members of the public. However, they can be used by medical professionals on their patients during treatment.

POM - Can only be sold to a medical professional with a prescribing license. These products should **NOT** be issued to patients without a prescription.

Canesten Antifungal Cream 1%

Main Use: Athlete's Foot

Active Ingredients: Clotrimazole

How does it work?: Used to treat yeast and fungi infections.

P



CC20	20g	Each	£3.60
------	-----	------	-------

Carnation Antifungal Spray

Main Use: Fungal infections

Active Ingredient: Tolnaftate

How does it work?: Fights fungi and bacteria leaving long lasting, powerful protection to maintain healthy skin. Protects and soothes feet leaving them feeling cool and refreshed.



TOP SELLER

CANFS100	100ml	Each	£2.35
----------	-------	------	-------

ClearZal® BAC Nail Solution

Main Use: Nail infections

How does it work?: Kills 99.9% of the microbes which may cause nail infections. The solution contains Aloe Vera and will leave the nail and surrounding skin in better condition. Positive results will be seen in 2-4 months for fingernails and 4-8 months for toenails. Does not contain any fragrance, lacquer, harsh acids, oil or alcohol.

Warnings: NOT to be used during pregnancy. Do not use on children under the age of 6 without the advice of a physician.



INCLUDES
NAIL FILE

BULK DISCOUNT

Multibuy		Each	6+
CNSM0056	30ml	£12.25	£11.40

Antifungal Preparations



Daktarin® Gold

P



Main Use: Athlete's Foot

Active Ingredient: Ketoconazole

How does it work?: It treats fungal and yeast infections with a topical cream. Working in the outer layer of the skin to treat fungal infection. This enables it to directly target the fungal infection that causes athlete's foot. Even after just one week of treatment.

DG15	15g	Each	£4.50
------	-----	------	-------

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)

Daktarin® Aktiv

Main Use: Athlete's Foot

Active Ingredient: Miconazole

How does it work?: It treats fungal and yeast infections with antibacterial ingredients.

Cream: For treating skin that is sore and cracked.

Spray Powder:

Useful for ensuring the treatment gets right between the toes. It can also be used inside shoes and socks to help prevent the infection coming back.



DP100	100g Spray Powder	Each	£4.50
DC30	30g Cream	Each	£4.60

Curanail Loceryl 5%

P

Main Use: Fungal nail infections.

Ingredients: Amorolfine

How does it work?: Prescription strength treatment for mild fungal nail infections. Contains amorolfine, which is an effective antifungal agent. Highly effective and simple to use. Only needs to be applied to the nail surface once a week giving less time commitment compared to most other treatments that need to be applied daily. Clinically proven to work.



BULK DISCOUNT

Multibuy		Each	6+
GALD0002	3ml	£14.30	£13.30

Gordochom

Main Use: Athlete's Foot

Active Ingredient:

Ketoconazole

How does it work?:

Treats fungal and yeast infections. Apply the solution twice a day and continue using for 2/3 days after symptoms have cleared up.



GORDO1	1 fl oz	Each	£17.40
--------	---------	------	--------



Antifungal Preparations

NOURISH Organic Nail Polish

Antifungal • Natural • Nourishing

NOURISH is a premium line of organic enriched nail polish and nail solution, infused with natural ingredients that promote healthy nails. NOURISH was formulated by a podiatric physician/pharmacist and master pedicurist for the benefit of their patients and medspa clients.

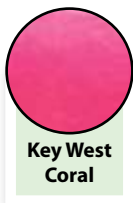
NOURISH is a premium nail product that promotes healthy, beautiful nails. The lacquers are Big-5 Free (no formaldehyde, no toluene, no DBP, no formaldehyde resin and no camphor) and are enriched with Tea Tree Oil, Lemongrass Oil and Thyme Oil as well as nail strengthening gluten-free soy protein and Vitamins C and E. NOURISH lacquers are long lasting, chip-resistant and come in a variety of luxurious colours.



Trifle



Blagger



**Key West
Coral**



**Hottest
Pink**



**Aloha
Orchid**



**Molly
Coddled**



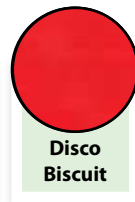
Fash Pack



**Sloan
Ranger**



**Gob
Smacked**



**Disco
Biscuit**

All Shades

15ml	Each	£6.40
Solution	Each	£10.15

Colour Charts

Simply call today to request your FREE Nourish colour charts.



Antifungal Preparations



Creams, Ointments & Solutions



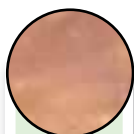
Strawberry



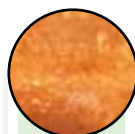
Fuchsia



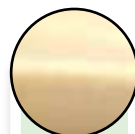
Who Ha



Bronzai



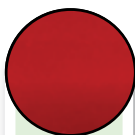
Sun Baker



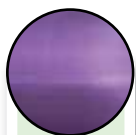
Hen Party



**Camisol
Pink**



**Knees
Up**



**Passion
Purple**



**Pink
Ice**



**Snow
Pearl**



**Frilly
Knickers**



**Violet
Night**



**Teal
Sunset**



**Blue
Morning**



**Jaded
Jack**



**Pistol
Pink**



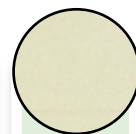
**Fire Engine
Red**



**Base
Coat**



**Top
Coat Clear**



**Solution
£10.15**

Classic Pink Nail Varnish Remover

Acteone nail polish remover.
Apply to cotton wool & press
firmly against the nail and wipe
towards the tip.

CNVR250	250ml	Each	£0.85
---------	-------	------	-------



Formulator's Tips

For superior protection and spa-quality manicure and pedicure appearance apply one layer of NOURISH Base Coat, two layers of NOURISH Colour and one layer of NOURISH Top Coat.

NOURISH Base Coat appears white in the bottle, but dries clear. It may be applied alone for men and women who don't want coloured nails, but do want NOURISH benefits and protection along with an attractive clear-coat appearance.

excilor®

TREATMENT FOR
FUNGAL NAIL INFECTION

Excilor Fungal Nail Treatment is able to penetrate the nail and modify its micro environment, making it hostile to fungal growth. The effects of Excilor are visible almost immediately as the infected part of the nail starts to grow out.

Excilor is clinically proven through:

- Lowering skin pH to inhibit spread of dermatophytes
- Proven efficacy through clinical studies



TOP SELLER

RESALE PRODUCT

DIABETICS ✓

UXCLP00	Pen	Each	£13.20
UXCLS00	Solution	Each	£11.80



excilor®

PROTECTOR SPRAY 3in1

The first product in a spray format that protects against foot infections.

Excilor 3-IN-1 Protector Spray protects feet against the contraction of verrucae, athlete's foot and nail fungus. With active 8 hour protection you can guarantee protection during barefoot activities and avoid cross-contamination from infected socks and shoes.

3-IN-1 Protector Spray is effective and safe for children over 2 years of age. It is invisible, easy to apply and can be removed at any time.

UXCLPSP	100ml Spray	Each	£6.95
---------	-------------	------	-------

Antifungal Preparations

9

Lamisil AT

Main Use: Athlete's Foot

Ingredients: Terbinafine Hydrochloride

How does it work?: It treats infection and offers effective relief from itching, burning and cracked skin.

Warnings: Not to be used when pregnant or breast feeding.
Not recommended for use on children under the age of 16.

Gel is a P product.



Multibuy		Each	6+	12+
LMSL01	Cream 7.5g	£3.50	£3.25	£3.05
LMSL04	Cream 15g	£6.00	-	£5.55
LMSL02	Spray 15ml	£5.10	£4.70	-
LMSL00	Gel 15g	£5.20	-	-

Lamisil Once

Main Use: Athlete's Foot

Ingredients: Terbinafine

How does it work?: Antifungal medicine used to treat infections with fungi and yeast. Lamisil Once is a **single use treatment**. It should be applied on both feet, even if the infection is only present on one.

Warnings: Not for use when pregnant or breast feeding. This treatment is suitable for adults over 18.



LMSL03	4g	Each	£8.40
--------	----	-------------	--------------

Mycota

Main Use: Athlete's Foot

Active Ingredient: Zinc Undecenoate, Undecenoic Acid

How does it work?: For the treatment of athlete's foot. Suitable for children and the elderly. To help prevent athlete's foot, Mycota Powder can also be used in shoes & socks.



MC25	25g Cream	Each	£2.95
MP70	70g Powder	Each	£4.30

Mykored Forte

Main Use: Fungal nail and skin infections

Active Ingredient: Panthenol, Allantoin

How does it work?: Moisturising cream that helps fight fungal skin and nail infections. It is particularly helpful in treating very dry, scaly skin conditions or where the skin is broken. It can help prevent split skin, regulate moisture content and improve the structure of the nail. Suitable for diabetic patients.



DIABETICS ✓

Multibuy		Each	6+	12+
MYKR005	20ml	£6.80	£6.55	£6.35

Did You Know?

There are roughly 250,000 sweat glands on a pair of feet.

Creams, Ointments & Solutions

Antifungal Preparations

Mykored Nail Tincture

Main Use: Fungal skin and nail infections

Active Ingredient:

Isopropyl Alcohol,
Salicylic Acid,
Benzoic Acid.

How does it work?:

Mykored offers a safe and easy way of treating fungal infections & verrucae.



TOP SELLER

BULK DISCOUNT

Multibuy		Each	6+
MYKR001	Pipette 50ml	£6.55	£5.30
MYKR003	Spray 70ml	£6.85	-
MYKR004	Pro 500ml	£32.70	-

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)

Mykored Nail Protection Oil

Main Use: Improves nail condition

Active Ingredient: Clotrimazole (1%)

How does it work?: Helps nails in poor condition, experiencing slow growth rate, and/or damaged, distorted, flaky, constantly splitting and breaking. Made from specially selected oils, plant extracts and vitamins to help control these conditions. Highly effective against fungal infections.



MYKR002	15ml	Each	£6.80
---------	------	------	-------

Whitfields Ointment

Main Use: Fungal infections

Active Ingredient: Benzoic Acid, Salicylic Acid

How does it work?: For the treatment of fungal infections of the skin, cracked heels & psoriasis.

Warnings: Do not use if pregnant or on babies under 1 year.



WHIT25	25g	Each	£12.40
--------	-----	------	--------

Emtrix Fungal Nail Treatment 10ml

- Clinically proven to rapidly improve appearance of fungal nails.
- First signs of improvement are normally seen after 2-4 weeks.
- Safe To Use By Diabetics.

Emtrix has been developed by dermatologists in Sweden and is based on 15 years of targeted research. Apply once daily to the affected nails, preferably in the evening, before bedtime.

Comes in a tube and is applied with a silicone drop tip.

EMT004	10ml	Each	£10.00
--------	------	------	--------

DIABETICS ✓



Verruca & Wart Treatment

11

Creams, Ointments & Solutions

Avoca Silver Nitrate Pencil 95%

Main Use: Verrucae, warts

Active Ingredient: 95% silver nitrate

How does it work?:

For removing granulation tissue of verrucae and warts. For single patient use only.



P

TOP SELLER

Purple Box

SNP1	Each	£2.75
------	------	-------

Avoca Silver Nitrate Pack 95%

Main Use: Verrucae, warts

Active Ingredient: 95% silver nitrate

How does it work?: For removing granulation tissue of verrucae and warts. For single patient use only. Contains:

1 x emery board & 1 x caustic pencil.



P

Blue Box

BULK DISCOUNT

Multibuy	Each	6+
SNP	£3.30	£2.85

CryOmega II

Main Use: Verrucae, Warts

How does it work?: Delivers a continuous, direct spray of nitrous oxide (-89c) to the treatment site. With a lower operating temperature than canister cased methods, CryOmega® provides clinically effective freezing with pinpoint precision.

Improved model with easier activation system. 50% lighter push button making operation much simpler. 25% more treatment time. Improved reliability.

Each unit has 4 minutes of total spray time and can be used for multiple procedures.

TECHNICAL TIP:

During some procedures there may be a build up of frost. This frost can act as an insulator and prove beneficial in helping to maintain the desired temperature of the tissue. Room temperature and humidity, along with spray time, distance & motion, play a role in frost build-up.



UCRYOM2	Each	£160.00
---------	------	---------

Carnation Freeze Spray

Main Use: Verrucae, Warts

How does it work?: Fast, effective and easy to use treatment for the removal of verrucae and warts. It works by rapidly freezing the verruca or wart without the need for gels, creams or plasters. One treatment is usually sufficient with the verruca or wart disappearing or falling off within 10-14 days. Persistent cases may need more than one treatment. It comes in the form of an aerosol and the ingredients are not harmful to the environment.



CRNT0004	50ml	Each	£7.80
----------	------	------	-------

Verruca & Wart Treatment

Cryospray 59

- Effective, verruca and wart treatment
- Lightweight unit with up to 60 applications
- Freezes to temperatures around -59°C
- Includes 12 cotton tipped applicators

CRYSPI	300g/248ml	Each	£39.80
--------	------------	------	--------

Single Use Applicator Tips

For use with Cryospray 59. Single ended, single use only.

CRYAP1	PK12	£2.45
--------	------	-------



Cuplex Gel

Main Use: Verrucae, Warts

Active Ingredient:

Salicylic acid, lactic acid

How does it work?:

Apply directly to warts, verrucae, calluses and corns. It helps the skin cells in the affected area to soften and shed. It can take up to 3 months before the affected skin is removed completely and the new skin that grows underneath will be healthy. Cuplex Gel should be applied once a day, preferably at bedtime. Each time, before applying Cuplex the wart, verrucae, callus or corn should be soaked for two to three minutes in warm water.

The gel will form a water-resistant, elastic film over the affected area of the skin. This should be peeled off each night before re-applying the gel.

Warnings: Not suitable for diabetics.



CPG	5g	Each	£5.75
-----	----	------	-------

BYE Wart

Main Use: Verrucae, warts

Natural Active Ingredients:

Almond Oil, Tea Tree Oil, lavender Oil, White Cedar Oil, Geranium Oil, Lemon & Cinnamon Oil

How does it work?:

Painless treatment.

Suitable for

children over 3

years and diabetics.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	6+	12+
UBWC000	15ml	£6.55	£5.80	£5.45

Glutarol

P

Main Use: Verrucae, Warts

Active Ingredient:

Glutaraldehyde

How does it work?: Inactivates the wart virus and dries the skin leaving a tough layer, enabling healthy skin to grow underneath.



GLUTAROL	10ml	Each	£3.30
----------	------	------	-------

Verruca & Wart Treatment

13

Phenol Liquified Solution 80%

Used to treat ingrown nails. When applied to the nail bed it prevents regrowth of the nail.



CNSM0517	100ml	Each	£15.40
----------	-------	------	--------

Monochloroacetic Acid Crystals

Main Use: Verrucae, Warts.

How does it work?:

Extremely effective in the removal of warts and verrucae. For use by medical practitioners only.



MAC25	25g	Each	£12.40
-------	-----	------	--------

Salactol

Main Use: Verrucae, Warts

Active Ingredient: Salicylic acid, Lactic acid

How does it work?: Removes the affected skin over a period of time, the new skin which grows underneath will be healthy.

Warnings:

Not suitable for diabetics, or on moles or hairy warts.



SALACT	10ml	Each	£2.75
--------	------	------	-------

Silver Nitrate Caustic Applicators 75%

Main Use: Verrucae, warts, corns, calluses.

Active Ingredient: 75% salicylic acid, 25% potassium

How does it work?: For skin cauterisation, removal of warts, mucous membrane and granulation tissue. 100 bendable handles with treated tips.



SNW75	PK100	£44.50
-------	-------	--------

Occlusal Solution

Main Use: Verrucae, Warts

Active Ingredient: Salicylic acid

How does it work?: Treats and removes warts and verrucae by removing the affected skin over a period of time. No bandages or plasters required.



Warnings:

Not suitable for diabetics, or on moles or hairy warts.

TOP SELLER

BULK DISCOUNT

Multibuy		Each	6+	12+
OCCSOL	10ml	£4.85	£4.15	£3.90

Salicylic Acid 60%

Main Use: Verrucae, Warts.

How does it work?:

Removes the affected skin over a period of time, the new skin which grows underneath will be healthy. It is also an antiseptic.



SA6025	25g	Each	£15.40
--------	-----	------	--------

Salatac Gel

Main Use: Verrucae, warts, corns, calluses.

Active Ingredient: Salicylic acid, Lactic acid

How does it work?:

It softens the skin growth and also helps kill the virus within the wart or verrucae.



Multibuy		Each	6+
SALATAC	8g	£4.75	£4.05

Creams, Ointments & Solutions

Antiseptic Preparations

Acriflex Cream

Main Use: Minor burns, scalds, abrasions, cuts & scratches

Active Ingredient: 0.25% w/w Chlorhexidine Gluconate

How does it work?: Soothing, effective, antiseptic & antibacterial cream.



ACF	30g	Each	£2.80
-----	-----	------	-------

Betadine Dry Powder Spray

Main Use: Antiseptic

Active Ingredient: Povidone Iodine dry powder

How does it work?: Used for the treatment & prevention of infection in wounds, ulcers, burns, cuts and other minor injuries.

Warnings: Not to be used on children under the age of 2. Do not use on patients with an allergy to iodine.



BETDPS	100ml	Each	£12.45
--------	-------	------	--------

Crystacide Cream

P

Main Use: Treatment of superficial skin infections

Active Ingredient: Hydrogen Peroxide

How does it work?: It is an antiseptic agent used to disinfect and cleanse the skin, particularly to cleanse wounds and ulcers.



UCRY025	25g	Each	£14.50
---------	-----	------	--------

Care Antiseptic Cream

An all round antiseptic cream for treating burns, grazes, cuts, abrasions and nappy rash.



CARE30G	30g	Each	£1.40
---------	-----	------	-------

Friars Balsam

Main Use: Antiseptic

Active Ingredient: Siam Benzoin resin 47%

How does it work?: An antiseptic and protectant for minor cuts and abrasions, chapped skin and lips, small fissures of the skin, bed sores and ulcers. It can also relieve the itching of chilblains and eczema.



FB50	50ml	Each	£3.40
------	------	------	-------

Ferric Chloride Solution 15%

P

Main Use: Helps stop bleeding

Active Ingredient: Ferric Chloride 15% BP

How does it work?: A mild astringent and also a haemostat (helps to stop bleeding).



CNSM0519	500ml	Each	£9.10
----------	-------	------	-------

Styptic Pencil

Main Use: Stops bleeding

Active Ingredient: Aluminium sulphate

How does it work?: Helps stop bleeding from minor cuts. Helps skin heal fast. Invisible on the skin.



STYPP	Each	£1.15
-------	------	-------

Tinc Benz Compound

Main Use: Mild Antiseptic

How does it work?: It forms a seal over raw tissue to protect wounds from bacteria. When applied to itching areas of skin, it reduces inflammation, calms & cools. It can also be used to treat chilblains.



TINCT	500ml	Each	£20.00
-------	-------	------	--------

Hydrogen Peroxide 3%

Main Use: Antiseptic

How does it work?: A direct antiseptic action on bacteria. This serves to displace skin debris and can be used to clean nail and small skin cavities. It can also be used on small cuts. Hydrogen Peroxide also has a wide variety of other uses including: disinfecting wounds, bleaching/highlighting hair, whitening teeth, as a mouth rinse, disinfecting toothbrushes, clearing up acne and healing boils, softening corns and calluses, removing ear wax and relieving ear infections, general household cleaning of tiles, toilets, bath tubs, etc.



HP100	200ml	Each	£0.95
-------	-------	------	-------

Savlon Cream

Main Use: Antiseptic

Active Ingredient: Cetrimide 0.5% w/w, Chlorhexidine Gluconate 0.1% w/w

How does it work?: Gently soothes and prevents infection, aiding the natural healing. For use on cuts & grazes, insect bites, minor burns & scalds, blisters & sores, chapped skin & sunburn.



SAV15	15g	Each	£1.50
SAVLON30	30g	Each	£1.85
SAV120	100g	Each	£4.60

TCP Antiseptic Liquid

Main Use: Mild Antiseptic

How does it work?: Relieves pain and prevents infection in minor cuts, scratches, grazes, bites & stings. Also used to treat spots, boils, mouth ulcers & sore throats.



TCPL50	50ml	Each	£2.90
--------	------	------	-------

Bells Tea Tree Oil

Main Use: Antiseptic

How does it work?: A natural antiseptic, germicide, antibacterial, fungicide with many uses including treating cuts, abrasions, minor wounds, athlete's foot, warts, verrucae & nail infections. It blends rapidly & easily with the skins own oils. It promotes healing & reduces the likelihood of scarring.



TOP SELLER

BULK DISCOUNT

Multibuy		Each	6+
TEATREEOIL	10ml	£2.65	£2.20

Lemon Myrtle Essential Oil

The uplifting and refreshing aroma of this oil is only the beginning of how beneficial it can be. It is a potent anti-microbial agent with one of the highest levels of Citral in an essential oil. Diluted oil can be used for skin conditions and fungal infections such as athlete's foot.



MUST be diluted for use - 1 drop to 10ml of carrier oil. May cause some temporary nail discolouration.

BLM5055	10ml	Each	£3.80
---------	------	------	-------

Antiperspirants

Bromi Lotion

Main Use: Foot odour and perspiration

Active Ingredient: Aluminium hydroxychloride

How does it work?: Effective in treatment of excessive perspiration and foot odour. It is unique among antiperspirants in that it is formulated as a soothing lotion rather than as a spray or roll-on. It is an effective aid in managing excessive perspiration and foot odour.



BROMLOT	4oz	Each	£13.40
---------	-----	------	--------

Fresh Shoe Odour Control Spray

Main Use: Deodorising shoes

How does it work?: Long lasting deodorising action for shoes. Effective yet kind to shoes and trainers. Triclosan free. Fast acting, long term protection.



CRNT0003	150ml	Each	£2.35
----------	-------	------	-------

Fresh Foot Odour Control Spray

Main Use: Keeps feet fresh & dry

Active Ingredient: Alcohol, undecylenic acid, dichlorophen

How does it work?: Instant attack on foot odour! Antifungal and antibacterial for long term action. Protects against foot odour. Triclosan free. Fast, long term protection.



TOP SELLER

CRNT0002	150ml	Each	£2.35
----------	-------	------	-------

Cool Foot Antiperspirant Spray

Main Use: Foot perspiration

Active Ingredient: Aluminium Chlorohydrate

How does it work?: Leaves feet feeling fresh, clean, dry and comfortable. Specially formulated for fast evaporation. Triclosan free. Advanced antibiotic formulation for fast acting, long term protection.



CRNT0001	150ml	Each	£2.35
----------	-------	------	-------

Chirocream Posters

Call today for your FREE Chirocream posters for your practice. Chirocream posters are available for each individual product so you can advertise your most popular products without stocking the whole range.



Aqueous Cream

Main Use: Dry skin

Active Ingredient:

Emulsifying ointment,
phenoxyethanol

How does it work?: A light, non greasy moisturiser, helpful for eczema and dermatitis. Apply frequently. Can be used in place of soap when washing. Suitable for diabetics and during pregnancy.



DIABETICS ✓

CCA500	500g	Each	£1.85
--------	------	------	-------

Carnation Cracked Heel Cream

Main Use: Dry, cracked heels

Active Ingredient: 20% urea

How does it work?: Revives rough, dry and cracked heels. With 20% urea to rehydrate the skin, while peppermint leaves the feet fresh & cool.



CRNT0020	50ml	Each	£2.40
----------	------	------	-------

Emollin Spray

Softens & soothes dry, scaly skin. Helps treat dry skin conditions such as eczema, psoriasis & atopic dermatitis. Does not contain chemicals or preservatives. Can be applied without touching the skin. Non greasy. Suitable for everyone including babies, children & the elderly. Perfect for hard to reach areas.



CNSM0325	150ml	Each	£5.50
----------	-------	------	-------

CCS Foot Care Cream

CCS is an effective moisturiser containing Urea. It is ideal for maintaining the condition on the skin of your feet. Extremely effective in the control of dry and rough skin. It softens hard, dry skin helping to keep it soft, smooth and in good condition. It is hypo-allergenic, lanolin free and suitable for the most sensitive skin. It is fast acting, non greasy and able to exfoliate the skin without need for pumice.



Multibuy		Each	12+	24+
CCS0001	60ml	£2.60	£2.25	£2.15
CCS0002	175ml	£4.85	£4.25	£4.00

Multibuy		Each	3+	-
CCS0003	1kg	£21.50	£17.70	-
CCS0004	Pump	£5.15	For 1kg	-

CCS Heel Balm 25% Urea

Works in 7 days to repair and effectively control even the most severe cases of rough dry skin and cracked heels. It breaks down hard and thickened skin, helping to repair and relieve cracks in the skin leaving feet feeling soft and supple. It is lanolin free and dermatologically tested.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	6+
CCS0005	75g	£3.80	£3.40

Dry Skin Care

Chirocream HB Heel Balm with 10% Urea

Super hydrated heel balm, specially formulated with 10% urea to **soothe and repair severe dry skin** and reduce the appearance of cracked heels. Enriched with Shea Butter, Peppermint, Tea Tree and Lemongrass to provide a soothing, cooling, refreshing effect and keep dry skin in fantastic condition. Suitable for sensitive skin. Lanolin free. Not tested on animals.

Multibuy		Each	12+
CHRC066	100ml	£4.40	£3.30
CHRC067	500ml	£13.00	£9.80
CHRC041	Pump for 500ml	£1.35	£0.60



RESALE PRODUCT

TOP SELLER

BULK DISCOUNT

ClearZal Hard Skin Remover

Clinically proven, intensive cream for the removal of calluses and hard skin, while conditioning and hydrating. The triple action formula breaks down hard skin and calluses, allowing new healthy skin to grow.



CNSM0504	100g	Each	£10.99
----------	------	------	--------

Hydrous Wool Fat

Main Use: Dry, chapped skin

Active Ingredient: Lanolin

How does it work?: Ideal moisturising preparation for dry, chapped skin. It also provides comfort after the removal of corns.



CNSM0300	90g	Each	£3.80
CNSM0273	500g	Each	£11.95

Flexitol Moisturising Cream

Main Use: Very dry skin

Active Ingredient: 10% Urea

How does it work?: Fast absorbing formula for dry skin, including Eczema and Psoriasis. With Vitamin E to restore the natural appearance of dry skin, keeping it smooth, silky & intensely nourished.



FLX004	85g	Each	£4.20
FLX007	500g	Each	£13.80

E45 Cream

For all dry skin conditions. Restores the skins softness, smoothness & flexibility. It reduces redness, scaling & itching.



E45C500	500g	Each	£10.10
---------	------	------	--------

Chirocream FCC Foot Care Cream

Luxurious
Everyday Moisturising
Foot Cream

500ml
Tub
£9.90

100ml
Tube
£4.05

Pump
Dispenser
£1.35

Price
Breaks
Available

See Page 23

FREE
Posters
Available
Call For
Details



- Luxurious, everyday moisturising foot cream
- Soothing, cooling, refreshing
- Non greasy, quickly absorbed
- Lanolin free
- Not tested on animals

Chirocream FCC is a quick acting, highly effective moisturising foot cream. It cools, soothes and refreshes tired, strained feet.

Chirocream FCC is perfect to use at any time of the day. It provides a refreshing morning wake up call, ensuring your feet are ready for the day ahead, or it can be used after a long day to soothe tired, aching feet.

When used regularly, it will maintain the skins natural moisture levels, leaving your skin soft, supple and radiant. For the best results apply twice daily.

Enriched with the natural ingredients Shea Butter, Peppermint, Tea Tree & Lemongrass. It is suitable for sensitive skin, and is not harmful to the environment.

All Chirocream products are Lanolin free and are not tested on animals.

Dry Skin Care

Flexitol Heel Balm Platinum

Main Use: Rapid repair of cracked heels

Active Ingredient: Urea

How does it work?: Highly concentrated formula. Offers rapid repair and intense moisturisation for cracked heels. Starts to work immediately, and provides fast and effective repair and regeneration of the skin.

Contains 30% urea.



Multibuy		Each	6+
FLX021	50g	£6.00	£4.00

Flexitol Heel Balm

Main Use: Dry, cracked heels

Active Ingredient: Urea

How does it work?: Penetrates rough, thick skin to replenish lost moisture and soothe dry skin. Keeps skin soft, smooth and supple. May prevent blisters and friction during exercise and when "breaking in" new shoes. Not tested on animals.

Contains 25% urea.



DIABETICS ✓

TOP SELLER

BULK DISCOUNT

Multibuy		Each	6+	12+
FLX001	56g	£4.20	£3.85	£3.60
FLX003	112g	£6.30	£5.80	£5.40
FLX019	500g	£18.50	-	-

Flexitol Callus Remover Cream

Main Use: Softens calluses & hard skin

Active Ingredient: Urea

How does it work?: Softens calluses and hard skin build up. Breaks down dead or callused skin without causing damage to the healthy skin. Contains Urea to moisturise and soften the skin. Non greasy and easy to apply. Visible results within 7 days.

Contains 25% urea.



FLX014	56g	Each	£4.20
--------	-----	------	-------

Gormel Creme

Main Use: Dry, cracked skin

Active Ingredient: Urea

How does it work?: Highly effective skin conditioner for conditions such as cracks, fissures and very dry skin. Adds elasticity to the skin making it supple. It also softens and moisturises hardened skin of the elbows and hands.

BULK DISCOUNT

Contains 20% urea.



2.5oz GORMCREME	Each	12+	24+
	£12.00	£10.30	£9.60
4oz GORMEL4	Each	12+	24+
	£16.50	£14.20	£13.20

Emollia Cream

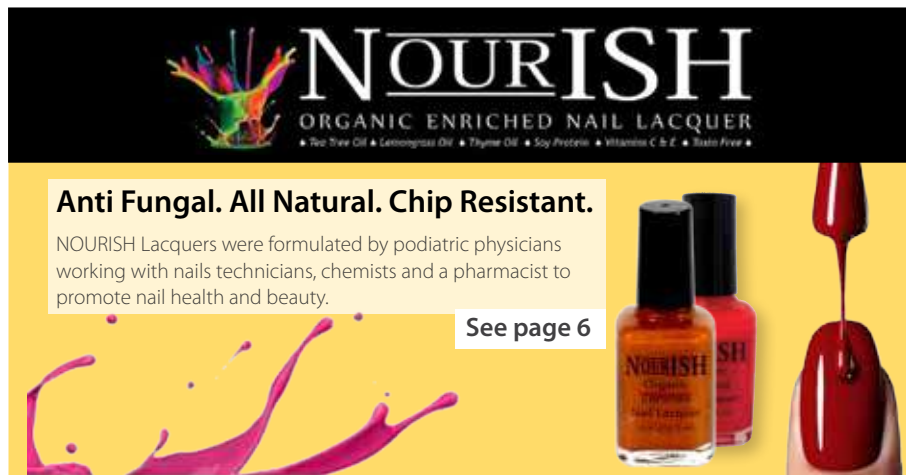
Specially formulated water soluble cream used to soften and moisturise dry skin. Its consistency makes it suitable for spreading over large areas.



EMOLLIA	4oz	Each	£10.90
---------	-----	------	--------

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)



NOURISH
ORGANIC ENRICHED NAIL LACQUER
• Tea Tree Oil • Lemon Grass Oil • Thyme Oil • Soy Protein • Vitamins C & E • Xanthan Gum •

Anti Fungal. All Natural. Chip Resistant.

NOURISH Lacquers were formulated by podiatric physicians working with nails technicians, chemists and a pharmacist to promote nail health and beauty.

See page 6

Flexitol Hand Balm

Main Use: Very dry skin

Active Ingredient: Vitamin E, Urea

How does it work?:

Specifically formulated to soothe dry hands. In fact, the drier your hands, the more effective the hand balm is. It is very concentrated so very little is needed in each application. **Contains 10% urea.**



Laufwunder Nail & Skin Softener (Salu)

Main Use: Softens nails & skin

How does it work?: Ideal for manicures & pedicures.

This easy to apply solution softens nails, skin and calluses within minutes. It does not require neutralising.

RESALE PRODUCT

FLX006	56g	Each	£3.70
--------	-----	------	-------

SLS0001	50ml	Each	£6.60
SLS0002	250ml	Each	£25.40

Cuticura Intensive Hand & Nail Cream

Main Use: Dry skin

Active Ingredient: Vitamin E, Glycerin

How does it work?: Leaves hands feeling soft and silky. Nourishing, non greasy hand and nail cream, enriched with Vitamin E and glycerin, offering instant relief for rough, chapped hands. It provides all day hydration for dry skin.



CCIHC75	75ml	Each	£0.99
---------	------	------	-------

Inecto Coconut Hand & Nail Cream

Main Use: Dry skin

Active Ingredient: Organic Coconut Oil

How does it work?: Hydrates the skin, leaving hands silky smooth. Conditions nails, softens cuticles and moisturises skin. Lightweight and non-greasy.



INEHC75	75ml	Each	£1.00
---------	------	------	-------

Pamper Yourself!

Mitchell's Original Wool Fat Soap

Natural Products that cleanse, soothe & moisturise your skin

A simple and natural product, based on a recipe from the turn of the century and incorporating lanolin from wool fat as its key ingredient. The natural lanolin content keeps skin exceptionally soft and smooth, and is beneficial for delicate complexions and sensitive skin. Mitchell's Wool Fat Soap products are elegantly packaged, with a lovely fragrance making ideal gifts or perfect additions to your body care products.

Amazingly
Delicate
Fragrance

UMBSG15	150ml Bath & Shower Gel	Each	£2.10
UMS1500	150ml Shampoo	Each	£2.10
UMHW300	300ml Hand Wash	Each	£3.15
UMHBL15	150ml Hand & Body Lotion	Each	£2.65
UMBRS15	150g Boxed Round Soap	Each	£1.90
UMOHS75	75g Oval Hand Soap	Pk3	£4.15
UMBRSS4	Round Soap Set	Pk4	£7.75

*Traditional, natural
formulated with pure lanolin*



G Spa Foot Therapy Gift Packs

Main Use: Hard skin

How does it work?: The ultimate luxury spa treatment! Fantastic for hard skin on the heel and sole of the foot. Within minutes feet are left feeling soft and refreshed. Perfect after a hard days work. G Spa Foot Therapy packs are available in 3 fabulous fragrances and sold in boxes of 3 sachets. **Just soak for 10 minutes!**

GELI22	Soothe - Lavender & Lemongrass	Pk3	£2.85
GELI23	Refresh - Tea Tree & Grapefruit	Pk3	£2.85
GELI24	Cool - Peppermint & Menthol	Pk3	£2.85



Bio Oil

Helps improve the appearance of skin. It is also highly effective for numerous skin conditions, including ageing skin and dehydrated skin. It is hypo-allergenic and is suitable for use on sensitive skin. It reduces the appearance of scars (both old and new) and keeps the skin as elastic as possible, thereby helping to prevent stretch marks from developing. It provides intensive lubrication on dehydrated, wrinkled or ageing skin, relieving discomfort and improving the skin's appearance.



CNSM0250	125ml	Each	£11.60
----------	-------	------	--------

Chirocream FCC Foot Care Cream

Luxurious, quickly absorbed, non-greasy moisturising foot cream. Enriched with Shea Butter, Peppermint, Tea Tree & Lemongrass, providing a soothing, cooling, refreshing effect and keeping feet in fantastic condition. Lanolin free. Not tested on animals. Apply daily to achieve smooth, purified skin.

A MUST
for every
practice!

Multibuy		Each	12+
CHRC061	100ml	£4.05	£3.05
CHRC062	500ml	£9.90	£7.40
CHRC041	Pump for 500ml	£1.35	£0.60



RESALE PRODUCT

TOP SELLER

DIABETICS ✓

BULK DISCOUNT

Chirocream FWC Foot Warming Cream

Soothing, warming cream that stimulates circulation. Provides a warming anti-inflammatory effect that eases joints and muscles, warms feet and helps poor circulation. Lanolin free. Not tested on animals.

RESALE PRODUCT

DIABETICS ✓

TOP SELLER

BULK DISCOUNT

Multibuy		Each	12+
CHRC063	100ml	£4.10	£3.05
CHRC064	500ml	£10.30	£7.70
CHRC041	Pump Top	£1.35	£0.60



Specialist Skincare

ClearZal Pain Relieving Gel

Fast acting relief for sore muscles, tendons and joints. A therapeutic pain relieving gel that penetrates deep into the skin to help and relieve a variety of physical ailments. It is designed to provide long lasting, cooling relief to sore muscles and joints in the feet and legs. It also helps sporting injuries. It is safe to use, does not stain clothing and has a pleasant aroma. Active ingredient: Isopropyl Alcohol.



CNSM0503	100g	Each	£10.99
----------	------	------	--------

ClearZal Silk Smooth

Moisturising nutritional creme for feet and legs, which intensively softens, hydrates and conditions the skin. Created with Urea, natural ingredients & vitamins in an aloe vera base, this unique soothing creme rejuvenates healthy skin for healthy feet. It facilitates lipid activity and moisturising activity, replenishing the skin while gently exfoliating calluses, striking a balance of ingredients with proven compounds. Natural antiseptic ingredients help prevent infections. Daily use prevents foot odour and dry skin. Includes pump dispenser.



CNSM0279	25oz	Each	£21.80
----------	------	------	--------

Laufwunder Callus Salve

Rich cream for rough, dry and hard skin. It helps to prevent the build up of callus and heel fissures.



ULSCS75	75ml	Each	£4.75
---------	------	------	-------

KY Jelly

Water based skin lubricant. Perfect for preventing blisters and friction.

KYJELLY	82g	Each	£5.65
---------	-----	------	-------

Laufwunder Callus Reduction Cream

Encourages soft and smooth skin on the foot. Salicylic acid, allantoin and willow bark extract smooths dry and cracked skin and visibly reduces calluses within 3 weeks. The cream is absorbed quickly, non-greasy and protects the skin from renewed callus formation.



ULCRC30	30ml	Each	£4.38
---------	------	------	-------

Laufwunder Hydrobalm

With 10% Urea. Quickly absorbed cream, that provides natural moisturisation for your feet.



ULHBU75	75ml	Each	£5.20
---------	------	------	-------

Laufwunder Diabetic Caring Footbalm

Specifically developed for diabetic patients suffering from dry, sensitive skin. It keeps skin supple and strengthens the foot.



ULDfB75	75ml	Each	£5.10
---------	------	------	-------



**Price
Breaks
Available**
See Page 23

**FREE
Posters
Available
Call For
Details**

Love Chirocream

Foot Warming Cream



- Soothing, conditioning, warming foot balm
- Anti-inflammatory, relieves tired muscles, sore joints & cold feet
- Stimulates circulation, is anti-bacterial & prevents foot odour
- Can help conditions such as arthritis and rheumatism
- Regular use leaves skin soft, supple and radiant
- Lanolin free & not tested on animals
- Suitable for sensitive skin
- Enriched with natural ingredients

**100ml
Tube
£4.10**

**500ml
Tub
£10.30**

**Pump
Dispenser
£1.35**

**SOOTHING
WARMING
BALM**

Specialist Skincare

Laufwunder Lipid Balm

Softens and smooths rough, chapped and dry skin. The skin's protective mantle is strengthened and its moisture content increased. No added perfumes or colour.



ULLBC75	75ml	Each	£5.45
---------	------	------	-------

Laufwunder Moisturising Footbalm

Strengthens and calms the skin. A pleasant moisturising effect is achieved through a combination of proven emollients and oils. Dry skin feels smooth and supple. Perfect for foot massage.



ULMFB75	75ml	Each	£4.35
---------	------	------	-------

Laufwunder Foot Spray

Outstanding effectiveness on excessive perspiration and burning feet. It effectively deodorises, refreshes & helps to prevent unpleasant odours. The active ingredients and natural substances from camphor and menthol have a cooling and refreshing effect on tired and overworked feet. Regular use ensures better hygiene and reduced perspiration.



ULFRFSO	125ml	Each	£5.10
---------	-------	------	-------

Laufwunder Sensitive (Microsilver) Balm

For the daily intensive care of very sensitive & dry skin as well as skin prone to eczema. Pure micro-silver particles stabilise the flora of the skin whilst the ceramides improve moisture content. No added perfumes of colour.



ULSBM75	75ml	Each	£12.20
---------	------	------	--------

Newtons Chiropody Sponge

An effective remover of corns, calluses & rough skin in one gentle treatment. Works in minutes & lasts for months. An easy & painless way to bring relief, leaving skin soft and smooth using this unique, hygienic sponge. Contains Sulphur to combat bacteria and fungus naturally.



TOP SELLER

UBNCS00		Each	£1.55
---------	--	------	-------

Newtons Hand & Nail Cream

Intensive moisture cream that is rich & fast absorbing to deeply moisturise & help protect hands & nails, without leaving greasy residue. Nourishing Vitamin E & lightweight moisturisers provide instant relief for dry, chapped hands, softens cuticles & leaves your skin feeling soft & smooth.



UBNHNC0	75ml	Each	£1.25
---------	------	------	-------

Chirocream HB Heel Balm with Urea

Super hydrating
balm for very dry,
cracked skin

Price
Breaks
Available

See Page 18

FREE
Posters
Available
Call For
Details

500ml
Tub
£13.00

100ml
Tube
£4.40

Pump
Dispenser
£1.35



- Super hydrating
- Soothes & repairs extremely dry skin
- Formulated with 10% Urea
- Lanolin free
- Not tested on animals

Chirocream HB is a super hydrating balm, specially formulated with 10% urea to soothe and repair severe dry skin and reduce the appearance of cracked heels.

Its fast acting formula, immediately gets to work on dry, cracked skin for visible results after one application.

For best results, apply daily to soothe and repair severely dry skin and cracked heels.



Visible
results after 1
application of
Chirocream HB



Enriched with the natural ingredients Shea Butter, Peppermint, Tea Tree & Lemongrass. Chirocream HB is suitable for sensitive skin and can also be used to treat dry skin conditions such as eczema and psoriasis.

Chirocream products are Lanolin free, not tested on animals, and are not harmful to the environment.

Specialist Skincare

Sorbidon Hydrate 4oz

Skin lubricant and moisturiser which softens and restores moisture to dry, cracked or callused skin. Useful on the skin of feet and hands for a smooth, soft, youthful appearance. It will also help to lubricate and hydrate the feet to cut down on friction and help prevent blisters.

BULK DISCOUNT

Multibuy	Each	6+	12+
SORBYHD	£12.80	£9.40	£8.70



Newtons Intensive Foot Cream

Anti-bacterial intensive foot cream deeply moisturises and refreshes your feet with a special blend of Urea, nourishing Cocoa Butter, Sweet Almond Tea and cooling Spearmint and Menthol. The invigorating and softening formula leaves feet feeling soft, smooth and revitalised.

TOP SELLER

UBNIFCO	150ml	Each	£1.55
---------	-------	------	-------



Chirocream Posters

Call today for your FREE Chirocream posters for your practice. Chirocream posters are available for each individual product so you can advertise your most popular products without stocking the whole range.



Miracle of Magnesium

- Enhances the bodies immune system & promotes wellbeing
- Eases discomfort from joint & muscle pains
- Improves sleeping patterns, recommended for Restless Leg syndrome
 - Lowers blood pressure and reduces cholesterol levels, improving heart health
 - Relaxes & oxygenates muscles, ideal for sports
 - Relieves symptoms of magnesium deficiency including headaches & fatigue
 - Maintains healthy teeth and bones

100ml
Sprays
£10.50

Magnesium deficiency is very common and often left undiagnosed leading to serious health issues. Magnesium deficiency can cause a large range of symptoms including migraine, leg cramps, insomnia, muscle spasm, low energy and fatigue. If left untreated it can lead to more serious problems such as diabetes, heart problems, high blood pressure. Magnesium Oil can be used as part of your daily routine, for healthy maintenance apply 5-10 sprays morning and night. For joints or muscles saturate skin and thoroughly massage into the painful area as often as required. It can improve health, fitness and wellbeing regardless of whether you are suffering from magnesium deficiency. The body disposes of excess magnesium so you can use it liberally without worry.



Original

For joints, muscles, skin, teeth, hair and general health including fatigue, anxiety, headaches and low energy. Increases the bodies magnesium levels, helps maintain natural skin health, encourages overall relaxation, allows your body to absorb calcium. 100ml. **CNSM0282**



Recovery

Magnesium is the single most important mineral to sports nutrition that no serious athlete can afford to overlook. All the benefits of Original plus increased energy, muscle detoxation, faster muscle recovery, delayed fatigue and improved fitness levels. 100ml. **CNSM0283**



Goodnight

Magnesium Oil Goodnight Spray combines magnesium with essential oils to calm and harmonise, aiding a relaxing sleep. It includes all the benefits of Original plus the added benefits of reduced muscle spasm, improved sleeping, and aids Restless Leg Syndrome. 100ml. **CNSM0285**



Health & Wellbeing

D Lux Daily Vitamin D Oral Spray

Symptoms of a Vitamin D deficiency are gum & tooth problems, bone & joint pain, skin problems, increased infection & fatigue. D Lux Spray is more effective than tablets. Can be taken anytime, anywhere, without the need for water. Suitable for those on a vegetarian, coeliac and diabetic diets. Available in 2 strengths - D Lux 1000 which delivers 100 sprays of 1000iu (25mcg) Vitamin D, D Lux 3000 which delivers 100 sprays of 3000iu (75mcg) Vitamin D.



CNSM0506	1000	15ml	Each	£5.40
CNSM0507	3000	15ml	Each	£6.90

Boost B12 Pure Oral Energy

Reduce tiredness and fatigue, whilst increasing brain health. Ideal for sportsmen and women, the elderly, during pregnancy, vegetarians and vegans, or anyone with a busy lifestyle. Supports healthy blood sugar levels. Contains 160 sprays providing a 40 day supply.



CNSM0508	25ml	Each	£9.20
----------	------	------	-------

Magnesium Flakes - Soak

Symptoms of a magnesium deficiency are - muscle cramping, poor sleep, bone & joint pain and stress. Magnesium Flakes Increases magnesium levels in a fast and effective dose. Helps maintain natural skin health and encourages overall relaxation. Allows your body to absorb calcium. Promotes joint and muscle health.



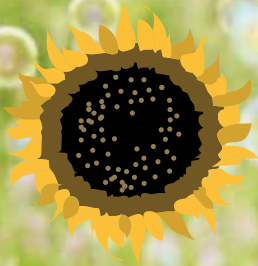
CNSM0505	1kg	Each	£8.55
----------	-----	------	-------

www.trycare.co.uk

Apply for an online account today!

With its easy search options and your own personalised customer account, shopping with Trycare has never been easier!

PLUS, keep up to date on all our latest offers and new products!



Lemon Myrtle

Simple,
Effective & Natural



Whilst it may be new to the UK, in Australia Lemon Myrtle has been used as a bush food and natural remedy for centuries. Recently the value of this important botanical has been rediscovered and it is now being organically and sustainably farmed in eastern Australia. From this cultivation, the leaves are harvested and then distilled or dried.

The essential oil derived from distillation has been shown to have strong anti-bacterial, anti-fungal and anti-viral properties.

In fact studies carried out by scientists at the Charles Sturt University of NSW have confirmed that it has around 30% higher anti-microbial activity than Tea Tree essential oil.

In addition to its strength, Lemon Myrtle Oil has a pleasant, uplifting citrus aroma, a quality which sets it aside from Tea Tree and Eucalyptus based products.

BLM5055	10ml Essential Oil	£3.80
BLM5093	125ml Multi Purpose Spray	£3.90
BLM5062	250ml Liquid Soap	£3.90

BLM5116	250ml Anti-bacterial Handwash	£4.50
BLM5130	500ml Anti-bacterial Spray	£3.90



Health & Wellbeing

Epsom Salts

Treats athlete's foot and fungal nail infections. Soothes symptoms of eczema and psoriasis. Anti-inflammatory, helps ease the discomfort of gout. Hard skin & calluses - Add 1/2 cup to warm water and soak feet for 20 minutes, then remove hard skin with a pumice. Toenail fungus - soak feet in epsom salts and hot water 3 times a day. To ease gout and reduce inflammation - add 2-3 teaspoons to hot water as is comfortable and soak for about 30 minutes.



CNSM1003	1.5kg	Each	£3.10
----------	-------	------	-------

Epsom Shower Gel

For busy people who don't have time for a bath everyday we now have Epsom Shower Gel with added Epsom Salts. To promote health & vitality Epsom Shower Gel has been formulated to help cleanse and revitalise your skin helping you feel energised and awake. Epsom Salts has been a source of health and beauty for hundreds of years. The rich concentration of magnesium helps remove dead skin cells, and helps clear impurities whilst retaining skin moisture. Epsom Shower Gel possesses properties that help heal skin ailments like eczema, acne, psoriasis etc., and helps stimulate blood circulation and restore magnesium to the body cells.



EPS001	500ml	Each	£3.10
--------	-------	------	-------

Epsom Shampoo

Epsom Shampoo has been formulated to help cleanse and revitalise your hair helping you feel energised and awake. It helps soak up excess oil from the hair. The rich concentration of magnesium helps remove dead skin cells, and helps clear impurities whilst retaining skin moisture. Epsom Shampoo possesses properties that help heal skin ailments like eczema, acne, psoriasis etc., and helps stimulate blood circulation and restore magnesium to the body cells. Hair will look fuller and feel softer, and the minerals will help to repair and strengthen heat-damaged ends. It's particularly good for smoothing frizz out of curls. Epsom salts are a natural cleanser which helps rejuvenate and rehydrate skin as well as removing toxins.



EPS000	500ml	Each	£3.10
--------	-------	------	-------

Epsom Soap

Traditional bathing remedy with added Epsom Salt, Epsom Salts has been a source of health and beauty for hundreds of years the rich concentration of magnesium helps removes dead skin cells, clears impurities whilst retaining skin moisture. Epsom Soap possesses properties that heal the skin ailments like eczema, acne, psoriasis etc., stimulates blood circulation and restores magnesium to the body cells.



EPS002	100g	Each	£1.40
--------	------	------	-------

GEHWOL Extra

Main Use: Extremely dry skin, foot odour & perspiration, helps prevent blisters and sores, treats calluses.

Additional Effects: Fights infection and inflammation, softens strong nails, protects against cold feet.

Ingredients: Eucalyptus, rosemary, lavender, thyme.

How does it work?: Universal broad spectrum foot cream for daily intensive care. Strengthens overstrained feet. The skin of the foot is deodorised and disinfected. It protects against sore feet, athletes foot, foot odour, calluses, sores and blisters, and makes dry and rough skin smooth. It also stimulates the circulation & protects against cold, wet feet.



TOP SELLER

BULK DISCOUNT

Multibuy		Each	12+
GWLEX	75ml	£3.55	£3.20

GEHWOL Fluid

Main Use: Treatment of ingrown toe nails, calluses and corns.

Additional Effects: Prevents inflammation & soothes irritable skin

How does it work?: It makes hard skin elastic, supple and smooth. An essential aid when working with ingrown toe nails, calluses & corns. It softens & disinfects the skin. Preventing inflammation and irritation.



BULK DISCOUNT

Multibuy		Each	12+
GWFLD	15ml	£3.75	£3.40

GEHWOL Foot Cream

Main Use: Very dry skin, foot odour and perspiration, strengthens the skin, helps prevent blisters & sores.

Additional Effects: Fights infection and inflammation, softens strong nails, protects against cold feet.

How does it work?: For strained and highly stressed skin. Prevents aching feet, sores, blisters and chafing. It has an anti-inflammatory effect, and helps prevent athletes foot. Eliminates foot odour and foot perspiration. It strengthens the skin and makes it resistant. In addition, the cream offers protection against cold feet and frostbite. It has been used successfully over a million times to treat overstrained feet.



TOP SELLER

BULK DISCOUNT

Multibuy		Each	12+
GWLFSC1	75ml	£3.60	£3.30

GEHWOL Bath Salts

Main Use: Cleansing, revitalising, strengthening skin.

Additional Effects: Fights infection and inflammation.

Ingredients: Rosemary.

How does it work?: Cleanses, refreshes and strengthens the skin. Stimulates circulation.

Contains soothing substances that are deeply absorbed in to the pores to prevent excessive foot perspiration and foot odour. Can be used as a foot bath or as a complete bath.



GWL0003	25g	Pk10	£4.75
---------	-----	------	-------

Gehwol Range

GEHWOL med Deo Foot Cream

Main Use: Eliminates foot perspiration and odour.

Additional Effects: Fights infection and moisturises skin.

Ingredients: Manuka oil, zinc oxide, aloe vera.

How does it work?: Intensive deodorant cream with a long lasting elimination of strong foot odour and perspiration. Skin friendly, offering protection against bacteria and fungi. Ideal for sensitive skin. It is anti-inflammatory, with a regenerating and moisturising effect. Regular use gives you odourless feet, protection against fungi and smooth skin.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLDC1	75ml	£4.00	£3.60

GEHWOL Caring Footdeo Spray

Main Use: Eliminates foot perspiration and odour.

Additional Effects: Cooling, prevents inflammation and softens calluses.

Ingredients: Rosemary, lavender, chamomile, peppermint, panthenol.

How does it work?: Caring Footdeo spray revitalises and stimulates the circulation. It has a long lasting refreshing and deodorising effect and provides long lasting protection against foot odour. The spray effectively disinfects and protects from infections of the feet and nails. It prevents inflammation and softens hardened calluses. Environmentally friendly pump spray without propellant. Spray head can be used upside down. Dermatologically tested.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLFDS1	150ml	£5.55	£5.05

GEHWOL FUSSKRAFT Herbal Lotion

Main Use: Eliminates foot odour, cools, refreshes and revitalises.

Additional Effects: Prevents sores, anti-inflammatory, softens calluses.

Ingredients: Rosemary, mountain pine, lavender.

How does it work?: Provides feet with long lasting deodorisation, foot odour is eliminated and the skin remains smooth and beautiful. It cools and refreshes tired feet, softens calluses and prevents itching of the skin and infections. It is ideal for daily care, particularly for the heels and spaces between the toes. Environmentally friendly pump spray bottle without propellant. Spray head can be used upside down as well. Dermatologically tested.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLHL1	150ml Spray	£5.60	£5.05



GEHWOL FUSSKRAFT Green

Improved formula providing 3 times the normal deodorising effect.

Main Use: Eliminates foot perspiration and odour, prevents athlete's foot.

Additional Effects: Refreshing and revitalising.

Ingredients: Deozinc, aloe vera, camphor, menthol.

How does it work?: A rapidly absorbed nourishing cream including Deozinc in a cream base with shea butter, jojoba oil and aloe vera, for long lasting protection against foot odour. Proven disinfecting active substances prevent athlete's foot, itching and blistering between the toes. Sweating is normalised. The feet become fresh, odourless, smooth and silky. Natural volatile oils, enlivening camphor and cooling menthol soothe burning and aching feet. Dermatologically tested.

DIABETICS ✓

BULK DISCOUNT



Multibuy		Each	12+
GWLGR1	75ml	£3.65	£3.30
GWLGR4	125ml	£4.90	£4.45
GHWL0021	500ml	£15.15	£12.90

GEHWOL Balm

Main Use: Relieves tired, aching feet. Eliminates foot perspiration. Deodorises.

Additional Effects: Prevents Athletes foot, strengthens skin.

Ingredients: Menthol, rosemary, lavender, jojoba, aloe vera.

How does it work?: A refreshing and revitalising balm that offers effective protection against athlete's foot. Provides long lasting protection against foot odour, keeping your feet hygienically fresh. Sore feet and signs of fatigue disappear immediately. It is quickly absorbed leaving skin smooth, supple and resistant. Dermatologically tested.

DIABETICS ✓

BULK DISCOUNT



Multibuy		Each	12+
GWLBM1	75ml	£3.55	£3.00

GEHWOL Refreshing Balm

Main Use: Refreshing, Cooling.

Additional Effects: Deodorises.

Ingredients: Peppermint oil, menthol.

How does it work?: Cooling cream that refreshes tired, sore and strained feet and legs. Immediately revitalises, cools and deodorises your feet and gives you a long lasting feeling of freshness. Protective substances regulate the moisture of the skin and restore elasticity to hardened skin areas. Gehwol refreshing balm protects you from infections and itching between the toes. It is quickly absorbed and non greasy.

BULK DISCOUNT



Multibuy		Each	12+
GHWL0016	75ml	£3.55	£3.20

Gehwol Range

GEHWOL Mint

Main Use: Refreshing, Cooling

Additional Effects: Deodorises.

Ingredients: Menthol, rosemary, pine.

How does it work?: Cooling, refreshing foot balm with a pleasant minty aroma. Makes feet feel icy fresh and fit. Combining a revitalising icy freshness with the gentle caring effect of a balm. Refreshes and strengthens tired and aching feet instantly. Provides long lasting protection against foot odour. Quickly absorbed and non greasy.



TOP SELLER

BULK DISCOUNT

Multibuy		Each	12+
GWLMN01	75ml	£3.65	£3.30
GWLMNT	125ml	£4.90	£4.45
GHWL0023	500ml	£15.15	£12.90

GEHWOL Warming Bath

Main Use: Cold feet, poor circulation.

Additional Effects: Softens calluses & corns.

Ingredients: Vitamin E & B, rosemary, paprika.

How does it work?: Warming Bath invigorates and warms the feet. The bath contains rosemary and paprika extracts as well as a combination of vitamins E and B. It is rapidly absorbed by the skin and gives your feet a pleasant warmth feeling that lasts. Warming Bath prevents the loss of moisture and keeps your feet smooth and supple. Gently cleanses the feet and the added emollients look after the skin. Highly concentrated.



GWLWB1	150ml	Each	£9.65
--------	-------	------	-------

GEHWOL Red Rich

Main Use: Cold feet.

Additional Effects:

Eliminates foot perspiration. Deodorises. Helps prevent athlete's foot.

Ingredients: Camphor, paprika, ginger, rosemary, mountain pine, lavender.

How does it work?:

Rich emollient cream for dry, rough skin. A warming balm for dry skin which relieves tired, strained & sore feet. It stimulates circulation & warms feet. Skin friendly, concentrated emollients revitalise dry, brittle skin making it smooth & soft again. Antiseptics help prevent foot odour, athlete's foot & itching between the toes. Dermatologically tested.



TOP SELLER

BULK DISCOUNT

Multibuy		Each	12+
GWLRDR	75ml	£3.65	£3.30
GHWL0018	500ml	£15.15	£12.90

GEHWOL Blue

Main Use: For very dry, cracked skin, calluses and burning, tired feet.

Additional Effects: Eliminates foot perspiration, deodorises. Helps prevent athlete's foot. Strengthens skin.

Ingredients: Camphor, menthol, lanolin.

How does it work?: Rich emollient cream which substantially increases moisture levels in dry skin. Immediately soothes sore and aching feet. Keeps skin smooth, supple and resistant. Helps to protect against athlete's foot. Dermatologically tested.



TOP SELLER

DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLBL1	75ml	£3.65	£3.30
GWLBL4	125ml	£4.90	£4.45
GHWL0020	500ml	£15.15	£12.90

GEHWOL Callus Softener

Main Use: Softens calluses.

Additional Effects: Fights against infection.

How does it work?: An alkaline solution for softening calluses and corns before instrumental removal by foot specialists. Moistens the concerned areas with Gehwol Callus Softener before treatment.



GWL0001	500ml	Each	£11.20
---------	-------	------	--------

GEHWOL med Callus Cream

Main Use: Softens calluses.

Additional Effects: Strengthens and protects skin.

Ingredients: Avocado oil, urea, sea buckthorn oil, algae extracts and allantoin farnesol.

How does it work?: The cream removes annoying calluses within 28 days, it immediately softens and noticeably reduces calluses within a few days. Lipids strengthen and protect, silk extract provides moisture and smooths skin. Suitable for diabetics.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLCC75	75ml	£4.35	£3.95

GEHWOL Herbal Bath

Main Use: Cleans, moisturises, treats and prevents corns and calluses. Eliminates foot perspiration. Deodorises.

Additional Effects: Eliminates foot perspiration, Deodorises. Anti-inflammatory, fights infection.

How does it work?: For the softening of calluses, weals & corns. Ideal for treating rough & brittle skin. Cleansing and long lasting deodorising properties. Foot perspiration is normalised & unpleasant foot odour is eliminated. Revitalises your feet and provides long lasting freshness. Dermatologically tested.



BULK DISCOUNT

Multibuy		Each	6+
GWLHBM	400g	£4.45	£3.75

Gehwol Range

GEHWOL Emulsion (for foot massage)

Main Use: Very dry skin

Ingredients: Rosemary, lavender, peppermint.

How does it work?:

Creates a smooth film over skin for a pleasurable massage. Essential oils revitalise & stimulate circulation. It has a long lasting deodorising effect and protects against mucus infections.



BULK DISCOUNT

Multibuy		Each	3+
GHWL0019	500ml	£13.05	£11.90
GWLML1	2000ml	£22.25	£20.25

GEHWOL Hydrolipid Lotion

Main Use: For very dry, cracked skin and calluses.

Additional Effects:

Anti-inflammatory, fights infection.

Ingredients: Urea, glycerol.

How does it work?:

Rapid solution for dry feet. Penetrates the skin, leaving it feeling pleasant and soft. Ensures long lasting, optimal skin care with moisture retention. Binds moisture in deeper skin layers, hard skin becomes supple, and excessive formation of new hard skin is reduced.



DIABETICS ✓

GHWL0104	125ml	Each	£4.80
GHWL0024	500ml	Each	£18.00

GEHWOL med Lipidro

Main Use: Very dry skin, calluses. Strengthens skin.

Additional Effects:

Eliminates foot perspiration. Deodorises. Anti-inflammatory, fights infection.

Ingredients: 10% Urea.

How does it work?:

Cares for dry, sensitive skin. Balances the moisture and protective properties of the skin. Promotes skin regeneration with an antibacterial and deodorising effect. Protects against foot odour and athlete's foot. Fragrance free. Dermatologically tested.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLLP1	75ml	£4.00	£3.65
GHWL0030	125ml	£5.30	-
GHWL0017	500ml	£18.00	-

GEHWOL Refreshing Footbath

Main Use: For very dry, cracked skin and calluses.

Additional Effects: Freshens and deodorises.

Ingredients: Urea, algae, menthol.

How does it work?: Contains Urea & Algae Extract to help moisturise dry, cracked skin & soften callous & weals. Contains Menthol to enliven skin & ensure long lasting freshness, counteracting foot odour & intensively cleaning the skin.



DIABETICS ✓

GWRF330	330g	Each	£3.85
---------	------	------	-------

GEHWOL med Salve

Main Use: Very dry, cracked skin, calluses.

Additional Effects:

Anti-inflammatory, prevents sores, infection and strengthens skin.

Ingredients:

Panthenol, chamomile.

How does it work?: Caring cream for the treatment of callused, brittle, dry and rough skin. Based on a well tried mixture of special soaps and skin friendly oils. With regular use your skin will regain its natural elasticity and resistability and will be protected. Cracked, reddening skin and the unpleasant side effects will be prevented. Dermatologically tested.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLMS1	75ml	£4.10	£3.65
GWLMS2	125ml	£5.30	£4.80
GHWL0025	500ml	£18.00	£15.30

GEHWOL Mother of Pearl Scrub

Main Use: Softens skin.

Additional Effects: Anti-inflammatory.

Ingredients: Algae extract, jojoba oil.

How does it work?: Gentle exfoliating scrub for legs and feet. Removes nuisance skin scales leaving skin gently massaged and hydrated. Leaves skin soft and supple.



Multibuy		Each	6+
GWMP150	125ml	£5.90	£4.75

GEHWOL Soft Feet Cream

Main Use: For very dry, cracked skin and calluses.

Additional Effects:

Eliminates perspiration, protects against foot fungus.

Ingredients:

Avocado oil, milk peptides, honey extract.

How does it work?: A moisturising foot and leg cream which is easily absorbed, leaving behind the feeling of silky soft skin. The pleasant scent refreshes. It also protects against foot fungus. Contains vitamin rich avocado oil and other valuable lipids in a gently caring base. It is absorbed by the skin, supporting skin regeneration and strengthening the skin's own defences. In combination with urea, it also binds moisture in deeper skin layers and protects against callus formation. Milk peptides and honey extract render the skin noticeably supple and visibly smoother.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLSC1	125ml	£6.55	£5.95
GWLSCD	500ml	£19.70	-

www.trycare.co.uk

Apply for an online account today! With its easy search options and your own personalised customer account, shopping with Trycare has never been easier! PLUS, keep up to date on all our latest offers and new products!

Gehwol Range

GEHWOL Soft Feet Lotion

Main Use: For dry, cracked skin

Additional Effects: Freshens, deodorises.

Ingredients: Water lily, avocado oil.

How does it work?: Refreshes and nourishes with select active substances. Water lily calms and tightens, silk extract smooths skin. It penetrates into deeper skin layers to store moisture. Soothing for tired, heavy legs - supported by red algae extract. Avocado oil counteracts dry, coarse, scaly skin and reduces moisture loss. The lotion is easily spread and rapidly absorbed.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GHWL0105	40ml	£2.10	-
GWFKSFL	125ml	£6.55	£5.95

GEHWOL Soft Feet Foot Bath

Main Use: For dry, cracked skin

Ingredients: Vitamin E vanilla, almond, castor.

How does it work?: For beautiful soft, supple skin. The unique ingredients transform the bath into a rich, harmonising, cleansing and nourishing milk. Almond oil soothes the skin, rendering it beautifully soft and protecting it. Vanilla combined with vitamin E, avocado and castor provides moisture and softens calluses, producing a smooth, vital skin appearance. Dermatologically tested.



DIABETICS ✓

GWSFCFB	200ml	Each	£6.55
---------	-------	------	-------

GEHWOL Soft Feet Scrub

Main Use: For dry skin.

Additional Effects:

Refreshing and revitalising.

Ingredients: Bamboo, jojoba, avocado, honey.

How does it work?: Gently and thoroughly removes dead skin cells, renewing and smoothing the skin surface. Natural bamboo granulate and jojoba wax support a gentle massage and activate skin circulation. Sugar crystals simplify rapid detachment of loose dead skin cells. Avocado oil and honey extract supply the skin with valuable care substances, while vitamin E protects and prevents premature skin aging. The skin has better circulation making it easier for valuable active ingredients to be absorbed. For most effective results use before applying Gehwol Soft Feet Lotion.



DIABETICS ✓

GWLSC	500ml	Each	£18.10
-------	-------	------	--------

GEHWOL Hand Cream

Main Use: Daily intensive care for dry hands.

Ingredients: Aloe vera, jojoba, tapioca, urea.

How does it work?:

Moisturising, skin protecting, rapidly absorbing cream for daily care. Intensive care and protection of overstrained hands. Promotes healing and is effective against skin fungi.



GWLHC75	75ml	Each	£4.40
---------	------	------	-------

GEHWOL Leg Balm

Main Use: Refreshing, revitalising.

Additional Effects: Dry skin, eliminates perspiration and foot odour, fights infection.

Ingredients:

Allantoin, chamomile extract, hamamelis extract, menthol, panthenol.

How does it work?: A gentle, non-oily herbal balm specially formulated for the care of legs and feet. The active ingredients reduce irritation and have an astringent and soothing effect on skin discolouration and redness. These valuable ingredients are rapidly absorbed by the skin. Gehwol Leg Balm makes skin beautiful, smooth and supple when used regularly. Dry skin, skin blemishes, discolouration infections of the foot and premature skin ageing are prevented. A light massage with Gehwol Leg Balm, strengthens your veins, prevents leg ailments and gives legs and feet a pleasant fresh feeling.

Dermatologically tested.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLLGB1	125ml	£5.30	£4.85
GHWL0027	500ml	£15.55	£14.20

GEHWOL Leg Vitality

Main Use: Refreshing, revitalising. Smooths and strengthens. Prevents dry, scaly skin.

Additional Effects: Soothes irritation.

Ingredients: Vitamin E, avocado oil, algae extracts, allantoin, chamomile extract, hamamelis.

How does it work?: Gehwol Leg Vitality is a balm for the special daily care of legs and feet. It is quickly absorbed, pleasantly refreshing and makes your skin feel beautiful. After a light massage with Gehwol Leg Vitality, the ingredients are immediately absorbed into the skin and have a soothing effect on tired and aching legs. Precious avocado oil, algae extracts and vitamin E provide the special skin friendly properties. Problem zones with dry and scaly skin are prevented and the moisture balance of the skin is considerably improved. Allantoin and a chamomile component support the caring properties and also strengthen the deodorising effect of the herbal agents. Hamamelis soothes irritation and prevents wrinkles. Dermatologically tested.



DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	12+
GWLLV1	125ml	£5.35	£4.90

GEHWOL Med Sensitive

DIABETICS ✓

Main Use: Relieves itching and reduces redness.

Additional Effects: Protects against infection.

Ingredients: MicroSilver BG, almond oil

How does it work?: Regenerates the skin's natural microflora, relieves inflammatory symptoms such as itching and burning sensation, reduces redness and protects against infection.

GWLMS75	75ml	Each	£6.45
GWLMS500	500ml	Each	£21.80



Gehwol Range

GEHWOL Nail Care Oil

Main Use: For fragile nails, promotes nail growth.

How does it work?: For fragile nails and supporting treatment of nail mycosis. Helps nail growth & is effective as part of a daily manicure.



BULK DISCOUNT

Multibuy		Each	6+
GWLNC1	15ml	£4.60	£4.20

GEHWOL Nail Compound

Main Use: Protecting & repairing nails.

How does it work?: Smooth uneven nail surfaces, strengthen broken nails and fixate artificial nails. It is strongly adhesive and resilient, giving a beautiful and natural appearance. Nail polish may be used. It is for application on both nails and skin.



BULK DISCOUNT

Multibuy		Each	6+
GWLNLC	15ml	£7.80	£7.10

GEHWOL Nail Softener

Main Use: Softens strong nails.

How does it work?: Conditions nails and softens cornification. Minimises ingrown nail problems. Pressure on the nail bed is eliminated.



BULK DISCOUNT

Multibuy		Each	6+
GWLNS01	15ml	£3.90	£3.55

GEHWOL Med Protective Nail & Skin Cream

Main Use:

Brittle and damaged nails. For light fungal infection.



How does it work?: Helps brittle and damaged nails regain a healthy sheen. Massage into the cuticles & nails every day for best results.

Gentle enough to treat fungus on other parts of the body.

DIABETICS ✓

BULK DISCOUNT

Multibuy		Each	6+
GHWL0026	15ml	£4.65	£4.20

GEHWOL Protective Nail & Skin Oil

Main Use: Brittle and damaged nails.

How does it work?: Damaged nails regain a healthy sheen. It prevents nail wall inflammation caused by the cutting of cuticles. Ideal post manicure treatment. Prevents fungal infections.



BULK DISCOUNT

Multibuy		Each	6+
GWLMNC2	15ml	£4.65	£4.20

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)

Padding Materials

43

Cuxson Gerrard Hapla® Padding Material

The Hapla® adhesive system is based on 25 years of scientific and clinical research, producing a range of products of premium quality and safety, designed to provide the level of performance needed to meet clinical requirements while being breathable and comfortable for patients.

Hapla® adhesive is highly versatile for use on a wide range of materials and is applied to different products in measured quantities to produce optimum results.

**Cuxson
Gerrard**



Hapla® Gold

Hapla® Gold all wool felt has been introduced with an innovative antimicrobial treatment to protect against bacteria and fungi. Tested to European standards of efficiency for antimicrobial preservation. Pack of 4 sheets with hypo-allergenic backing.

BULK DISCOUNT

Multibuy		Each	3-9	10+
HWFAM2	2mm	£11.30	£10.50	£9.80
HWFAM5	5mm	£16.60	£15.40	£14.40
HWFAM7	7mm	£22.20	£20.60	£19.20
HWFAM10	10mm	£33.70	£31.30	£29.20



Hapla® Cast

Premium pressure redistribution padding.

A thin padding made of intertwined latex free textiles. Soft enough to redistribute pressure. Breathable with a hypo-allergenic adhesive backing.

HCST800	Pink	8cm x 5m Roll	Each	£15.40
---------	------	---------------	------	--------



Padding, Tapes & Dressings

Hapla® Fleecy Web Standard

100% cotton padding with a raised fleecy surface. Transverse stretch allows it to conform to the skin which prevents creasing and provides comfort. Widely used to protect sore and tender skin from friction and rubbing. Sheet size: 22.5cm x 40cm.

Multibuy		Each	3-9	10+
HFWFBBAG	Pack of 4 Sheets	£6.80	£6.30	£5.90

Available in Pink or Blue

Hapla® Fleecy Web Blue

All the benefits of Hapla Fleecy Web Standard, in a fantastic new colour. Sheet size: 22.5cm x 40cm.

Multibuy		Each	3-9	10+
HFWBBAG	Pack of 4 Sheets	£7.00	£6.30	£5.80

Hapla® Fleecy Web EXTRA Sheets

Offering all the benefits of standard fleecy web sheets with increased cotton density for luxurious comfort. Sheet size: 22.5cm x 40cm.

Multibuy		Each	3-9	10+
HFWFBAGE	Pack of 4 Sheets	£9.10	£8.50	£7.90

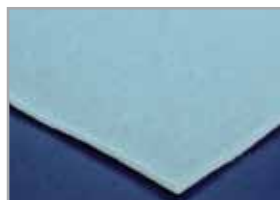
Hapla® Fleecy Web Roll

To make life easier when visiting patients, Hapla Fleecy Web is available in a handy, easy to cut roll. Available in two colours - Original Pink and the **NEW** larger **antibacterial** White roll.

Multibuy			Each	3-9	10+
FWA	Pink	5cm x 3m	£5.80	£5.40	£5.00
FWW	White	7.5cm x 5m	£7.90	-	-



BULK DISCOUNT



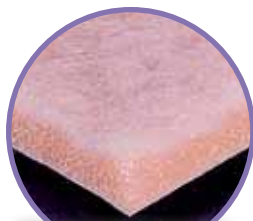
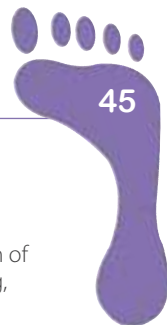
BULK DISCOUNT



BULK DISCOUNT



BULK DISCOUNT

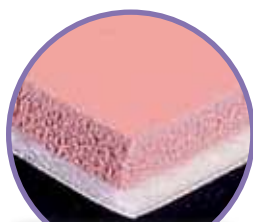


BULK DISCOUNT

Hapla® Fleecy Foam

Highly compressible with instant recovery. Soft open cell polyurethane foam with the added strength of a bonded fleecy surface. Ideal for light comfort cushioning, especially on dorsal surfaces. Sheet size: 22.5cm x 45cm.

Multibuy			Each	3-9	10+
HFF5BAG	5mm	Pack of 4 Sheets	£8.40	£7.80	£7.30
HFF7BAG	7mm	Pack of 4 Sheets	£9.80	£9.10	£8.50



BULK DISCOUNT

Hapla® Foam-O-Felt

Pure 100% wool felt bonded to a closed cell latex foam surface - absorbs pressure and cushions impact. Ideal for older patients' feet and where there is a fatty padding breakdown. Sheet size: 22.5cm x 45cm.

Multibuy			Each	3-9	10+
HWFOF05	5mm	Pack of 4 Sheets	£18.60	£17.30	£16.10
HWFOF07	7mm	Pack of 4 Sheets	£25.50	£22.20	£20.70



BULK DISCOUNT

Hapla® Moleskin Roll

Woven 100% cotton fabric, lightly raised on one side. Used to prevent abrasion and for splinting.

Multibuy			Each	3-9	10+
HMF175	23cm x 70cm		£4.50	£4.15	£3.90
HMF23	23cm x 3m		£12.70	£11.80	£11.00



BULK DISCOUNT

Hapla® Newtype Felt

70% wool, 30% viscose mixture. Providing a cost effective alternative to 100% wool felt. Sheet size: 22.5cm x 45cm.

Multibuy			Each	3-9	10+
HNTF5BAG	5mm	Pack of 4 Sheets	£14.50	£13.40	£12.50
HNTF7BAG	7mm	Pack of 4 Sheets	£18.70	£17.40	£16.20

Hapla® Nuprene

Soft, open cell polyurethane foam, highly compressible with instantaneous recovery, ideal for light comfortable cushioning. Sheet size: 22.5cm x 45cm.

Multibuy			Each	3-9	10+
HNP5	5mm	Pack of 4	£8.30	£7.80	£7.20
HNP7	7mm	Pack of 4	£9.90	£9.20	£8.60



BULK DISCOUNT

Hapla® Semi Compressed Felt

A 100% wool felt, used as a highly versatile padding which can be easily cut and shaped, providing excellent pressure absorption. Sheet size: 22.5cm x 45cm.

Multibuy			Each	3-9	10+
HWSC2BAG	2mm	Pack of 4	£11.00	£10.30	£9.60
HWSC5BAG	5mm	Pack of 4	£16.20	£15.00	£14.00
HWSC7BAG	7mm	Pack of 4	£21.70	£20.10	£18.80
HWSC10	10mm	Pack of 4	£33.00	£30.60	£28.60



BULK DISCOUNT

Hapla® Soft Wool Felt

Pure 100% wool felt, easily cut and shaped, providing excellent pressure absorption. Sheet size: 22.5cm x 45cm.

Multibuy			Each	3-9	10+
HWS5	5mm	Pack of 4	£17.80	£16.60	£15.50
HWS7	7mm	Pack of 4	£23.40	£21.70	£20.30



BULK DISCOUNT

Hapla® Swan Foam

Closed cell latex foam with a brushed fibre surface. Absorbs pressure with instantaneous recovery. Sheet size: 22.5cm x 45cm.

Multibuy			Each	3-9	10+
HSF5BAG	5mm	Pack of 4	£10.90	£10.20	£9.50
HSF7BAG	7mm	Pack of 4	£12.20	£11.30	£10.50



BULK DISCOUNT

Padding Materials



47

Padding, Tapes & Dressings

Hapla Retail Packs

Ideal for resale to customers. High quality professional cushioning for care of the feet with a hypoallergenic backing.

Single sheet - 75mm x 116mm.



IDEAL FOR RESALES

FWRP	Fleecy Web	Each	£0.75
HPRPC	Fleecy Foam	Each	£0.75
FRP	Wool Felt	Each	£0.95

Animal Wool

Pure wool padding which retains its natural oil. It is soft and versatile to relieve friction and pressure. Widely used to wrap around and pack between toes to stop corns or blisters rubbing. Ideal for chilblains.



AW	250g	Each	£7.00
----	------	------	-------

Hapla Cut Pads

Pre-cut pads used to relieve friction and prevent pressure on painful areas.

Hypo-allergenic Wool Felt Cut Pads

CPHFTRC	Round Corn Ring	Pk36	£2.55
CPHFTOC	Oval Corn Ring	Pk36	£2.55
CPHFTOB	Oval Bunion Ring	Pk36	£4.70



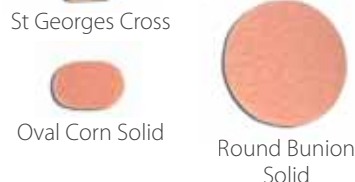
Hypo-allergenic Fleecy Web Cut Pads

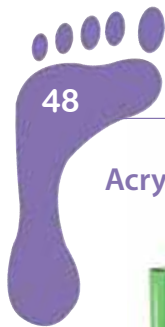
CPHFWGX	St Georges Cross	Pk36	£4.85
CPHFWOC	Oval Corn Solid	Pk36	£1.90
CPHFWRB	Round Bunion Solid	Pk36	£3.80
CPHFWLX	Latin Cross	Pk36	£4.55



Zinc Oxide Wool Felt Cut Pads

CPZFCC	Crescent Corn	Pk36	£3.35
CPZFTRB	Round Bunion Ring	Pk36	£4.70





Dressings

Acrytensil



Quick drying, porous, plastic dressing for nails (Acrytensil Extra Hard) and skin (Acrytensil Standard).

Its many uses include:

- Dressing fissures and breaks in the skin
- Securing agent for stainless steel braces
- Treatment of Onychomycosis and Onycholysis
- Securing a sulci protector as a sulcus packing in the acute stage of an ingrown toenail
- Protects unbroken chilblain

Acrytensil Solvent can be added to Acrytensil Standard or Extra Hard to compensate for loss through evaporation or to provide a thinner, lighter dressing. To be used in conjunction with a surgical dressing composing calcium alginate fibres, such as Sorbsan.

ACRYST	Standard	10ml	£3.75
ACRYEH	Extra Hard	10ml	£3.75
ACRYSOLV	Solvent	10ml	£2.20

Advacare Sterile

A low adherent, sterile, viscose blend dressing pad. Offering a less expensive alternative to Melolin. It can be used on both sides, preventing incorrect application. It is low adherent, ensuring easy dressing changes. High absorbency effectively draws the exude away from the wound. Secure with tape or conforming bandage.



ADV5	5x5cm	Pk100	£7.00
------	-------	-------	-------

Bactigras

A cotton leno-weave fabric, impregnated with Soft Paraffin BP, containing 0.5% w/w Chlorhexidine Acetate BP. Used as a wound



dressing for the prevention of infection in minor skin loss injuries and ulcerative wounds. The frequency of dressing changes will depend on the nature of the wound, but wounds with a high risk of infection should be changed daily.

BG5	5x5cm	Pk50	£21.70
BG10	10x10cm	Pk10	£8.60

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)

Coverplast Barrier EAD Sterile

Coverplast® Barrier, formerly Elastoplast offers waterproof and breathable protection. It is waterproof and microporous so patients can wash and bathe as normal without compromising the protection. A low adherent pad provides a high degree of patient comfort and offers easy removal. The dressings have a skin-friendly acrylic adhesive which helps minimise skin reactions and is impermeable to oil, fat and grease. Bacterial and viral barrier. Breathable, which reduces the risk of skin maceration. They have a wide all round adhesive margin and are highly conformable and comfortable to wear. Wherever frequent washing is required or protection against infection is important, Coverplast Barrier does the job.



EP32	3.8x2.2cm	Pk100	£8.10
------	-----------	-------	-------

Cutiplast Sterile

A non-woven polyester fabric with a porous acrylic adhesive coating for primary wound management. It has a non-woven wound pad with a wound contact area which minimises adherence to the wound, therefore not interfering or disturbing the healing process. It adheres reliably to contoured parts of the body. Cutiplast Sterile is highly absorbent and is air and moisture vapour permeable.



CUTS5	7.2x5cm	Pk100	£11.70
CUTS10	8x10cm	Pk50	£19.30

Cutiplast Roll (Non Sterile)

Non-woven polyester fabric coated with acrylic adhesive with a non-woven pad. Post operative dressing. Low adherent, well tolerated and air and moisture vapour permeable. Soft, conformable and can be cut to size.



CUT4	4cm x 5m	Each	£5.90
CUT6	6cm x 5m	Each	£8.10
CUT8	8cm x 5m	Each	£10.10

Duoderm Extra Thin Sterile

Hydrocolloid dressing consisting of a semi-permeable polyurethane film which is impermeable to exudate and microorganisms, coated with a thin layer of adhesive. The moist conditions produced under the dressing promote epithelialisation without causing maceration. It is waterproof so the patient may bath or shower with the dressing in position. Because the absorbency is limited, it should be used in the treatment of lightly exuding wounds and minor skin injuries. It may also be used for the prevention of friction damage to fragile skin in high risk patients and as a secondary dressing over hydrogels and alginates. On very lightly exuding superficial wounds, the dressing can be left in place for up to 7 days.



DDRM07	7.5x7.5cm	Pk5	£5.60
--------	-----------	-----	-------

Dressings

Inadine Sterile

Topical wound dressing. A low adherent knitted viscose fabric impregnated with a polyurethane glycol base containing 10% povidone-iodine, equivalent to 1% available iodine. It is water soluble and easily removed. Used for the treatment of infection in minor burns, leg ulcers, superficial skin loss injuries and as a dressing for adjunctive therapy in the treatment of infected ulcerated wounds. Frequency of change depends upon the condition of the wound. Heavily exuding wounds may require daily change, but if the wound is relatively dry the intervals in between changes can be extended. It is unlikely that the dressing will retain significant levels of antimicrobial activity if left for longer than two days.



INADINE	5x5cm	Pk25	£11.80
INADINE9	9.5x9.5cm	Pk10	£7.75

Granuflex Sterile

Thin hydrocolloid, semi-permeable polyurethane film which is impermeable to exudate and micro-organisms, coated with a layer of adhesive. It is waterproof so the patient may bath or shower with the dressing in position. It should be used in the treatment of chronic exuding wounds such as leg ulcers & pressure sores, minor burns, donor sites & other areas where the skin is healing slowly. On very lightly exuding superficial wounds, the dressing can be left in place for up to 7 days.



GRNFL10	10x10cm	Pk10	£34.10
---------	---------	------	--------

Kaltostat Sterile

An absorbent fibrous fleece composed of the sodium and calcium salts of alginic acid. The dressing is presented as a flat non-woven pad for applying to surface wounds. Kaltostat is used as a primary dressing for the management of heavily exuding wounds including chronic wounds such as leg ulcers, pressure sores, and acute wounds such as abrasions, lacerations and post surgical wounds. The interval between dressing changes will depend on the wound but the dressing should be changed when the maximum absorbency has been reached or when strike through of the secondary dressing occurs. Daily changes may be required during the early stages of treatment. It should not be left on for more than 7 days without changing.



KLTS	5x5cm	Pk10	£18.25
------	-------	------	--------

Jelonet Sterile

A leno-weave fabric of cotton or cotton and viscose, impregnated with white soft paraffin. Used as a primary wound contact layer in the treatment of burns, ulcers, skin grafts and traumatic injuries. The paraffin reduces adherence to the surface of the granulating wound. The frequency of change will depend on the nature of the wound. If left in place for prolonged periods of time, it can become adherent and cause tissue damage upon removal.



JELONET50	5x5cm	Pk50	£16.60
JELONET10	10x10cm	Pk10	£6.00

Lyofoam Max Sterile

Soft, conformable and comfortable. It is designed for the management of moderately to highly exuding wounds. Its high absorbency and fluid handling capacity combined with the reduced risk of maceration and leakage provide a longer wear time. Waterproof backing film acts as a barrier to bacterial and viral penetration. Works under compression. Secure Lyofoam Max with an appropriate bandage or a fixation tape such as Mefix.



LF7585	7.5x8.5cm	Pk10	£17.90
--------	-----------	------	--------

Melolin Sterile

A film of poly(ethylene terephthalate), with an absorbent layer of cotton and polyacrylonitrile fibres, backed with apertured non-woven cellulose fabric. The plastic film prevents the dressing adhering to the wound and is perforated to allow passage of exudate into the pad. It may be used on its own to dress dry, sutured wounds, superficial cuts or abrasions and other lightly exuding lesions. It may also be used as the primary wound contact layer for heavily exuding wounds, if backed by a second absorbent dressing.



Algi-White Sterile

100% calcium alginate dense dressing. Cost effective alternative to Kaltostat. Topical dressing for the management of minor to heavily exuding skin wounds, which include abrasions, lacerations, ulcers, diabetic foot problems, pressure sores, burns, etc.



UAWDD55	5x5cm	Pk10	£9.00
---------	-------	------	-------

Mepilex Border Lite Sterile

Minimises trauma to the wound and pain to the patient during dressing changes. It doesn't stick to the wound bed, yet adheres gently to the surrounding skin. It is very conformable and a gentle alternative to other thin adhesive bordered dressings. It's viral and bacterial proof backing makes it suitable for showering. It quickly absorbs exudate without leakage. It is ideal for diabetic foot ulcers, fragile skin and painful, acute or surgical wounds.



UMBL4X5	4x5cm	Pk10	£12.60
UMBL757	7.5x7.5cm	Pk10	£18.90
UMBL010	10x10cm	Pk5	£17.10

BULK DISCOUNT

Multibuy			Each	3+	6+
MEL5SP	5x5cm	Pk5	£1.80	-	-
MEL5	5x5cm	Pk100	£15.25	£14.20	£13.35
MEL10	10x10cm	Pk100	£37.50	-	-

Dressings

Sorbsan Sterile

Made from the calcium salt of alginic acid. Provides a micro-environment that facilitates wound healing. It may be applied to exuding lesions including leg ulcers, pressure areas, donor sites and other granulating wounds. It is also effective for the management of painful wounds. Heavily exuding wounds may need dressing daily initially but as the wound heals this could be extended.



SRBS5	5x5cm	Pk10	£13.50
-------	-------	------	--------

Skintact Sterile Dressing

Low adherence, specifically designed for the treatment of minor wounds. With superior wicking properties is used directly in contact with the wound or as a secondary dressing. Offering outstanding protection and comfort in a sterile environment.



SKNT5X5	5x5cm	Pk100	£16.50
---------	-------	-------	--------

Opsite Spray

Transparent, quick drying spray. Easy & convenient to apply. Protects dry minor surgical and surface wounds. Water resistant allowing the skin to be bathed. Permeable to moisture vapour and air, allowing skin to breathe, preventing maceration. Stays intact over awkward skin areas.



OSPRAY	100ml	Each	£8.20
--------	-------	------	-------

To-Foam Tubular Dressing

A soft tubular foam dressing designed for the protection of the toes, feet, fingers and hands. Offering fast relief from cuts, grazes, corns, bruising or sensitive skin. 25cm length that can be cut to size. Measurements are internal diameter.



TF1	A - 15mm	Pk12	£4.55
TF2A	B - 18mm	Pk12	£4.80
TF3	C - 21mm	Pk12	£5.10
TF5	D - 25mm	Pk12	£5.40

Overlap, for extra protection & cushioning.

TF2	AX - 15mm	Pk12	£4.80
TF2X	BX - 18mm	Pk12	£5.10
TF4	CX - 21mm	Pk12	£5.40
TF6	DX - 25mm	Pk12	£5.60

Carnation Anti-Blister Stick

Instantly prevents against shoes rubbing. Quick and easy to use, non-greasy, invisible and long lasting. Provides the perfect solution for painful problems associated with shoes rubbing. It is the perfect size to carry around in your pocket or bag, enabling you to wear new shoes out and about with no problem. Simply apply to areas that you wish to stop rubbing and it will form a non greasy and transparent film that protects your feet from the most painful of footwear.



CRNT0019		Each	£3.10
----------	--	------	-------

THE ULTIMATE MUSCLE SUPPORT

- Lightweight, thin cotton tape with polyurethane elastic fibres in a wave pattern to allow a stretch of many times its own length
- Heat activated (via friction), Breathable, water resistant material that will stay in place for up to 5 days
- Thin Cotton fibres ensure rapid drying after immersion or sweating

Ideally suited to be used in the management of lower limb pathologies. It is designed to decrease the pain with the increased subcutaneous space and decreased fascial restriction pain receptor activation is reduced over injured/inflamed site.

Hapla Wave
Black or Blue

£5.00

5cm x 5m
Roll

Just a few of the many ways you can use Hapla Wave

Hallux
Valgus



Metatarsal
Pain



Plantar Fasciitis



Dorsal
Pain



Turf Toe



Swollen
Foot



Heel Pain



Peroneal
Strain



For more information visit:
www.trycare.co.uk/haplawave

Dressings

Carnation Assorted Blister Care Pack

Assorted pack of adhesive plasters to protect blistered skin from friction and rubbing.



CRNT0017		Pk10	£3.20
----------	--	-------------	--------------

Carnation Hydrocolloid Blister Care Pack

Soft pads bordered with a thin film to prevent blisters from drying out.



CRNT0016		Pk4	£1.50
----------	--	------------	--------------

Dressing Spots Sterile

Adhesive washproof spots with soft centre pad.



ASSPT	2.2cm	Pk200	£1.90
-------	-------	--------------	--------------

Basic Sterile Dressing Pack - A

2 x 7.5cm swabs
1 x 43x38cm dressing towel
1 x 50cm sterile field
5 x cotton wool balls
2 x 60ml gallipots



BDP	Pack A	Each	£1.10
-----	--------	-------------	--------------

Wound Cleansing Sterile Dressing Pack - B

1 x 50x50cm PE coated tissue sterile field
1 x 29x45cm yellow disposable bag
1 x latex powder free gloves medium
5 x 7.5 4 ply non woven swabs
1 x 2 compartment tray
1 x 60ml gallipot
1 x dressing towel



WCP	Pack B	Each	£1.10
-----	--------	-------------	--------------

Nail Procedure Sterile Dressing Pack - C

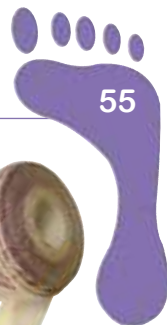
1 x stericrepe 50cm waterproof sheet
1 x 60x60cm sterile field
3 x 10cm non woven swabs
8 x cotton wool balls
1 x 60ml gallipot
1 x pulp receiver



NAILPP	Pack C	Each	£1.75
--------	--------	-------------	--------------

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)



Chirofix

A soft, conformable strapping made from permeable, high tensile non-woven fabric. It is hypoallergenic and gives strong adhesion making it ideal for a dressing and as a padding retention strapping. Supplied on backing paper, it can be easily and accurately cut to size. Regularly used for occlusive and peripheral strapping. Each roll is 10m.



CF125	1.25cm x 10m	Pk4	£3.45
CF25	2.5cm x 10m	Pk2	£2.85
CF5M	5cm x 10m	Pk2	£5.20
CF10M	10cm x 10m	Each	£5.30

HaplaWave

Elastic muscle care tape that offers support and stability to muscles and joints, without limiting their range of motion. It is breathable and water resistant, with an advanced adhesive system. The tape is applied in strips to effectively cover problem areas, and each pack contains instructions on how to apply.

The tape can be used by all Healthcare Professions including podiatrists, physiotherapists, osteopaths, chiropractors, sports therapists, accupuncturists, sports doctors, sports coaches or self application.

Each roll is 5cm x 5m.



HWAVBLA	Black	Each	£5.00
HWAVBLU	Blue	Each	£5.00

Hypafix

Comfortable non-woven dressing retention tape that stretches for easy application. Coated with an acrylic adhesive and protected by a release paper backing. Ideal for the retention of dressings on joints or awkward body parts. Ideal as a dressing and as a padding retention strapping. It may be used on patients who have an adverse reaction to adhesives containing rubber or resin. It is very wear resistant and once applied it may be left in position for prolonged periods, if required. Each roll is 10m.



HYP2	2.5cm x 10m	Each	£3.00
HYP5	5cm x 10m	Each	£3.15
HYP10	10cm x 10m	Each	£4.65

Leukoplast

Strong, rigid zinc oxide general purpose tape with strong adhesion for long lasting wear. It is porous, allowing the skin to breathe. Leukoplast is water repellent and is well tolerated by the skin. It can be used for securing dressings, and is ideal for patients in heavy duty or rough work conditions. It can also be used as a rigid sports support. Each roll is 9.2m.



LPL1	1.25cm x 9.2m	Each	£2.15
LPL2	2.5cm x 9.2m	Each	£3.40
LPL5	5cm x 9.2m	Each	£6.60

Strappings & Tape

Mefix Rolls

Permeable, non woven dressing coated with acrylic adhesive and protected by paper backing. Ideal for the retention of dressings on joints or awkward body parts. Ideal as a dressing and a padding retention strapping. It may be used on patients who have an adverse reaction to rubber or resin. Each roll is 10m.



MEF25	2.5cm x 10m	Each	£2.25
MEF5	5cm x 10m	Each	£2.40
MEF10	10cm x 10m	Each	£4.70

Variban Padding Bandage

Lightweight foam bandage for use underneath adhesive strappings and plaster casts to absorb moisture and prevent chafing and hair loss. Helps to restrict movement.



SU5	5cm x 3.5m	Each	£0.40
SU10	10cm x 3.5m	Each	£0.70

Micropore Roll

Latex free, hypoallergenic tape that is gentle to the skin yet adheres well and leaves minimal residue upon removal. The tape is easily torn to length. It will withstand limited exposure to water without losing its adhesive properties. It is permeable to water and water vapour and will allow the passage of sweat and secretions preventing maceration of skin. As it is coated with an acrylic adhesive it can be used on patients who have exhibited an adverse reaction to adhesives based upon zinc oxide, rubber or resin. Micropore may be used for most general purpose applications but it is commonly used for dressing retention on non-flexing areas. Each roll is 9m.



Single Rolls

MP125SP	1.25cm x 9m	Each	£0.45
MP25SP	2.5cm x 9m	Each	£0.90
MP5SP	5cm x 9m	Each	£1.65

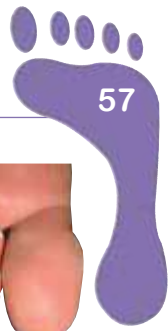
Multipacks

MP125	1.25cm x 9m	Pk24	£8.10
MP25	2.5cm x 9m	Pk12	£8.60
MP5	5cm x 9m	Pk6	£8.20

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)

Bandages



Paddings, Tapes & Dressings

Crepe Bandage

Light supportive compression bandage. For strains, sprains, injuries to tendons and muscles. It offers light compression over wide areas on painful joints and also varicose veins. The high twist cotton fibres ensure elasticity. It is well tolerated by the skin and is permeable to air.



CREPEBAN5	5cm x 4.5m	Each	£0.95
BND001	7cm x 4m	Each	£0.75

Elastic Net

Elastic net fabric is ideal for use when making your own appliances for example: Metatarsal pads etc. 1 metre length.



EN1	2.5cm x 1m	Each	£0.95
EN2	5cm x 1m	Each	£1.65
EN4	10cm x 1m	Each	£2.35

Haplaband

Thin, hypo-allergenic bandage with elastic that will stretch and recover longitudinally whilst remaining laterally rigid. Ideal where light compression is required in conjunction with padding. It can be easily and accurately cut to size. Sold in rolls.



HB125	1.25cm x 10m	Pk4	£8.70
HB25	2.5cm x 10m	Pk2	£5.70
HB5	5cm x 10m	Pk2	£8.50
HB75	7.5cm x 10m	Each	£6.20

Gypsona Bandage

Plaster of Paris BP. A leno-weave gauze fabric coated with plaster of paris. Offering good stability and reduced distortion and creasing. Once wet, the bandage sets to form a rigid structure which is porous and absorbent. It may be applied to most applications where rigid immobilisation is required.



GB15	15cm x 2.7m	Each	£2.50
------	-------------	------	-------

Chirocream Posters

Call today for your FREE Chirocream posters for your practice. Chirocream posters are available for each individual product so you can advertise your most popular products without stocking the whole range.



Bandages

Haplagauz & Haplanet

Wounds, as well as sensitive skin areas are securely protected. Can be used as a dressing support, a protective covering under or over paste bandages or orthopaedic casts, as well as splints and padding materials. Size guide: 00 - Small toes and fingers, 01 - Toes and fingers, 12 - Large toes and fingers with bulky dressings.



Haplagauz

A 100% bleached-white cotton stockinette.

TGPP00	00 - 20m Roll	Each	£2.45
TGPP01	01 - 20m Roll	Each	£2.60
TGPP12	12 - 20m Roll	Each	£3.10

Haplanet

A 100% viscose (rayon) stockinette.

TNPP00	00 - 20m Roll	Each	£2.10
TNPP01	01 - 20m Roll	Each	£2.15
TNPP12	12 - 20m Roll	Each	£2.25

Tenso Spray

Provides a protective layer for adhesive bandages and tapes, with excellent adhesive traction and reduces skin trauma on removal. Designed for use before the application of pre-wrap, tape or elastic adhesive bandages.



TENSOSP	300ml	Each	£7.30
---------	-------	------	-------

www.trycare.co.uk

Apply for an online account today! With its easy search options and your own personalised customer account, shopping with Trycare has never been easier! PLUS, keep up to date on all our latest offers and new products!

Snogg Soft Next

Latex free, no glue, no clips, no safety pins!

Adhesive free band aid that does not stick to skin, hair or wounds.



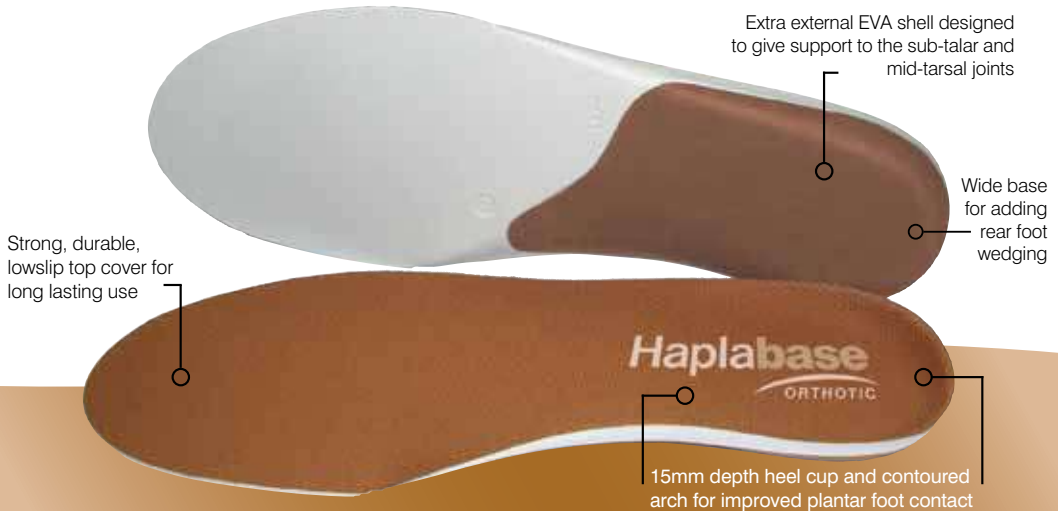
It is a highly flexible bandage that does not restrict movement. The bandage will not fall off even when wet. It can be used with ointments or creams. The elasticity in the plaster makes it easy to apply.

USFTN34	3cm x 4.5m	Each	£4.45
USFTN61	6cm x 1m	Each	£3.30
USFTN64	6cm x 4.5m	Each	£5.90

A high quality, low cost, orthotic insole.

A moulded, ethyl vinyl acetate orthotic insole for immediate adaptable chairside use.

This lightweight orthotic is designed to fit directly into the patient's shoe and can be easily adapted with the use of external heel raises, rear/forefoot posts or other additions.



Haplabase can also be adapted with our self-adhesive additions and wedges.



Haplabase 2 degree EVA rearfoot wedges (Grey)

- Especially shaped to fit to the rearfoot plantar surface of the Haplabase Orthotic
- Offers either a 2 degree varus or a valgus posting to the rearfoot
- Uses a self-adhesive backing for ease of application

2° Rearfoot Wedge



Haplabase 4 degree EVA rearfoot wedges (Blue)

- Especially shaped to fit to the rearfoot plantar surface of the Haplabase Orthotic
- Offers either a 4 degree varus or a valgus posting to the rearfoot
- Uses a self-adhesive backing for ease of application

4° Rearfoot Wedge



Haplabase Met Pads (Brown)

- Especially designed to fit to the dorsal forefoot surface of the Haplabase Orthotic
- Offers a 3mm met pad function to assist in metatarsal dorsiflexion and digital extension
- Uses a self-adhesive backing for ease of application

3mm Metatarsal Pads



Orthotics, Insoles & Supports

Frelen Moulded Insoles



Full length moulded insoles with shaped and cupped heel. Constructed of polystyrene cell foam giving cushioning & insulation, ideal as a general comfort or as a base for orthotics. Easily modified, they will accept most adhesives or self-adhesive pads & wedges. Machine washable. Available in mens or ladies.

Haplabase Orthotic Insoles



A cost effective, lightweight, moulded EVA orthotic. Designed to fit directly into the patients footwear. Easily adapted with heel raises and rear/forefoot posts. Made from EVA and a durable, low slip material top cover, with an external EVA shell designed to support the sub-talar and mid-tarsal joints, a 15mm heel cup and a contoured arch.

Ladies

BULK DISCOUNT

Multibuy		Pair	6+	12+
FILS	Small	£3.20	£3.00	£2.80
FILM	Medium	£3.20	£3.00	£2.80
FILL	Large	£3.20	£3.00	£2.80

Mens

Multibuy		Pair	6+	12+
FIMS	Small	£3.20	£3.00	£2.80
FIMM	Medium	£3.20	£3.00	£2.80
FIML	Large	£3.20	£3.00	£2.80

BULK DISCOUNT

Multibuy		Pair	10+
HBAS003	UK 3	£5.75	£4.95
HBAS004	UK 4	£5.75	£4.95
HBAS005	UK 5	£5.75	£4.95
HBAS006	UK 6	£5.75	£4.95
HBAS007	UK 7	£5.75	£4.95
HBAS008	UK 8	£5.75	£4.95
HBAS009	UK 9	£5.75	£4.95
HBAS010	UK 10	£5.75	£4.95
HBAS011	UK 11	£5.75	£4.95
HBAS012	UK 12	£5.75	£4.95
HBAS013	UK 13	£5.75	£4.95

Fun Fact

The foot accounts for 25% of the bones in the human body.



Orthofit

- Developed by footcare professionals
- Easy to fit, easy to customise
- Ultra-slim, extremely strong, flexible profile

Can be used to treat heel, knee, hip & lower back pain, metatarsalgia, tendon & ligament pain & shin splints. Orthofits allow you to create a pair of custom orthotics in as little as 10 minutes. Ultra slim, flexible design reduces excessive pronation & supports the medial arch in total comfort.

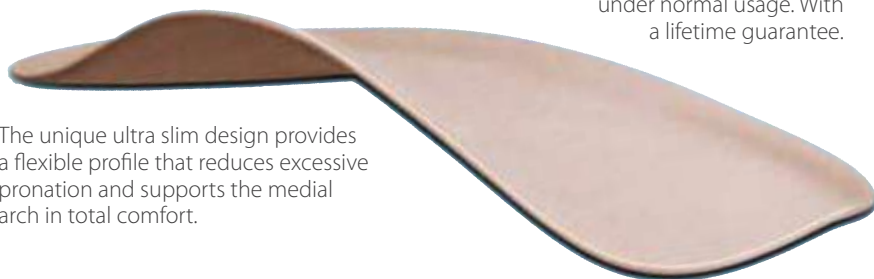
An orthotic
that fits all
shoes

With Metdome	W/O Metdome		Pair	6+	12+
-	RTHFMD09	M UK2, W UK2	£15.80	£14.70	£13.70
RTHFMD01	RTHFMD10	M UK3, W UK3-4	£15.80	£14.70	£13.70
RTHFMD03	RTHFMD11	M UK4-5, W UK5	£15.80	£14.70	£13.70
RTHFMD04	RTHFMD12	M UK6, W UK6-7	£15.80	£14.70	£13.70
RTHFMD05	RTHFMD13	M UK7-8, W UK8	£15.80	£14.70	£13.70
RTHFMD06	RTHFMD14	M UK9, W UK9	£15.80	£14.70	£13.70
RTHFMD07	RTHFMD15	M UK10, W UK10	£15.80	£14.70	£13.70
RTHFMD08	-	M UK11, W UK11	£15.80	£14.70	£13.70

Available with or without metatarsal dome

Flexible but will not break under normal usage. With a lifetime guarantee.

The unique ultra slim design provides a flexible profile that reduces excessive pronation and supports the medial arch in total comfort.



Orthotics, Insoles & Supports

Orthofit Heat Moulding Oven



Customise your Orthofit orthotics using the Orthofit Heat Moulding Oven.

The Orthofit oven gently heats the orthotic to a temperature of 120°C in as little as 90 seconds making them pliable enough to mould to your preferred shape. The Orthofit orthotic oven is an essential piece of equipment for any podiatrist working with Orthofit orthotics.

See page 59 for Orthofit Insoles.

VN1	Each	£30.80
-----	-------------	---------------

Poron Cut-To-Size Insoles 3mm

Green Permafresh Antibac Poron

It doesn't just mask the odours, it stops the growth of bacteria and fungus, including athletes foot fungus. It also resists the growth of mold and mildew.



BULK DISCOUNT

Multibuy		Pair	6+	12+
PORONINSOLE	Green	£3.70	£3.45	£3.25

Keep Warm Insoles

The top surface of 100% natural, unbleached lambs wool provides exceptional warmth. The cork interlayer insulates against cold from below. The wool felt underside is slip-resistant and hardwearing.



CHEL410	UK 3	Pair	£4.20
CHEL411	UK 4	Pair	£4.20
CHEL412	UK 5	Pair	£4.20
CHEL413	UK 6	Pair	£4.20
CHEL414	M UK 6, W UK 7	Pair	£4.20
CHEL415	M UK 7, W UK 8	Pair	£4.20
CHEL416	M UK 8, W UK 9	Pair	£4.20
CHEL417	UK 9	Pair	£4.20
CHEL418	UK 10	Pair	£4.20
CHEL419	UK 11	Pair	£4.20
CHEL420	UK 12	Pair	£4.20

Did You Know?

Foot ailments can become your first sign of more serious medical problems. Your feet mirror your general health, so conditions like arthritis, diabetes, nerve and circulatory disorders can show their initial symptoms in your feet.

Powerstep Original Full Length

Perfect for the workplace and everyday life, offering comfort and control, while supporting feet and ankles. Relieves heel and arch pain with a full length support. Comfort from heel to toe. It has a stabilising heel cradle and comfort cushion. Its prescription-like shell is double-layered, with shock absorbing Poron/ EVA casing.

TOP SELLER

BULK DISCOUNT



Multibuy (M= Mens, W= Womens)		Pair	6+	12+
PWRSTP01	M UK3-3.5 W UK4.5-5	£17.00	£15.80	£14.70
PWRSTP02	M UK4-4.5 W UK5.5-6	£17.00	£15.80	£14.70
PWRSTP03	M UK5-5.5 W UK6.5-7	£17.00	£15.80	£14.70
PWRSTP04	M UK6-6.5 W UK7.5-8	£17.00	£15.80	£14.70
PWRSTP05	M UK7-7.5 W UK8.5-9	£17.00	£15.80	£14.70
PWRSTP06	M UK8-8.5 W UK9.5-10	£17.00	£15.80	£14.70
PWRSTP07	M UK9-9.5 W UK10.5-11	£17.00	£15.80	£14.70
PWRSTP08	M UK10-10.5 W UK11.5-12	£17.00	£15.80	£14.70
PWRSTP10	M UK11-12.5	£17.00	£15.80	£14.70

Powerstep 3/4 Length

Ideal for the workplace, about town or even on the golf course. Powerstep 3/4 Length is a versatile insole which fits in a wide range of shoes.

TOP SELLER

BULK DISCOUNT



It offers support to relieve heel and arch pain. Its unique cushion layer from the heel to the ball of the foot gives strong but comfortable support, while the antibacterial top cover also helps fight foot odour.

Multibuy (M = Mens, W = Womens)		Pair	6+	12+
PWRSTP20	M UK3-3.5 W UK4.5-5	£17.00	£15.80	£14.70
PWRSTP21	M UK4-4.5 W UK5.5-7	£17.00	£15.80	£14.70
PWRSTP22	M UK6-7.5 W UK7.5-9	£17.00	£15.80	£14.70
PWRSTP23	M UK8-8.5 W UK9.5-10	£17.00	£15.80	£14.70
PWRSTP24	M UK9-9.5 W UK10.5-11	£17.00	£15.80	£14.70
PWRSTP25	M UK10-10.5 W UK11.5-12	£17.00	£15.80	£14.70
PWRSTP26	M UK11-12	£17.00	£15.80	£14.70

Orthotics, Insoles & Supports

Powerstep Pinnacle

Powerstep Pinnacle offers unrivalled comfort and relief from heel and arch pain and related ailments. They provide the perfect blend of foot control, spring and cushioning. By eliminating excessive inward rolling motion of the floor, it virtually eliminates pain or strain in the heel and arch, and even ankles, knees and lower back. Unique Hypurcel® EVA casing, special Sanitized ETC® fabric, heel cradle and platform.



Multibuy (M= Mens, W= Womens)		Pair	6+	12+
PWRPN50	M UK2-2.5 W UK3.5-4	£21.50	£19.90	£18.60
PWRPN51	M UK3-3.5 W UK4.5-5	£21.50	£19.90	£18.60
PWRPN52	M UK4-4.5 W UK5.5-6	£21.50	£19.90	£18.60
PWRPN53	M UK5-5.5 W UK6.5-7	£21.50	£19.90	£18.60
PWRPN54	M UK6-6.5 W UK7.5-8	£21.50	£19.90	£18.60
PWRPN55	M UK7-7.5 W UK8.5-9	£21.50	£19.90	£18.60
PWRPN56	M UK8-8.5 W UK9.5-10	£21.50	£19.90	£18.60
PWRPN57	M UK9-9.5 W UK10.5-11	£21.50	£19.90	£18.60
PWRPN58	M UK10-10.5 W UK 11.5-12	£21.50	£19.90	£18.60
PWRPN59	M UK11-12.5	£21.50	£19.90	£18.60
PWRPN60	M UK13-13.5	£21.50	£19.90	£18.60

Powerstep SlenderFit 3/4 Length Orthotics

- Ultra slim design
- Tapered shape fits a variety of women's fashion shoes
- Built-in met pad alleviates pressure under the ball of the foot
- "S" shape shell design cradles the heel and provides full arch support
- Foam underside holds orthotic in place



Featuring an ultra-slim, tapered profile that fits in most women's fashion shoes. Antimicrobial top cover helps provide odour protection and dryness.

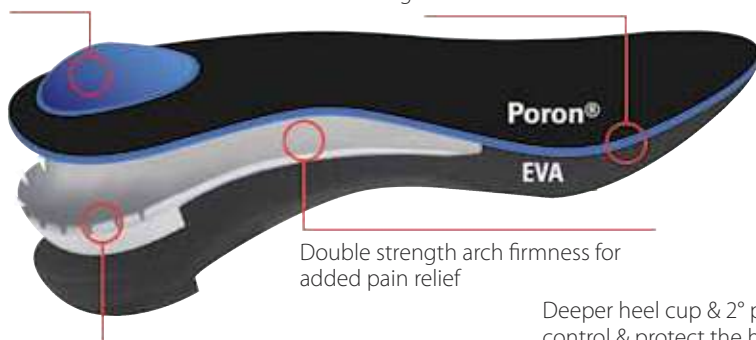
PWRSF23	UK 2.5-3.5	Pair	£19.00
PWRSF45	UK 4-5	Pair	£19.00
PWRSF56	UK 5.5-6.5	Pair	£19.00
PWRSF78	UK 7-8	Pair	£19.00

Powerstep Pro Control

Offering pain relief and prevention designed specifically for mild to moderate overpronators. Featuring a **deeper heel cup** with a subtle yet important two degree exterior post to correct alignment issues experienced by overpronators. You'll find all the quality craftsmanship of other Powerstep Pro products in Pro Control, plus a Poron Heel Comfort Cushion, double layer EVA cushion casing, antimicrobial top cover, and a double strength arch support.

Poron® Comfort Cushion
Reduces heel impact

Double-layered, shock absorbing Poron®/EVA
cushion casing to enhance comfort



Double strength arch firmness for
added pain relief

Deeper heel cup & 2° post,
control & protect the heel
during landing

BULK DISCOUNT

Multibuy		Pair	6+	12+
PWRPC80	Men UK2-2.5 Women UK3.5-4	£24.80	£23.10	£21.50
PWRPC81	Men UK3-3.5 Women UK4.5-5	£24.80	£23.10	£21.50
PWRPC82	Men UK4-4.5 Women UK5.5-6	£24.80	£23.10	£21.50
PWRPC83	Men UK5-5.5 Women UK6.5-7	£24.80	£23.10	£21.50
PWRPC84	Men UK6-6.5 Women UK7.5-8	£24.80	£23.10	£21.50
PWRPC85	Men UK7-7.5 Women UK8.5-9	£24.80	£23.10	£21.50
PWRPC86	Men UK8-8.5 Women UK9.5-10	£24.80	£23.10	£21.50
PWRPC87	Men UK9-9.5 Women UK10.5-11	£24.80	£23.10	£21.50
PWRPC88	Men UK10-10.5 Women UK 11.5-12	£24.80	£23.10	£21.50
PWRPC89	Men UK11-12.5	£24.80	£23.10	£21.50
PWRPC90	Men UK13-13.5	£24.80	£23.10	£21.50

**Also available in 3/4 length
See Page 66**

Orthotics, Insoles & Supports

Powerstep Pro Control 3/4



- Strong, medical-grade foot support with a firm but flexible arch support
- Deeper heel cup and 2-degree medial post for improved foot control and positioning
- Double layer, shock absorbing EVA foam cushion casing for enhanced comfort
- Friction reducing antimicrobial top fabric; Poron heel pad cushion for increased comfort and protection
- Suitable for use in athletic, dress and casual shoes with less depth at the toes. Ideal for all-day comfort and support in shoes with less depth at the toes.

Multibuy		Pair	6+	12+
PWRPC91	M 3 - 3.5 W 4.5 - 5	£22.50	£20.85	£19.50
PWRPC92	M 4 - 5.5 W 5.5 - 7	£22.50	£20.85	£19.50
PWRPC93	M 6 - 7.5 W 7.5 - 9	£22.50	£20.85	£19.50
PWRPC94	M 8 - 8.5 W 9.5 - 10	£22.50	£20.85	£19.50
PWRPC95	M 9 - 9.5 W 10.5 - 11	£22.50	£20.85	£19.50
PWRPC96	M 10 - 10.5	£22.50	£20.85	£19.50
PWRPC97	M 11 - 12.5	£22.50	£20.85	£19.50



Powerstep Pro

Now you can offer your patients immediate relief from heel and arch pain. Powerstep Pro is specifically designed to comfortably stabilise the foot and correct alignment of the body. Designed to defend against: arch, back, heel and knee pain. Stabilising heel cradle provides support. Strong prescription-like shell reduces excessive pronation easing strain on the plantar fascia.



Multibuy (M= Mens, W= Womens)		Pair	6+	12+
PWRSTPP01	M UK2-2.5 W UK3.5-4	£21.50	£19.90	£18.60
PWRSTPP02	M UK3-3.5 W UK4.5-5	£21.50	£19.90	£18.60
PWRSTPP03	M UK4-4.5 W UK5.5-6	£21.50	£19.90	£18.60
PWRSTPP04	M UK5-5.5 W UK6.5-7	£21.50	£19.90	£18.60
PWRSTPP05	M UK6-6.5 W UK7.5-8	£21.50	£19.90	£18.60
PWRSTPP06	M UK7-7.5 W UK8.5-9	£21.50	£19.90	£18.60
PWRSTPP07	M UK8-8.5 W UK9.5-10	£21.50	£19.90	£18.60
PWRSTPP08	M UK9-9.5 W UK10.5-11	£21.50	£19.90	£18.60
PWRSTPP09	M UK10-10.5 W UK 11.5-12	£21.50	£19.90	£18.60
PWRSTPP10	M UK11-12.5	£21.50	£19.90	£18.60
PWRSTPP11	M UK13-13.5	£21.50	£19.90	£18.60

Carnation Silver Socks

High quality finished textile socks for everyday wear, just like ordinary socks. The X-Static silver within the sock will not wash off or diminish in effectiveness over time and will last the lifetime of the product. Silversocks reduce static electricity & electrostatic discharge. Silver is proven to kill over 400 different types of bacteria. It also inhibits the growth of odour causing bacteria and fungi in the socks. It eliminates 99.9% of bacteria in less than one hour of exposure.

- Eliminates 99.9% of bacteria in less than one hour
- Reduces the risk of blisters, static electricity and friction
- Thermodynamic - warm in winter, cooler in summer
- Anti-odour - neutralises odours.



CRNT0009	Original	Black	UK 3-7	Pair	£6.70
CRNT0010	Original	Black	UK 6-11	Pair	£6.70



Orthotics, Insoles & Supports

Solos Sport Active Insoles

Ultra-light foot support for sports, casual and leisure shoes. Colourful & sporty it is a perfect replacement for worn out trainer insoles

The anatomically-shaped footbed supports and cushions the feet from impact.

Comfortable walking & running with:

- supportive heel cup & heel cushion
- longitudinal arch support
- light metatarsal pad

		Pair
CHEL480	UK 3-4	£7.10
CHEL481	UK 5-6	£7.10
CHEL482	UK 7-8	£7.10
CHEL483	UK 8-9	£7.10
CHEL484	UK10-11	£7.10



Pedag Magic Step

- Extra soft memory foam for perfect cushioning
- Hygienic, soft, breathable leather covering
- Relieves tired, aching feet
- Protects your spine and joints

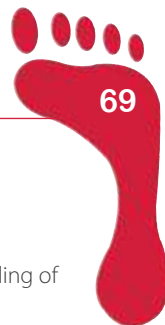
Magic Step Memory Foam Insoles adapt to your feet, providing heavenly soft comfort and shock absorption.

The surface of the Magic Step insole is made from soft, breathable leather that absorbs moisture, keeping your feet and shoes hygienically clean and dry.

The 5mm thick memory foam instantly adapts to the shape of the foot, offering immediate optimal cushioning and grip.



		Pair
CHEL470	EU 36	£6.25
CHEL471	EU 37	£6.25
CHEL472	EU 38	£6.25
CHEL473	EU 39	£6.25
CHEL474	EU 40	£6.25
CHEL475	EU 41	£6.25
CHEL476	EU 42	£6.25
CHEL477	EU 43	£6.25
CHEL478	EU 44	£6.25
CHEL479	EU 45	£6.25



MicroGrip Reverse Morton's Extension / PMP Pads

PMP pads have been developed to allow clinicians to add a reverse Morton's extension to a TalarMade Foot Orthosis.

- MicroGrip secure but adjustable fixation on microfibre top covers
- Injection moulded polyurethane (A30 shore)

**£11.80
per pair**

Recommended for:

- Plantar Faciitis
- Offloading 1st MTP/Ray
- Peroneal tendinopathy
- Functional Hallux Limitus
- Sesamoiditis
- Medial midfoot osteoarthritis



TALPUPS	Small	125x65x3mm
TALPUPL	Large	150x70x3mm

MicroGrip Metatarsal / Sulcus Pads

For immediate and effective offloading of site specific pain.

- MicroGrip secure but adjustable fixation on microfibre top covers
- Metatarsal dome with forefoot extension
- Easily trimmed to offload specific areas

**£3.80
per pair**

Recommended for:

- Offloading of site specific metatarsal heads
- Offloading plantar callous, corns, and ulcers
- Plantar plate dysfunction



TALA3SS	Small	77x60x7mm
TALA3SL	Large	77x68x9mm

MicroGrip Teardrop Metatarsal Domes

- Can be used as Neuroma pads
- Can be used as cuboid/Feheery pads
- MicroGrip secure but adjustable fixation on microfibre top covers

Recommended for:

- Treatment of Morton's Neuroma
- Specific MTH pressure/load rate reduction
- Temporary medial heel skive

**£3.80
per pair**



TALA3T1	Size 1	44x32x7mm
TALA3T3	Size 3	49x43x7mm
TALA3T5	Size 5	64x54x7mm

MicroGrip Foot Orthosis Additions

TalarMade have developed a unique range of Plantar Surface Additions to customise pre-fabricated and custom made Foot Orthoses.

This range has been created based on clinical experience and customer feedback. It allows the plantar surface of the insole to be modified immediately in clinic to improve the function and effectiveness of treatment without the need of a workshop or tools.



Orthotics, Insoles & Supports

SUPERFLEX Plus

A moderately reinforced insole which can be easily adapted by the practitioner to provide chairside treatment.

Recommended for:

- Chairside treatment of simple foot conditions requiring mild support

TALSFPXS	UK 2.5-4	X Small
TALSFPS	UK 4.5-6	Small
TALSFPM	UK 6.5-8	Medium
TALSFPL	UK 8.5-10	Large
TALSFPXL	UK 10.5-12	X Large

TalarMade
Protect, Support, Correct



£5.00
per pair

SUPERFLEX Ultra

A firmly reinforced insole which can be easily adapted by the practitioner to provide chairside treatment.

Recommended for:

- Chairside treatment of simple foot conditions requiring moderate support

TALSFUXS	UK 2.5-4	X Small
TALSFUS	UK 4.5-6	Small
TALSFUM	UK 6.5-8	Medium
TALSFUL	UK 8.5-10	Large
TALSFUXL	UK 10.5-12	X Large

TalarMade
Protect, Support, Correct



£7.80
per pair

SUPERFLEX Additional Options

Micro grip foot orthosis additions can be used with Superflex insoles. See page 69 for more details.



Orthotics, Insoles & Supports



Orthotics, Insoles & Supports



Reducing the cost of orthotic intervention

- Cost effective functional foot orthosis for the pronating foot
- Shore A50 for consistent control and increased durability
- Arch shape allows for improved 1st Ray function
- Microfibre top cover for increased comfort
- Integrated medial heel post options 0, 3, & 5 degrees

Recommended for:

- Chairside management of various foot conditions



**£15.30
per pair**

Gaitway Classic

3/4 length for the vast majority of shoe styles.



TALGWCS	UK 3-5	S
TALGWCM	UK 6-7.5	M
TALGWCL	UK 8-11	L

Gaitway Slim

Low profile for easy accommodation in slip-on/fashion shoes.



TALGWSXS	UK 1-3	XS
TALGWSS	UK 3-5	S
TALGWSM	UK 6-7.5	M
TALGWSL	UK 8-11	L

Gaitway Full

For shoes with removable insoles, trainers and active users.



TALGWFS	UK 3-5	S
TALGWFM	UK 6-7.5	M
TALGWFL	UK 8-11	L



Additional Options

Micro grip foot orthosis additions can be used with Gaitway insoles. See page 69 for more details.



Orthotics, Insoles & Supports



Maximising foot function

- Eva construction
- Mild metatarsal support
- Robust heel cup
- Antimicrobial top cover
- Available in 3 densities: soft 30 shore, medium 45 shore and firm 60 shore
- Intrinsic 4 degree medial heel post
- Replaceable heel & 1st met head cushions
- Multiple extrinsic wedge options included

Elite wedge pack contains:

- 1 pair of 2°, 4° & 6° medial rear foot posts high density EVA
- 1 pair of high density EVA elevators
- 1 pair of A30 poron heel pads
- 1 pair of lateral 5-2 fore foot wedges
- Replacement pair of self adhesive poron heel pads
- Replacement pair of self adhesive poron medial forefoot pads

Recommended for:

- Plantar Fasciitis
- Hallux Rigidus/Limitus
- Metatarsalgia
- Plantar arch pain
- Functional Hallux Limitus
- Tibialis Posterior Dysfunction
- Peroneal & Achilles Tendinopathy
- Shin Splints
- Anterior knee pain
- Unicompartmental Knee Osteoarthritis

TalarMade
Protect, Support, Correct



£27.60
per pair

TALEFSXS	Full	XS UK 3-4.5	Soft
TALEFSS	Full	SML UK 5-6.5	Soft
TALEFSM	Full	MED UK 7-8.5	Soft
TALEFSL	Full	LGE UK 9-10.5	Soft
TALEFSXL	Full	XL UK 11.5-12.5	Soft
TALEFMXS	Full	XS UK 3-4.5	Medium
TALEFMS	Full	SML UK 5-6.5	Medium
TALEFMM	Full	MED UK 7-8.5	Medium
TALEFML	Full	LGE UK 9-10.5	Medium
TALEFMXL	Full	XL UK 11.5-12.5	Medium
TALEFFXS	Full	XS UK 3-4.5	Firm
TALEFFS	Full	SML UK 5-6.5	Firm
TALEFFM	Full	MED UK 7-8.5	Firm
TALEFFL	Full	LGE UK 9-10.5	Firm
TALEFFXL	Full	XL UK 11.5-12.5	Firm



Additional Options

Micro grip foot orthosis additions can be used with Superflex insoles. See page 69 for more details.





Pedag Viva Sport Insoles



- Innovative sports orthotic especially suitable for impact sports
- Anatomically shaped, semi rigid foot bed with diagonal bridge function that stabilises, aligns and supports the mid foot
- Metatarsal pad lifts the transverse arch
- Substantial heel cushion absorbs shock
- High tech surface with excellent shock elasticity
- Durable and resilient
- Skin friendly, highly resistant to fungi and bacteria
- Quickly wicks sweat away from the foot
- Hand washable

CHEL370	UK 3	Pair	£13.00
CHEL371	UK 4	Pair	£13.00
CHEL372	UK 5	Pair	£13.00
CHEL373	UK 6	Pair	£13.00
CHEL374	M UK6 W UK7	Pair	£13.00
CHEL375	M UK7 W UK8	Pair	£13.00
CHEL376	M UK8 W UK9	Pair	£13.00
CHEL377	UK 9	Pair	£13.00
CHEL378	UK 10	Pair	£13.00
CHEL379	UK 11	Pair	£13.00
CHEL380	UK 12	Pair	£13.00
CHEL381	UK 13	Pair	£13.00

Viva Full Foot Support

Antibacterial, breathable and water absorbent, made from anatomically shaped gentle cowhide. The metatarsal pad and longitudinal arch prevents problems and provides relief for stressed feet. The heel pad absorbs impact during walking. Orthopaedic design helps prevent and relieve splayfoot by reducing pressure. Extra thin to fit in any shoe. Highly efficient active carbon filter prevents odour.



CHEL090	UK 3	Pair	£14.50
CHEL091	UK 4	Pair	£14.50
CHEL092	UK 5	Pair	£14.50
CHEL093	UK 6	Pair	£14.50
CHEL094	M UK6, W UK7	Pair	£14.50
CHEL095	M UK7, W UK8	Pair	£14.50
CHEL098	M UK8, W UK9	Pair	£14.50
CHEL099	UK 9	Pair	£14.50
CHEL100	UK 10	Pair	£14.50
CHEL101	UK 11	Pair	£14.50
CHEL102	UK 12	Pair	£14.50

Fun Fact

Fingernails and toenails grow faster during hot weather, pregnancy and your teenage years.



Orthotics, Insoles & Supports

Viva High Foot Support

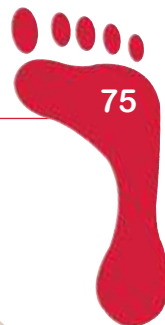


For distinctive high arch (hollow foot) problems. Anatomically shaped and extra-thin to fit any shoe. Highly efficient active carbon filter prevents odour. A comfortable foot support developed with orthopaedic experts to meet the special needs of people with high arches. The extra high longitudinal arch support cushions and supports the foot in the correct position. The anatomically shaped heel cushion absorbs impact. The metatarsal pad prevents the creation of splayfoot and alleviates its symptoms. The breathable cowhide surface and the active carbon filter provide an optimal climate inside the shoe.

CHEL307	UK 3	Pair	£14.50
CHEL308	UK 4	Pair	£14.50
CHEL309	UK 5	Pair	£14.50
CHEL310	UK 6	Pair	£14.50
CHEL311	M UK6, W UK7	Pair	£14.50
CHEL312	M UK7, W UK8	Pair	£14.50
CHEL313	M UK8, W UK9	Pair	£14.50
CHEL314	UK 9	Pair	£14.50
CHEL315	UK 10	Pair	£14.50
CHEL316	UK 11	Pair	£14.50
CHEL317	UK 12	Pair	£14.50

See Page 8





Viva Mini 3/4 Length Foot Support

Viva Mini 3/4 foot supports are perfect for feet that need as much room as possible in the toe area.

Viva Mini is a toe-free foot support specifically designed to be used in tight fitting and open-toe shoes, whilst still benefiting from a comfortable foot support. The anatomically shaped heel pad absorbs shock and cushions the heels. The longitudinal arch support keeps your foot in the correct place, and the metatarsal pad supports the transversal arch, preventing splayfoot and alleviating pain.

Additionally, the smooth breathable cowhide of the foot support optimally regulates the climate inside the shoe.



Orthotics, Insoles & Supports

Multibuy		Pair	6+	12+
CHEL258	UK 3	£9.70	£8.60	£8.10
CHEL259	UK 4	£9.70	£8.60	£8.10
CHEL260	UK 5	£9.70	£8.60	£8.10
CHEL261	UK 6	£9.70	£8.60	£8.10
CHEL262	M UK6 W UK7	£9.70	£8.60	£8.10
CHEL263	M UK7 W UK8	£9.70	£8.60	£8.10
CHEL264	M UK8 W UK9	£9.70	£8.60	£8.10
CHEL265	UK 9	£9.70	£8.60	£8.10
CHEL266	UK 10	£9.70	£8.60	£8.10
CHEL267	UK 11	£9.70	£8.60	£8.10
CHEL268	UK 12	£9.70	£8.60	£8.10
CHEL269	UK 13	£9.70	£8.60	£8.10
CHEL270	UK 14	£9.70	£8.60	£8.10

TOP SELLER

BULK DISCOUNT

Orthotics, Insoles & Supports

Correct Heel Pads

Perfect compensation for worn shoe heels or a tendency toward knock knees or bow legs. Gently cushioning. Self-adhesive. Genuine leather.



CHEL015	Small	Pair	£4.30
CHEL016	Medium	Pair	£4.30
CHEL017	Large	Pair	£4.30

Drop Metatarsal Pads

Soft metatarsal pads to relieve splayfoot problems. Helps metatarsal bones to regain their anatomically correct position. Self-adhesive.



CHEL253	Small	Pair	£5.40
CHEL254	Medium	Pair	£5.40
CHEL255	Large	Pair	£5.40
CHEL256	Extra Large	Pair	£5.40

EVA Wedge Strips

EVA Material pre-cut into a wedged form of medially or laterally posting moulded inserts or insoles. With self-adhesive backing. 30cm.

EVAW0004	2° Brown	Each	£2.20
EVAW0005	4° Blue	Each	£2.20
EVAW0006	6° Red	Each	£2.20

Galant Half Insole & Met Pad

Soft half insole with metatarsal pad. Soft cushioning pad for the forefoot. The integrated pad backs up the metatarsal bones, giving them relief. Colourfast and anti-bacterial. Self-adhesive. Genuine leather.



CHEL047	UK 2-3 Ladies	Pair	£6.80
CHEL048	UK 4-5 Ladies	Pair	£6.80
CHEL049	UK 6-7 Ladies	Pair	£6.80
CHEL050	UK 7-8 Mens	Pair	£6.80

Met Pad Cut To Size

A rectangular latex foam pad with an elastic net loop to allow the exact size to be cut.



METPADSML	Small	Each	£2.25
METPADMED	Medium	Each	£2.25
METPADLGE	Large	Each	£2.25





Cushion Met Pads

Manufactured from slow memory poron with a moisture absorbent top cover to provide soft padding. With toe loop. **Colour may vary.**



CMPP		Pair	£3.50
------	--	------	-------

Toe Separators (Foam)

Firm rubber foam covered with soft foam for high comfort. To give effective and economical relief for between toe friction.



FRS0001	Small	Pk4	£1.90
FRS0002	Medium	Pk4	£2.00
FRS0003	Large	Pk4	£2.05

T-Form Met Pads

Soft metatarsal pad relieves splayfoot problems. T-form for flat feet. An orthopaedic insert allows the metatarsal bones to regain and retain their natural position. It can also alleviate the burning and stinging pains (symptoms of mild splayfoot). Colourfast. Self-adhesive. Genuine leather. Tan/Grey, reversible.



CHEL043	Small	Pair	£4.30
CHEL044	Medium	Pair	£4.30
CHEL045	Large	Pair	£4.30
CHEL046	Extra Large	Pair	£4.30

Fun Fact

The pressure on the feet when running can be as much as four times the runner's body weight.

Hallux Valgus Night Splint

For the physiological correction of the big toe. It corrects the unnatural X-position of the big toe and straightens it. The anatomically adapted shape of the splint guarantees the physiological correction of the basic joint of the big toe. It offers great comfort and safely protects the critical area of the toe and ball area. To avoid excessive heat, the splint is provided with a ventilation hole in the toe area. Two adjustable velcro fasteners allow a precise adjustment of the moments of leverage with the splint remaining in the same optimum position. Small - UK 4-6, medium - UK 6-9, large - over UK 9.

BRT0001	Small Right	Each	£11.40
BRT0002	Small Left	Each	£11.40
BRT0003	Medium Right	Each	£11.40
BRT0004	Medium Left	Each	£11.40
BRT0005	Large Right	Each	£11.40
BRT0006	Large Left	Each	£11.40



Orthotics, Insoles & Supports

Toe Props (Foam)

Latex foam pad with an elastic loop to give protection to toe tips.



BULK DISCOUNT

Multibuy		Pair	10+
INDTP	One Size	£0.95	£0.85

Toe Top Shield

Designed to reduce pressure and friction on painful toe tops and encourage extension of flexible hammer or claw toes during gait.



TTSOT	1 Toe	Each	£1.25
TTS2T	2 Toe	Each	£1.35
TTS3T	3 Toe	Each	£1.50

Metluxe Toe Cushion

Chamois covered latex foam crescents with an **adjustable** toe loop.



BULK DISCOUNT

Multibuy		Each	10+	20+
MTCLS	Small Left	£1.45	£1.30	£1.25
MTCRS	Small Right	£1.45	£1.30	£1.25
MTCLM	Medium Left	£1.45	£1.30	£1.25
MTCLML	Medium Left Long	£1.45	£1.30	£1.25
MTCRM	Medium Right	£1.45	£1.30	£1.25
MTCRML	Medium Right Long	£1.45	£1.30	£1.25
MTCLL	Large Left	£1.45	£1.30	£1.25
MTCRL	Large Right	£1.45	£1.30	£1.25

Toe Props (Chamois)

BULK DISCOUNT

TOP SELLER



Moulded foam latex covered with soft chamois leather with an elastic net **fixed** loop. Designed to support curly or retracted toes and help relieve pressure or pain.

Multibuy		Each	10+	20+
TPSL	Small Left	£1.45	£1.30	£1.25
TPSR	Small Right	£1.45	£1.30	£1.25
TPML	Medium Left	£1.45	£1.30	£1.25
TPMLL	Medium Left Long	£1.45	£1.30	£1.25
TPMR	Medium Right	£1.45	£1.30	£1.25
TPMRL	Medium Right Long	£1.45	£1.30	£1.25
TPLL	Large Left	£1.45	£1.30	£1.25
TPLR	Large Right	£1.45	£1.30	£1.25



Beech Wooden Shoe Horns

Strong, sturdy and smooth shoe horns. Crafted from natural beech wood with a matt varnish finish



CHEL340	19cm	Each	£2.35
CHEL341	38cm	Each	£3.95
CHEL342	54cm	Each	£5.40

Plastic Shoe Horns

A variety of plastic shoe horns to manoeuvre the foot into boots or shoes. Made from durable, one piece plastic with a smooth finish to avoid snagging socks or stockings. The 79cm shoe horn is ideal for patients with bending and mobility difficulties.



CHEL001	20cm	Each	£0.65
CHEL238	42cm	Each	£1.45
CHEL239	79cm	Each	£3.05

Method Ingrown Nail Treatment Pack

Effective. The pain disappears instantly. The wound cicatrizes and the swelling disappears over a few days. Can also eliminate the possibility of relapse.

Non aggressive. This method does not alter the nail nor any of the adjacent tissues like preceding methods do.

No glues. No potentially harmful chemicals needed. The device can be removed anytime when necessary.

It goes unnoticed. Its size and placement make it hardly visible, even with bare feet.

Easy positioning. For the easiest introduction of the cannula into the channel of the ingrown nail, it is essential to use a fine pointed pincer.



FRS0006	Each	£18.95
---------	------	--------



Silicones, Adhesives & Accessories

Bland Rose

Soft silicone with a high elasticity. Ideal silicone for orthotics. The silicone takes the form of a paste and is easy to work with. It is washable, reusable and can provide immediate pain relief.



FRS0029	500g	Each	£39.65
---------	------	------	--------

Fresco Duo 10

A bi-compound 1+1 mixable soft silicone. It is very easy to use. It takes approximately 5 minutes to form a solid. Shore hardness of A10 is achieved 24 hours after the orthosis is created. Non irritant. Washable and reusable. Starter kit contains 100g A + 100g B, and instruction manual.



FRS0091	250g A + 250g B	Each	£42.75
FRS0095	Starter Kit	Each	£23.40

Fresco Medium Silicone

Semi-soft silicone, with average elasticity. A quick setting silicone. Fresco silicone is designed for the production of orthotics and offers a great degree of comfort.



FRS0028	500g	Each	£39.00
---------	------	------	--------

Reaktol Liquid Catalyst

A liquid catalyst used for the mixing of all of the Fresco Silicone range. Use approx 1 drop to 1 cm of silicone.



FRS0026	20ml	Each	£5.40
---------	------	------	-------

Fresco Silicone Starter Kit

The kit includes two types of silicone, soft and medium, together with a liquid catalyst. A CD rom training video is also included. The kit contains: 100g Bland Rose, 100g Fresco medium silicone, 20ml Reaktol liquid catalyst.



FRS0030	Kit	Each	£27.30
---------	-----	------	--------

Ottoform K

Silicone for moulding wedges, separators and toe protectors. Soft and kneadable, when used with the catalyst hardening paste it achieves a putty-like consistency and remains like this for 1-5 minutes. Easy to work with.



OTT170	124ml incl Hardener	Each	£11.20
OTT9	800g incl Hardener	Each	£28.00
OTTH	20g Hardener	Each	£7.55

Castofoam Impression Box

An effective way to achieve the perfect cast. The impression foam comes complete in a closed cell structure which provides a quick, clean and accurate method for casting.



ING177		Each	£1.90
--------	--	------	-------



Deramed Gel

All Deramed gel products contain a cross-linked, three-dimensional polymer network swollen in a medical grade mineral oil. The mineral oil softens, moisturises and lubricates skin. The oil is released slowly helping to break down keratotic lesions and reduce or prevent keloid and hypertrophic scarring.

Gel Starter Kit

With a selection of the most popular products, the kit is ideal as a starter pack or for continued use. A very practical box with transparent cover that comes with 32 units of different gel products. The box is very strong and easy to open and close.

Contents:

Pure Gel Digital Caps - 2 x sml, 2 x lge
Digital Tube (ribbed) - 1 x sml, 1 x med, 1 x lge
Pure Gel Toe Separators - 2 x sml, 2 x med, 2 x lge
Digital Caps (ribbed) - 2 x sml, 2 x lge
Pure Gel Toe Props - 1 pair x sml, 1 pair x lge
Digital Pads - 3 x sml, 3 x med, 3 x lge
Digital Caps (mesh) - 2 x sml, 2 x lge



Actual lid is clear. Image for illustration purposes only.

FRS0090		Each	£58.00
---------	--	------	--------

Digital Caps

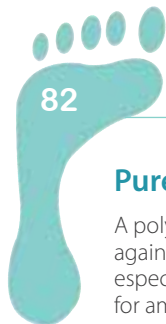
A gel lined cap which offers protection against injury to the surface of the toe, especially the nail area. Ideal protection for amputees, nerve ending damage and ingrown nails. Alleviates pain immediately. Small (1.5cm diameter) - to fit 3rd, 4th & 5th toes, large (2cm diameter) - to fit 1st (big) toe and 2nd toes.



FRS0038	Ribbed Small	Pk6	£13.70
FRS0039	Ribbed Large	Pk6	£14.00
FRS0042	Mesh Small	Pk6	£13.70
FRS0043	Mesh Large	Pk6	£14.00

Don't Miss Out!

Contact us today to make sure you are on our mailing list. This will ensure you receive all our fantastic offers and introductory prices on new products, throughout the year.



Deramed Gel

Pure Gel Digital Caps

A polymer gel cap which offers protection against injury to the surface of the toe, especially the nail area. Ideal protection for amputees, nerve ending damage and ingrown nails. Alleviates pain immediately. Small (1.5cm diameter) - to fit 3rd, 4th & 5th toes, large (2cm diameter) - to fit 1st (big) toe and 2nd toes.



FRS0036	Small	Pk6	£6.40
FRS0037	Large	Pk6	£6.70

Pure Gel Toe Props

Corrective gel toe prop for clawed or hammer toes. The toe ring locates the support in the correct position, reducing movement to a minimum and providing a high level of comfort.

Absorbs shock and vibration, and provides even pressure distribution. Will not bottom out like foam.



FRS0081	Small	2 Pairs	£7.10
FRS0082	Large	2 Pairs	£7.70
FRS0150	Small Left	Pk4	£7.90
FRS0151	Small Right	Pk4	£7.90
FRS0152	Large Left	Pk4	£8.70
FRS0153	Large Right	Pk4	£8.70

Digistrip

Elasticated tube half coated with polymer gel. Excellent for the protection of digits, providing pressure and friction relief from the discomfort caused by corns, calluses, etc. It can be cut to the required length and the fabric will not fray. Each strip measures 72cm in length. Small - 1.5cm diameter, medium - 2cm diameter, large - 2.5cm diameter.



FRS0059	Ribbed Small	Each	£16.45
FRS0060	Ribbed Med	Each	£17.60
FRS0061	Ribbed Large	Each	£18.70

Digital Pads

Elasticated 2cm digital ring with a 2mm thick internal gel disc. Specifically designed to protect chafing, corns, sores and irritation produced by footwear. Offering immediate relief from pain.



FRS0046	Ribbed Small	Pk12	£12.10
FRS0047	Ribbed Med	Pk12	£12.10
FRS0048	Ribbed Large	Pk12	£12.70

Digital Tubes

Elasticated tube with fully gel lined interior, which will totally protect the affected area, and can be cut to the length required. Suitable for both hand and foot, reducing digital friction and lubricating the skin, accelerating the healing process of scars and closed wounds. Recommended for the reduction of digit friction, hard skin and pain reduction during walking. Small 1.5cm diameter, medium 2cm diameter, large 2.5cm diameter. Each tube is 15cm in length.



FRS0064	Ribbed Small	Pk2	£8.55
FRS0065	Ribbed Med	Pk2	£9.05
FRS0066	Ribbed Large	Pk2	£9.50
FRS0062	Mesh Small	Pk2	£8.85
FRS0063	Mesh Large	Pk2	£9.35

Pure Gel Digital Tubes

Pure polymer gel tubing. The tube totally protects the affected area and can be cut to the required length. Suitable for fingers and toes, reducing friction to the digits, hard callused skin and alleviating pain. Small 1.5cm diameter - 3rd, 4th, 5th toes. Large 2cm diameter - 1st (big) toe and 2nd toe. Each tube is 8cm in length.



FRS0067	Small	Pk4	£6.50
FRS0068	Large	Pk4	£6.95

Pure Gel Digital Rings

A pure polymer gel ring, which offers protection after injury to the surface of the toe, protects against pressure and friction on toes and corn sites. This is also effective in alleviating discomfort after damage to the nail. Provides protection and comfort for nail problems, dry or cracked cuticles, corns, hammer toes, kerotic lesions. Full mineral gel coating, softens and protects the skin. Small 1.5cm diameter, large 2cm diameter.



FRS0044	Small	Pk6	£5.35
FRS0045	Large	Pk6	£5.70

Carnation Ingrown Toenail Protector

Gently cushions & protects, offering instant relief. A specially formulated, high performance, extra soft gel which creates a secondary layer of protection around the toe while leaving the painful area clear from any additional pressure which would exacerbate the condition. Washable and reusable. One size fits all.



CANITPO	One Size	Each	£5.20
---------	----------	------	-------

Deramed Gel

Pure Gel Toe Spreaders

Separates the first (big) toe and second toes, holding overlapping toes in their correct position. Suitable for post operative hallux valgus (bunion) patients, it protects against chaffing between the toes. Its elasticity and softness allows it to fit all toes without causing discomfort. Can be cut using scissors. The soft polymer gel provides maximum patient comfort.



FRS0075	Small	Pk4	£2.95
FRS0076	Large	Pk4	£3.35

Pure Gel Toe Separators

Anatomically moulded kidney shape pure gel toe separators, designed to reduce pain caused by friction between the toes. The mineral oil content in the gel drastically reduces the risk of calluses forming. Reduces shearing and inter-digital pressure. The toe separators can be trimmed if required. The soft polymer gel provides maximum patient comfort.



FRS0077	Small	Pk6	£3.65
FRS0078	Medium	Pk6	£4.30
FRS0079	Large	Pk6	£5.10
FRS0080	Extra Large	Pk6	£5.40

Pure Gel Discs

Non adhesive. The gel disc is designed to cushion and alleviate localised pain. Its elasticity, softness and the central depression allows it to fit all feet perfectly. They can be used to reduce abrasion, friction and pressure points. The mineral oil content in the gel moisturises and conditions the skin. Can be held in place by bandaging.



FRS0083	2mm Thick	Pk6	£5.10
---------	-----------	------------	--------------

Pure Gel Bunion Protectors

Immediate action and low intensity soothing gel protector. The soft flexible gel conforms to the bunion site. It contains a mineral oil to help moisturise and soften the skin. Slim design fits easily into the shoe.



FRS0120	One Size	Pk6	£13.55
---------	----------	------------	---------------

5th Toe Gel Bunion Protector

5th toe bunion protector made of soft and elastic moisturising Deramed gel. Its small size and special design allow it to fit perfectly into a shoe, helping to give immediate relief by cushioning the affected area.



FRS0145	One Size	Each	£2.25
---------	----------	-------------	--------------



Toe Spreader & Bunion Protector

Gives immediate relief. Prevents overlapping toes, protects painful bunions, corns and blisters.



FRS0144	One Size	Each	£3.70
---------	----------	------	-------

Corn Ring Protector

Designed to protect the dorsal area of the toes. Ensures perfect positioning to protect the painful corns as well as prevent new ones from forming.



FRS0140	Small	Pk2	£2.40
FRS0141	Large	Pk2	£2.55

Day & Night Bunion Protector

Helps prevent overlapping of toes, alleviating painful bunions, corns and blisters, whilst pushing toes into alignment. The tube keeps the spreader in place, making it suitable for both day and night time use. Fits left or right.



FRS0148	Small	Pk2	£3.05
FRS0149	Large	Pk2	£3.20

Bunion Spreader & Ring

Helps prevent overlapping of toes, alleviating painful bunions, corns and blisters, whilst pushing toes into alignment. The tube keeps the spreader in place, making it suitable for both day and night time use.



FRS0146	Small	Pk2	£2.70
FRS0147	Large	Pk2	£2.85

Bunion Sleeves

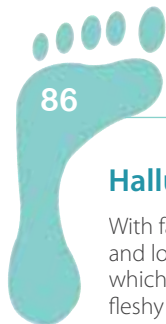
Soft and elastic fabric bunion sleeve that provides immediate relief from the discomfort caused by a bunion. The sleeve incorporates a gel pad that is positioned to relieve the pressure and friction caused by an enlarged toe joint but at the same time taking up very little space in the shoe. The products special design ensures that the gel is held in place on the toe joint providing relief exactly where it is required. Due to the fabrics elastic nature it will fit several foot sizes.



FRS0094	One Size	Each	£4.55
---------	----------	------	-------

Did You Know?

Sweat glands in the feet excrete as much as a half-pint of moisture a day.



Deramed Gel

Hallux Valgus Protectors

With fabric covering. Immediate action and low intensity soothing gel bandage, which provides a constant massage to the fleshy parts and joints. Giving relief and resting the ball of the foot. Available with gel coating on the hallux valgus joint only or with gel coating throughout.



Part Gel Lined

FRS0049	Ladies	Pk2	£11.10
FRS0050	Mens	Pk2	£11.70

Fully Gel Lined

FRS0051	Ladies	Pk2	£12.30
FRS0052	Mens	Pk2	£12.90

Met & Bunion Protector Sleeve

Alleviates pressure in the bunion and metatarsal area. Reversible so will fit left or right.



FRS0142	Small	Each	£5.40
FRS0143	Large	Each	£5.70

Metatarsal Sleeves

Elasticated metatarsal sleeves with gel pad. Very soft and comfortable to wear. Provides protection for metatarsal heads. Helps prevent hard skin and calluses, and reduces pain in the metatarsal area.



FRS0121	Small	Pair	£7.70
FRS0122	Large	Pair	£7.70

Met Bands

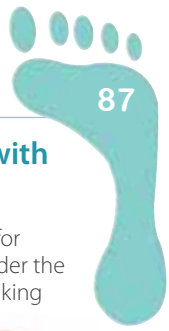
A heart shaped gel pad, protecting and cushioning the metatarsal head. Thanks to its softness and elasticity, the pads will fit any foot perfectly without affecting the blood flow.



FRS0054	Ladies 8cm	Pair	£10.00
FRS0055	Mens 10cm	Pair	£10.30

Find Us On Social Media!

We're on Twitter @TrycareChiropod and you can find us on facebook at facebook.com/trycarechiropody



Silicone Met Protector

An ultra low profile metatarsal protector made from silicone, specially designed for women. Ideal for relieving burning sensation under the metatarsal caused by standing, walking for long periods and wearing high heeled shoes. Also ideal for people who want extra comfort. The products low profile makes it excellent for open toe sandals and court shoes. Non-slip.



FRS0021	One Size	Pair	£3.10
---------	----------	------	-------

Pure Gel Met Protector with Toe Loop

A metatarsal head protector. Ideal for relieving the burning sensation under the metatarsal caused by standing, walking for long periods and wearing high heeled shoes. Also ideal for people who want extra comfort. At 2.5mm in depth, the protector is unobtrusive and will prevent foot pain and callusing of the foot.



FRS0093	One Size	Pair	£3.80
---------	----------	------	-------

Met Protector with Toe Loop

A metatarsal head protector consisting of a 2mm gel film between fabric sheets. The fabric is non-stretch and slip resistant to avoid movement within the shoe. The top cover is brushed fabric to provide maximum comfort. The metatarsal protector is unobtrusive and will alleviate foot pain during walking and reduce callusing of the foot.



FRS0056	Small	Pair	£7.70
FRS0057	Large	Pair	£8.00

Gel Forefoot Covers

Anti-friction pouch. A thin layer of gel sandwiched between elastic fabric. The gel provides cushioning to the metatarsals and the top, tip and bottom of the toes. Ideal for patients with hammer toe, apical corns or metatarsalgia. Can also be used by ballet dancers to relieve discomfort when dancing on pointe.

Small: 126mm length, 98mm width, 2.2mm gel sole thickness.
Large: 142mm length, 110mm width, 2.6mm gel sole thickness.



FRS0088	Small	Pair	£8.00
FRS0089	Large	Pair	£9.00



Deramed Gel

Gel Heel Cups (Blue Dot)

Manufactured with two different types of silicone, soft and firm. The blue coloured area is extra soft providing an added cushioning zone and offering extra comfort for areas that receive heavier pressure loads. It has been designed to be used for patients with calcaneus heel spurs, plantar fasciitis and general heel pain. It is also ideal for people who are on their feet for long periods of time. It absorbs pressure and reduces stress on the heels. This product is designed to provide comfort and offer pain relief.



FRS0018	Small UK 3-4	Pair	£8.90
FRS0019	Medium UK 5-7	Pair	£8.90
FRS0020	Large UK 7.5-10	Pair	£8.90

Comfort Gel Insoles

An extra slim insole, incorporating two densities of silicone. Comfort insoles provide excellent shock absorption, assisting in relieving knee, leg and hip pain. These insoles are a superb comfort device for tired feet and they take up very little space in footwear. Ideal for ladies shoes.



FRS0007	Small UK 3.5-4.5	Pair	£10.20
FRS0008	Medium UK 5-6	Pair	£10.20
FRS0009	Large UK 7	Pair	£10.20

3/4 Length Gel Insoles

Manufactured with a small arch elevation. Ideal for tired feet. Helps to relieve pain and assist in the reduction of callus formulation. They will aid in the reactivation of blood flow and assist in providing fast control to oedemas and haematomas. The blue silicone is a softer density than the clear silicone providing extra comfort for areas that receive heavier pressure loads.



FRS0010	Small UK 3-4	Pair	£11.60
FRS0011	Medium UK 4.5-6	Pair	£11.60
FRS0012	Large UK 6.5-7.5	Pair	£11.60

Full Length Gel Insoles with Metatarsal Dome

Manufactured with two different levels of silicone: soft and firm. The blue coloured area is extra soft giving greater cushioning in areas subject to heavy pressure loads. This product is ideal for the reduction of pain in the metatarsals, heels, hips and knees. It will also assist in the prevention of callusing. Produced in an anatomical shape with metatarsal elevation.



FRS0013	X Small UK 3-4	Pair	£13.60
FRS0014	Small UK 4-5.5	Pair	£13.60
FRS0015	Medium UK 6-7	Pair	£13.60
FRS0016	Large UK 7.5-8	Pair	£13.60
FRS0017	X Large UK 9-10	Pair	£13.60

Full Length Gel Insoles without Metatarsal Dome

Manufactured with two different levels of silicone: soft and firm. The blue coloured area is extra soft, giving greater cushioning in areas subject to heavy pressure loads. This product is indicated for the reduction of pain in the metatarsals, heels, hips and knees. It will also assist in the prevention of callusing. Produced in an anatomical shape **without** metatarsal elevation. Diabetic friendly.

DIABETICS ✓



FRS0111	XX Small UK 1-2	Pair	£13.70
FRS0112	X Small UK 3-4	Pair	£13.70
FRS0113	Small UK 4-5.5	Pair	£13.70
FRS0114	Medium UK 6-7	Pair	£13.70
FRS0115	Large UK 7.5-8	Pair	£13.70
FRS0116	X Large UK 9-10	Pair	£13.70

Heel Softening Gel Sleeve

Toeless elastic sock with a pad of gel moulded to adjust to the heel. Alleviates pain related to heel bursitis & other heel injuries. Helps reduce and prevent heel cracks. Used as a night sleeve, it helps reduce heel ulcerations. Washable and reusable.



FRS0110	One Size	Pair	£9.40
---------	----------	------	-------

Malleoli Protector Sleeve

Gel pads at both sides of the ankle bone protect from abrasion & friction, helps prevent calluses, protection from leg splints, braces & footwear. Ideal for use with sports boots. Washable & reusable.



FRS0108	Womens	Each	£8.40
FRS0109	Mens	Each	£8.40

Achilles Protector Sleeve

A soft cushioning gel pad moulded in a toeless sock. Alleviates pain from achilles tendonitis, bursitis, and other achilles injuries. Protects against friction, sores and corns. Washable and reusable.



FRS0102	Small	Each	£7.70
FRS0103	Large	Each	£7.70

Clearance Offers

Visit our website for exclusive offers on clearance products.

Buy them while you can though, because when they're gone they're gone forever!



Epitact Gel

Epitact provides biomechanical, cosmetic and dermo-mechanical products for both the Foot Health practitioner and for the general public.

- **EPITHELIUM 26** - A true substitute for the footpad as it prevents and helps alleviate pain at the ball of the foot.
- **EPITHELIUM 27** - Developed in response to a need for a friction reducing medium. Self adhesive & washable.
- **EPITHELIUM 29** - Combines the self adhesiveness of Epithelium 27 with the mechanical properties of Epithelium 26 to act as a protective interface between the human body and its external environment.

Digitops with Epithelium 26®

1mm of Epithelium 26® distributes pressure and relieves pain instantly. The gel is inserted between two layers of fabric for a better wear resistance. The fine fabric and thin layer of gel means there is no added pressure or itchiness on neighbouring toes.

Indications Toe pain and pressure.



EPT016	Small 23mm	Pk2	£7.10
EPT017	Medium 26mm	Pk2	£7.10
EPT018	Large 36mm	Pk2	£7.10

Digitubes with Epithelium 26®

1mm of Epithelium 26® is enough to relieve pressure and prevent the formation of dorsal and interdigital/soft corns. The materials softness and elasticity makes it comfortable to wear. The small size makes them easy to wear on neighbouring toes.

Indications Protection of corns and interdigital corns after treatment.



EPT012	Small 22mm	Pk3	£7.10
EPT013	Medium 25mm	Pk3	£7.10
EPT014	Large 33mm	Pk3	£7.10
EPT015	Assorted (S,M,L)	Pk3	£7.10

Top Prop Cushions with Epithelium 26®

These cushions allow the toes to comfortably stretch and thereby limit the formation of soft and dorsal corns. Their shape means they adapt perfectly to the space located under the toes. The flexible elastic band is placed around the third toe to hold the pad in place. The soft material and ability to absorb perspiration makes these pads comfortable to wear.

Indications Hammer toes, claw toes, dorsal corns.



EPT024	Small	Pair	£11.90
EPT025	Large	Pair	£11.90

Separators with Epithelium®

Prevent & relieve soft corns at the base of interdigital spaces. Epithelium™ is a supple gel that adapts itself perfectly to the contour of the foot for immediate comfort. With its shape and adhesiveness, the separator remains in place throughout the day. The separators contain an antimicrobial compound that prevents fungal development.

Indications Interdigital/soft corns, protection of corns after treatment.



EPT019	Small	Pk6	£6.90
EPT020	Large	Pk4	£6.90

Toe Tip Protector (Hammer Toe) with Epithelium 26®

The Epithelium 26® toe protector distributes pressure and limits the formation of corns on the tops of toes. These protectors protect all of the toes, yet are small and easy to wear. The fabric is soft and absorbs perspiration, making this device very comfortable to wear. It also provides warmth to the tips of toes, helping poor circulation.

Indications Hammer toes, claw toes, dorsal corns.



EPT021	Small UK 3.5-5	Pair	£11.90
EPT022	Med UK 5.5-7.5	Pair	£11.90
EPT023	Large UK 8-10.5	Pair	£11.90

Epitact Gel

Corrective Orthosis

Correct and limit the development of hallux valgus (bunion) while relieving joint pains. Easily fits in all kinds of shoes thanks to its flexible and ultra thin patented design. It enables the straightening up of the big toe and also the absorption of pressure on the bunion, relieving pain. Machine washable at 40°C (washing net provided). A long lasting life span.



EPT054	Small 21.5cm	Each	£16.30
EPT055	Medium 23cm	Each	£16.30
EPT056	Large 24.5cm	Each	£16.30

Double Protective Cushions with Epithelium 26®

The Epitact Double Protection Cushion is a gel sleeve which provides excellent protection for the ball of the foot and bunion area. The gel pad is made out of a newly designed silicone gel material (Epithelium 26) with mechanical properties close to the human foot pad.

It redistributes the pressure on the bunion area and the ball of the foot, reducing friction and alleviating pain. The pad is only around 1mm thick around the bunion area so it fits comfortably in all footwear without taking up room in the shoe. They can be worn very comfortably under tights or socks. The pads are washable and reusable.

Hallux Valgus Protection with Epithelium 26®

A 1mm thick Epithelium 26® silicone gel module is positioned over the bunion area to prevent rubbing without adding pressure by making the shoes too tight. The Epithelium 26® module provides protection for added comfort but does not correct the hallux valgus (bunion). The fabric has been selected for its ability to absorb perspiration in addition to its softness. The product is very comfortable to wear, and is discrete in most footwear.



EPT009	Small	Each	£11.10
EPT010	Medium	Each	£11.10
EPT011	Large	Each	£11.10



EPT048	Small	Pair	£18.30
EPT049	Medium	Pair	£18.30
EPT050	Large	Pair	£18.30

Anti-Crack Heel Protector

Relieves pain caused by pressure and friction on cracked and painful heels. Redistributes pressure at the heel area and provides continuous moisturisation, improving appearance in only 3 weeks. Washable and reusable.



EPT057	One Size	Pk2	£12.50
--------	----------	-----	--------

Diabetic Callus Pad with Epithelium Activ

Designed for diabetics feet with long lasting adhesive properties. When applied to the skin, it is a genuine friction inhibitor but also possesses load balancing properties. It can be painlessly removed even from a hairy surface. These patches are very thin and comfortable. They evenly distribute pressure in painful areas.



DIABETICS ✓

EPT027	One Size	Pk3	£4.95
--------	----------	-----	-------

Diabetic Wart Pad with Epithelium Activ

Designed for diabetics feet with long lasting adhesive properties. When applied to the skin, it is a genuine friction inhibitor but also possesses load balancing properties. It can be painlessly removed even from a hairy surface. These patches are very thin and comfortable. They distribute pressure around the wart and by their occlusive effect, aid in its removal.



DIABETICS ✓

EPT026	One Size	Pk5	£7.80
--------	----------	-----	-------

Diabetic Hallux Valgus Pad with Epithelium Activ

Designed for diabetics feet with long lasting adhesive properties. When applied to the skin, it is a genuine friction inhibitor but also possesses load balancing properties. It can be painlessly removed even from a hairy surface. These patches are very thin and comfortable. They distribute pressure and reduce rubbing that causes pain. Can be worn in any kind of shoes.



DIABETICS ✓

EPT028	One Size	Pk2	£4.95
--------	----------	-----	-------



Diabetic Blister Pad with Epithelium Activ

Designed for diabetics feet with long lasting adhesive properties. When applied to the skin, it is a genuine friction inhibitor but also possesses load balancing properties. It can be painlessly removed even from a hairy surface. These patches are very thin and comfortable. They provide pain relief as soon as they are applied, as they evenly distribute pressure in painful areas. Can be worn in any kind of shoes.

**DIABETICS** ✓

EPT029	One Size	Pk2	£4.25
--------	----------	-----	-------

Plantar Cushions with Epithelium 26®

The gel under the forefoot distributes pressure in painful areas. These cushions can be worn discretely in your regular shoes. The fabric absorbs perspiration in addition to its softness.

Indications Pressure/pain on the ball of the foot, calluses, rheumatism, morton disease, prolonged standing, strained feet.



EPT001	Small UK 3.5-5	Pair	£16.70
EPT002	Med UK 5.5-7.5	Pair	£16.70
EPT003	Large UK 8-10.5	Pair	£16.70

Epithelium 29® Gel Square

Epithelium 29® is a slightly adhesive gel that is resistant to excess pressure and can be washed and re-used. At 2mm thick it is ideal for distributing pressure whilst remaining comfortable in shoes. Fabric on one side, gel on the other. Single fabric side provides greater resistance.



EPT034	2mm	20x20cm Single Sided	Each	£16.70
--------	-----	----------------------	------	--------

Free Delivery

Free delivery available on all orders of £50 before VAT (Free delivery applies to mainland UK only).



Hapla Modular Orthotics

Biomechanically engineered system of prefabricated gel components.

Please note: pictures appear blue for contrast, the actual products are clear.

Hapla Heel Wedge

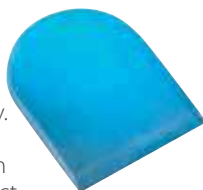
Varus wedge will reduce pronation, prevents foot flattening and reduces excessive motion of subtalar and midtarsal joints. Will tilt heel to inside, reducing lateral instability. All components are self adhesive.



MDLHWS3	Small 3.2mm	Pair	£5.20
MDLHWS6	Small 6.4mm	Pair	£5.20
MDLHWL3	Large 3.2mm	Pair	£5.20
MDLHWL6	Large 6.4mm	Pair	£5.20

Hapla Heel Lift

Offers compensation for short leg deformity. It also provides level hip alignment and can be combined to correct thickness. All components are self adhesive.



MDLHL3	Small 3.2mm	Each	£4.25
MDLHL6	Small 6.4mm	Each	£4.25
MDLHL7	Large 3.2mm	Each	£4.25
MDLHL8	Large 6.4mm	Each	£4.25

Hapla Metatarsal Pad

Used for metatarsalgia, intractable plantar keratoma, tylomas bursitis, capsulitis, periostitis or metatarsal and associated joints. All components are self adhesive.



MDLMP	Small	Pair	£4.25
MDLMPL	Large	Pair	£4.25

Hapla Longitudinal Arch Support

For plantar fasciitis, tendonitis, shin splints, heel pain, interdigital neuroma, medical angle foot pain, leg discomfort and fatigue. Controls excessive pronation and eases leg discomfort. All components are self adhesive.



MDLLRCHSS	Small	Pair	£4.85
MDLLRCHSL	Large	Pair	£4.85

Hapla Gel Toe Divider

The Double Loop Divider, offers a comfortable, gentle re-alignment of the 2nd toe to the hallux with a soft spacer bar to separate the toes as well. Washable. Made of polymer mineral gel.



HGEL160	Pk6	£5.10
---------	-----	-------

Scalpel Blades & Handles

Sharp Deals on Swann Morton Scalpel Blades!

BULK DISCOUNT

Multi-buy discounts available on most Swann Morton scalpel blades. Precision, consistency & reliability have helped to establish Swann Morton surgical blades as the preferred brand for healthcare professionals. **Swann Morton scalpel blades are sold in boxes of 100.**

Scalpel Blade No.6

Suitable for
scalpel handle:
3, 7, 9, B3.



	Pk100	Each	10+
6C	Red Box	£9.20	£8.10
6PAR	Paragon	£9.50	£9.00

Scalpel Blade No.10

Suitable for
scalpel handle:
3, 7, 9, B3.


TOP SELLER

	Pk100	Each	10+
10C	Red Box	£8.10	£7.70
10NS	Blue Box	£7.80	£6.90
10S	Green Box	£10.50	£9.30
10PAR	Paragon	£9.80	£8.70

Scalpel Blade No.10A

Suitable for
scalpel handle:
3, 7, 9, B3.



	Pk100	Each	10+
10AC	Red Box	£9.20	£8.10
10ANS	Blue Box	£7.80	£6.90
10AS	Green Box	£10.50	£9.30

RED BOX - Carbon Steel Sterile
BLUE BOX - Carbon Steel Non-Sterile
GREEN BOX - Stainless Steel Sterile
PARAGON - Stainless Steel Sterile

Scalpel Blade No.11

Suitable
for scalpel
handle: 3, 7,
9, B3.


TOP SELLER

	Pk100	Each	10+
11C	Red Box	£8.10	£7.70
11NS	Blue Box	£7.80	£6.90
11S	Green Box	£10.50	£9.30
11PAR	Paragon	£9.80	£8.70

Scalpel Blade No.12

Suitable for
scalpel handle:
3, 7, 9, B3.



	Pk100	Each	10+
12C	Red Box	£9.80	£8.70
12S	Green Box	£10.50	£9.30

Scalpel Blades & Handles



Burs, Blades & Abrasives

97

Scalpel Blade No.12D

Suitable for
scalpel handle:
3, 7, 9, B3.



	Pk100	Each	10+
12D	Red Box	£12.70	£11.20
12DS	Green Box	£14.10	£12.40

Scalpel Blade No.15C

Suitable for
scalpel handle:
3, 7, 9, B3.



	Pk100	Each	10+
15CC	Red Box	£9.20	£8.10
15CNS	Blue Box	£7.80	£6.90
15CS	Green Box	£10.50	£9.30

Scalpel Blade No.14

Suitable for
scalpel handle:
3, 7, 9, B3.



	Pk100	Each	10+
14C	Red Box	£9.20	£8.10
14S	Green Box	£10.50	£9.30

Scalpel Blade No.15T

Suitable for
scalpel handle:
3, 7, 9, B3.



	Pk100	Each	10+
15T	Red Box	£9.20	£8.10
15PAR	Paragon	£9.80	£8.70

Scalpel Blade No.15

Suitable for
scalpel handle:
3, 7, 9, B3.



TOP SELLER

	Pk100	Each	10+
15CAR	Red Box	£8.10	£7.70
15NS	Blue Box	£7.80	£6.90
15S	Green Box	£10.50	£9.30
15PAR1	Paragon	£9.80	£8.70

Scalpel Blade No.D15 Sabre

Suitable
for scalpel
handle: 3, 7,
9, B3.



	Pk100	Each	10+
D15SAB	Red Box	£12.70	£11.20

Don't Miss Out!

Contact us to make sure you are on our mailing list. This will ensure you receive all our fantastic offers & introductory prices on new products throughout the year.



Scalpel Blades & Handles

Scalpel Blade No.20

Suitable
for scalpel
handle: 4



	Pk100	Each	10+
20C	Red Box	£9.20	£8.10
20NS	Blue Box	£7.80	£6.90
20PAR	Paragon	£10.00	£8.80

Scalpel Blade No.22

Suitable
for scalpel
handle: 4



	Pk100	Each	10+
22C	Red Box	£9.20	£8.10
22NS	Blue Box	£7.80	£6.90

Scalpel Blade No.23

Suitable
for scalpel
handle: 4



	Pk100	Each	10+
23C	Red Box	£9.20	£8.10
23NS	Blue Box	£7.80	£6.90
23S	Green Box	£10.50	£9.30
23PAR	Paragon	£10.00	£8.80

Free Delivery

FREE delivery on all UK mainland
orders over £50 (before VAT)

Scalpel Blade No.25

Suitable
for scalpel
handle: 4



	Pk100	Each	10+
25C	Red Box	£9.20	£8.10

Scalpel Blade No.26

Suitable
for scalpel
handle: 4



	Pk100	Each	10+
26C	Blue Box	£7.80	£6.90

Scalpel Blade No.E11

Suitable
for scalpel
handle: 3, 7,
9, B3.



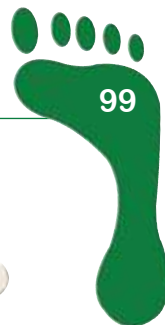
	Pk100	Each	10+
E11C	Red Box	£12.70	£11.20
E11	Blue Box	£11.20	£9.90
E11S	Green Box	£14.10	£12.40

Scalpel Blade No.E11 Sabre

Suitable
for scalpel
handle: 3, 7,
9, B3.



	Pk100	Each	10+
E11SAB	Red Box	£12.70	£11.20



Swann Morton Scalpel Handles

Stainless steel autoclavable scalpel handles.

SH3S	No. 3	Each	£2.10
SH4S	No. 4	Each	£2.10
SH7SS	No. 7	Each	£4.45
SH9S	No. 9	Each	£2.95
SHB3	No. B3	Each	£11.50



Swann Morton Fine Micro-Surgical Blades

Stainless steel fine micro surgical scalpel blades. Individually wrapped.

61	SM61	Pk25	£20.10
62	SM62	Pk25	£20.10
63	SM63	Pk25	£46.00
64	SM64	Pk25	£20.10
65	SM65	Pk25	£20.10
67	SM67	Pk25	£20.10
68	SM68	Pk25	£20.10
69	SM69	Pk25	£46.00



Micro-Surgical Scalpel Handles

Stainless steel fine scalpel handles. With independently screwed top sections to facilitate blade changing.

ES149	SF1 125mm	Each	£6.60
ES150	SF2 100mm	Each	£6.60
ES151	SF3 75mm	Each	£6.60
ES152	SF4 50mm	Each	£6.60



Scalpel Blades & Handles

Swann Morton Single Use Complete Scalpels

Sterile, stainless steel, individually wrapped, surgical scalpel blades, complete with non removable handles.



SC10	No. 10	Pk10	£2.80
SC10A	No. 10A	Pk10	£2.80
UPDS011	No. 11	Pk10	£2.80
UPDS012	No. 12	Pk10	£2.80
12DP	No. 12D	Pk10	£2.90
SC15	No. 15	Pk10	£2.80
SC15C	No. 15C	Pk10	£2.65
20DISP	No. 20	Pk10	£2.80
21	No. 21	Pk10	£2.80
22DISP	No. 22	Pk10	£2.80
23DISP	No. 23	Pk10	£2.80
24DISP	No. 24	Pk10	£2.80

Sharps Containers

Dedicated sharps containers for the disposal of sharps, excluding those contaminated with medicinal products and their residues.



CNSM0012	0.6L Small	Each	£1.60
CNSM0011	2.5L Med	Each	£2.00
CNSM0010	4L Large	Each	£2.20

Swann Morton Blade Remover Box

Safe and easy removal of scalpel blades.



BULK DISCOUNT

	Multibuy	Each	10+
BRBP		£0.85	£0.75

Single Use Blade Remover

An easy to use safety device. Disposable and sterile for single use, it protects staff when removing scalpel blades.



BLADEREMSM	Pk100	£8.60
------------	--------------	--------------

Scalpel Ex Blade Removing Instrument

For the safe removal of scalpel blades. Lift the blade easily and safely from the instrument.



HGRW0121	Each	£15.80
----------	-------------	---------------

Open An Online Account Today!

Opening an online account is quick and easy. Visit trycare.co.uk/register to get started!

Gouge Blades Precise Treatment



Great for particularly sensitive work on problem areas. They are held like a pencil which gives the user the precision needed to treat the patient effectively. The precise edge on the blade makes it possible to perform a deep, clean cut. Gouge blades are easily changed and are individually packed in sterile packaging. Blades 1, 2 & 3 - For the removal of corns, hard skin in the nail fold and ingrown toenails as well as soft corns between the toes. Blades 5 & 12 - For the removal of hard skin & treating cracked heels.



Corn removal using a small blade after the core has been removed.



Releasing and removing a corn using blade 1 or 2.



Working on the corn area using blade 3.



Precise, sensitive treatment to the nail fold.



Removal of hard skin between the toes.



Removal of pressure sites on the forefoot.

GBLD001	Size 1	Pk50	£26.30
GBLD002	Size 2	Pk50	£26.30
GBLD003	Size 3	Pk50	£26.30

GBLD005	Size 5	Pk50	£26.30
GBLD012	Size 12	Pk20	£18.50
GBLDH00	Handle	Each	£21.60

Burs & Abrasives

PBS Diamond Burs

PBS diamond burs have diamond crystals bonded directly to a hardened stainless steel shank. PBS Burs have a uniform distribution of diamond crystals permitting smoother grinding and faster cutting. Diamond crystals are placed precisely and evenly at the tops and corners of all PBS Bur shapes. These Burs last longer and cut faster because of this unique process. Most other diamond instruments are electroplated which creates only a mechanical locking of the diamond to the shank. In time this will cause the diamond particles to fall off. PBS Burs actually wear smooth before the diamond crystals pull out. Suitable for autoclaving or cold sterilisation.

- Bud** Popular pattern for nail reduction. Useful for smoothing rough edges.
- Olive** Similar to the Pear and Bud burs.
- Pear** Ideal for smoothing rough edges of the nail.
- Taper** For the treatment of incurvated nails or the nail groove.
- Barrel** For the reduction of thick and deformed nails.
- Short** Ideal for better control in treating the smaller digits.
- Umbrella** For the reduction of hyperkeratoses, tylomas and heel callus.



Premier PBS Intro Kit

Containing one of each: Bud, Short, Taper and Umbrella.

TOP SELLER

Multibuy		Each	3+
PREMDIAINTRO	Intro Kit	£68.00	-
PREMDIABUD	Bud	£17.10	£15.70
PREMDIAOLIVE	Olive	£17.10	£15.70
PREMDIAPEAR	Pear	£17.10	£15.70




























Multibuy		Each	3+
PREMDIATAPER	Taper	£17.10	£15.70
PREMDIABARR	Barrel	£17.10	£15.70
PREMDIASHORT	Short	£17.10	£15.70
PREMDIAUMB	Umbrella	£19.10	£17.60

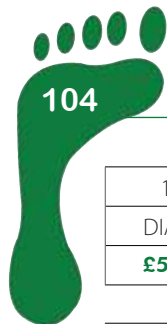
Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)





HP Diamond Burs (UK Made)





Manufactured from diamond crystals, focusing on quality, ease of use and value for money. Produced on advanced machinery and designed to exact specifications.

DT58 DIADT58 £5.40		E DIAE £5.40		F DIAF £5.40		369 DIA369 £7.20	
6 DIA6 £2.35		7 DIA7 £2.35		4B DIA4B £2.35		A DIAA £8.70	
10 DIA10 £2.35		11 DIA11 £2.35		12 DIA12 £2.35		20 DIA20 £5.40	
105 DIA105 £2.35		DT51 DIADT51 £2.35		2B DIA2B £2.35		DB706 DIADB706 £2.35	
1 DIA1 £2.35		DB702 DIADB702 £2.35		2 DIA2 £2.35		DB704 DIADB704 £2.35	
1B DIA1B £2.35		99 DIA99 £2.35		100 DIA100 £2.35		101 DIA101 £2.35	
102 DIA102 £2.35		5 DIA5 £2.35		860 DIA860 £7.20			



Burs & Abrasives

16		D		830		15B	
DIA16		DIAPEAR		DIA830		DIA15B	
£5.40		£5.40		£7.20		£5.40	

3		13		DT50		15	
DIA3		DIA13		DIADT50		DIA15	
£2.35		£5.40		£5.40		£5.40	

Shofu White Stone Burs

Manufactured from pure aluminium oxide grit and are completely free from carbon contaminants.

			
461A	463A	464A	465A
SHOFU461A	SHOFU463A	SHOFU464A	SHOFU465A
Each	Each	Each	Each
12+	12+	12+	12+
£1.35	£1.35	£1.35	£1.35
£0.85	£1.00	£1.00	£1.00

Rubynit Trimmers

Rubynised grinding burs in standard grit. Permits precise grinding without generating heat.

RUBYNIT11	11	£10.00
RUBYNIT12	12	£10.00
RUBYNIT13	13	£10.00
RUBYNIT15	15	£10.00
RUBYNIT16	16	£10.00
RUBYNIT32	32	£7.70
RUBYNIT34	34	£7.90
RUBYNIT36	36	£7.90



Tungsten Carbide Cutters

High speed cutters made from tungsten carbide, the hardest material next to diamonds.

H261GSQ £17.70		H261E £11.00	
H79GSQ £22.00		H79E £15.30	
H351GSQ £26.50		H351E £15.30	
H251GSQ £26.50		H251E £15.30	

Gerlach Abrasive Caps

High quality grinding caps with corresponding mandrels.



GHWL0069	5mm Medium Caps	Pk50	£26.35
GHWL0070	5mm Coarse Caps	Pk50	£26.35
GHWL0071	7mm Medium Caps	Pk50	£28.00
GHWL0072	7mm Coarse Caps	Pk50	£28.00
GHWL0073	10mm Medium Caps	Pk50	£28.95
GHWL0074	10mm Coarse Caps	Pk50	£28.95
GHWL0075	13mm Medium Caps	Pk50	£34.65
GHWL0076	13mm Coarse Caps	Pk50	£34.65
GHWL0063	5mm Mandrel	Each	£4.95
GHWL0060	7mm Mandrel	Each	£5.20
GHWL0066	10mm Mandrel	Each	£5.50
GHWL0077	13mm Mandrel	Each	£5.50

Moore's Mandrel

Mandrel for the attachment of Moore's abrasive discs. Has a flat head with a single line across the top. Type B Long.



See next page for discs

MTBL	Each	£2.00
------	-------------	--------------

Fun Fact

The average person takes 8,000 to 10,000 steps a day, which adds up to about 115,000 miles over a lifetime. That's enough to go around the circumference of the earth four times!

Burs & Abrasives

Moore's Discs

Convenient, single use, disposable discs for the removal of nail and callus tissue. They snap on and off easily, no screws to drop or lose. Can be used with the grit side in or out and will not come off with the reversal of the handpiece/drill. Available in two grits: Garnet - natural grit for consistency. Adalox - open coat for general purpose work.



BULK DISCOUNT

		Multibuy		Each	12+	24+
DTB34F	Garnet	3/4 19mm Fine	Pk50	£2.75	£2.25	£1.75
DTB34M	Garnet	3/4 19mm Medium	Pk50	£2.75	£2.25	£1.75
DTB34C	Garnet	3/4 19mm Coarse	Pk50	£2.75	£2.25	£1.75
DTB34XC	Garnet	3/4 19mm Extra Coarse	Pk50	£2.75	£2.25	£1.75
DTB78F	Garnet	7/8 22mm Fine	Pk50	£2.75	£2.25	£1.75
DTB78M	Garnet	7/8 22mm Medium	Pk50	£2.75	£2.25	£1.75
DTB78C	Garnet	7/8 22mm Coarse	Pk50	£2.75	£2.25	£1.75
DTB78XC	Garnet	7/8 22mm Extra Coarse	Pk50	£2.75	£2.25	£1.75
TRYKD34F	Adalox	3/4 19mm Fine	Pk50	£3.95	£3.45	£2.95
TRYKD34M	Adalox	3/4 19mm Medium	Pk50	£3.95	£3.45	£2.95
TRYKD34C	Adalox	3/4 19mm Coarse	Pk50	£3.95	£3.45	£2.95
TRYKD78F	Adalox	7/8 22mm Fine	Pk50	£3.95	£3.45	£2.95
TRYKD78M	Adalox	7/8 22mm Medium	Pk50	£3.95	£3.45	£2.95
TRYKD78C	Adalox	7/8 22mm Coarse	Pk50	£3.95	£3.45	£2.95

Moore's Plastic Discs

BULK DISCOUNT

All the features of the original Moore's abrasive discs, now reinforced with plastic, ensuring a strong, durable, long lasting abrasive surface.

	Multibuy		Each	12+	24+
DPG34M	3/4 19mm Medium	Pk50	£3.95	£3.45	£3.00
DPG34C	3/4 19mm Coarse	Pk50	£3.95	£3.45	£3.00
DPG78M	7/8 22mm Medium	Pk50	£3.95	£3.45	£3.00
DPG78C	7/8 22mm Coarse	Pk50	£3.95	£3.45	£3.00



Swiss File

Made of stainless steel, it can be sterilised. The abrasives are sterile, individually packed and designed for single use only. The adhesive backed abrasives are easily applied to the handle within seconds.

- No time consuming abrasive cleaning
- Superior hygiene
- Autoclavable handle
- Environmentally friendly
- Abrasive available in 3 grits.

The abrasives are available in 3 grits - Fine (220 grain), Medium (100 grain), Coarse (60 grain).

USFK000	Swiss File	Each	£14.95
USFK220	Fine Abrasive	Pk80	£17.95
USFK100	Medium Abrasive	Pk80	£17.95
USFK060	Coarse Abrasive	Pk80	£17.95



Double Sided File 184K XL

Extra large in a concave form that provides enormous sturdiness. Made of a high quality solid plastic that won't break. Washable. 24cm.



Multibuy		Each	12+
CFK034	Curved	£2.10	£1.75

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)

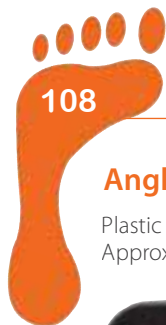
Double Sided Foot File 1847

With single use removable patches.

Double sided foot file made from extremely thick solid plastic. For an efficient and comfortable reduction of corns and calluses. To be used with single use file patches. The patches have a special adhesive film that does not harden, so they can be easily removed.



CFK033	File Handle	Each	£3.75
CFK035	100 Grit Coarse	Pk10	£3.05
CFK036	150 Grit Medium	Pk10	£3.05
CFK038	240 Grit Fine	Pk10	£3.05



Angled Foot File 184A

Plastic double sided angled foot dresser.
Approx 20cm in length.

**BULK DISCOUNT**

Multibuy	Each	12+	50+
CFK047	£1.30	£1.00	£0.85

Straight Foot Dressers

Double sided with plastic handle. Available
in blue or white.

**BULK DISCOUNT**

Multibuy		Each	12+	50+
CFK002	White	£1.05	£0.85	£0.70
CFK003	Blue	£1.05	£0.85	£0.70

Wooden Handled File

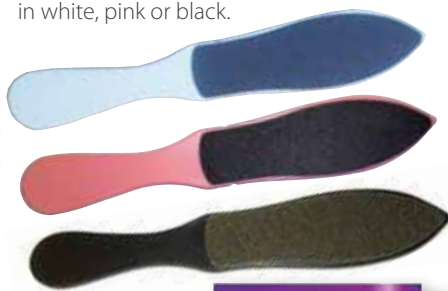
Double sided with wooden handle. 27cm
in length.

**BULK DISCOUNT**

Multibuy	Each	12+	50+
CFK004	£3.70	£3.00	£2.60

Lispro Foot Sanders

Double sided with plastic handle. Available
in white, pink or black.

**BULK DISCOUNT**

Multibuy		Each	12+	50+
LISPROW	White	£4.30	£3.70	£3.25
LISPROP	Pink	£4.30	£3.70	£3.25
LISPRO	Black	£4.30	£3.70	£3.25

Foot Dresser Emery Boards

Double sided professional nail files. Ideal for
detailed work in pedicure, corn or dead skin
in small niches. Length 18cm.



18cm

BULK DISCOUNT

Multibuy	Pk5	24+ Packs
CFK052	£0.35	£0.25

Nail Dresser Emery Boards



18cm in length.

BULK DISCOUNT

Multibuy	Each	24+
CFK030	£0.15	£0.10

Sunflower Emery Boards



18cm.

BULK DISCOUNT

Multibuy	Each	12+	24+
CFK031	£0.70	£0.60	£0.50

Four Sided Rasp

Hand crafted premium rasps made from stainless steel.



ES126	Each	£9.50
-------	-------------	--------------

Wooden Cuticle Sticks

For trimming cuticles and cleaning.
The classic and unreached tool to shapen and reduce cuticles and clean the nail area.
Made from re-forested wood.



BULK DISCOUNT

CFK053	Pk10	£1.10
--------	-------------	--------------

Double Sided Rasp

Hand crafted premium rasps made from stainless steel.



ES125	Each	£5.50
-------	-------------	--------------

Stainless Steel Foot Dressers

BULK DISCOUNT

	Multibuy	Each	12+	50+
FD8	20cm 8"	£3.50	£2.90	£2.00
FD6	15cm 6"	£3.50	£3.00	



DiamonDeb Nail Dresser

BULK DISCOUNT

	Multibuy	Each	6+	12+
FDDF020	20cm 8"	£3.25	£3.00	£2.75
FDDF015	15cm 6"	£2.75	£2.50	£2.25
FDDF010	10cm 4"	£2.50	£2.25	£2.00





Economy Nippers

ES186 General Purpose 12cm

12cm general purpose nippers. Curved blade with gripped handle. Barrel sprung. With catch.

ES186	Each	£18.90
-------	------	--------



ES187 General Purpose 12.5cm

12.5cm nippers. With a very fine pointed, straight blade. Double sprung. Complete with spare springs.

ES187	Each	£26.80
-------	------	--------



ES188 General Purpose 12.5cm

12.5cm nippers. With a fine straight blade. Double sprung. Complete with spare springs.

ES188	Each	£26.80
-------	------	--------



ES189 General Purpose 13cm

13cm general purpose nippers. Curved blade with a very smooth handle. Double sprung. Complete with spare springs.

ES189	Each	£22.10
-------	------	--------



ES192 General Purpose 13cm

13cm general purpose nipper. Straight blade, double sprung. Complete with spare springs.

ES192	Each	£23.60
-------	------	--------



Economy Nippers

111

Instruments



ES102 General Purpose 13cm

13cm general purpose nippers. Straight blade and double sprung without catch. With gripped handle. Supplied with spare springs.

ES102	Each	£18.10
-------	------	--------



ES103 General Purpose 14cm

14cm nipper. Straight blade and double sprung with catch. Smooth handle. Supplied with spare springs. With catch.

ES103	Each	£27.00
-------	------	--------



ES108 General Purpose 14cm

14cm general purpose nipper. With a curved blade and smooth handle with catch. Supplied with spare springs.

ES108	Each	£25.10
-------	------	--------



ES109 General Purpose 15cm

15cm general purpose nipper. With a curved blade and gripped handle with catch. Supplied with spare springs.

ES109	Each	£30.90
-------	------	--------



ES110 General Purpose 14cm

14cm general purpose nipper. With a curved blade and smooth squared handle without catch. Supplied with spare springs.

ES110	Each	£21.30
-------	------	--------

ES111 General Purpose 15cm

15cm general purpose nipper. Curved blade and smooth handle with catch. Supplied with a spare set of springs.

ES111	Each	£30.90
-------	------	--------

**ES112 General Purpose 12cm**

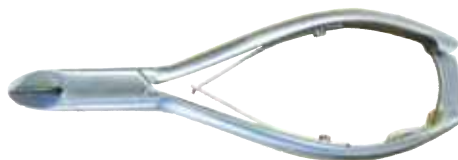
12cm general purpose nipper. With a curved blade and gripped handle without catch. Supplied with a spare set of springs.

ES112	Each	£23.20
-------	------	--------

**ES180 General Purpose 14cm**

14cm nippers. Super smooth handle. Concave blade, double sprung with catch. Supplied with a spare set of springs.

ES180	Each	£20.30
-------	------	--------

**ES158 General Purpose 14cm**

14cm general purpose nipper. Curved blade, gripped handle. Double sprung. With catch. Supplied with spare springs.

ES158	Each	£25.10
-------	------	--------

**ES161 General Purpose 13cm**

13cm general purpose nippers. Straight blade. Smooth handle, single spring without catch. Supplied with spare springs.

ES161	Each	£14.40
-------	------	--------





ES162 General Purpose 15.5cm

15.5cm straight nippers. Grippled handle, double sprung without catch. Supplied with spare springs.

ES162	Each	£23.50
-------	------	--------



ES163 General Purpose 15.5cm

15.5cm general purpose nipper. Curved blade. Grippled handle, double sprung without catch. Supplied with spare springs.

ES163	Each	£22.20
-------	------	--------



ES164 General Purpose 14cm

14cm general purpose curved nipper. Grippled handle, barrel sprung with catch.

ES164	Each	£22.20
-------	------	--------



ES166 General Purpose 14cm

14cm general purpose nipper. Straight blade with diamond gripped handle, double sprung with catch. Supplied with spare springs.

ES166	Each	£23.50
-------	------	--------



Economy Nippers

ES184 Ingrown 11.5cm

11.5cm Ingrown nipper. Stainless steel. Straight with a very smooth handle. Double sprung. Complete with spare springs.

ES184	Each	£21.30
-------	------	--------



ES104 Ingrown 15cm

15cm ingrown nipper with a fine blade. Double sprung with a gripped handle. Supplied with spare springs.

ES104	Each	£30.90
-------	------	--------



ES105 Ingrown 11cm

11cm Ingrown nipper. With a fine blade and smooth handle without catch. Supplied with spare springs.

ES105	Each	£20.95
-------	------	--------



ES106 Thwaites Ingrown 13.5cm

13.5cm Thwaites nipper. Fine blade, double sprung with gripped handle without catch. Supplied with spare springs.

ES106	Each	£24.30
-------	------	--------



Economy Nippers

115

Instruments



ES107 Thwaites Ingrown 13.5cm

13.5cm Thwaites nipper. English pattern, double sprung without catch. Smooth handle. Supplied with spare springs.

ES107	Each	£24.30
-------	------	--------



ES101 Cantilever 15cm

15cm cantilever nipper. Curved blade. Barrel sprung with catch and smooth handle. Supplied with spare springs.

ES101	Each	£35.10
-------	------	--------



ES115 Strong Cuticle 11cm

11cm cuticle nipper. Double sprung with smooth handle and catch.

ES115	Each	£15.50
-------	------	--------



ES159 Fine 11.5cm

11.5cm very fine nipper. Smooth handle, double sprung without catch. Supplied with spare springs.

ES159	Each	£17.10
-------	------	--------



Kiehl Nippers

Kiehl Nippers

Made by professionals for professionals

Kiehl is one of the leading producers of podiatry tools. The outstanding quality and professional design are well known all around the world.

Kiehl instruments are made of German high-grade stainless steel. The combination of hardness, sharpness, lifetime and in particular resistance to every day sterilisation by autoclave or disinfecting acids makes these instruments stand out from the rest.

CFK046 General Purpose (Diabetic) 13cm

13cm general purpose Diabetic nippers. Ideal for strong nails. Highest quality stainless steel. All edges are rounded. Smooth handle with catch. Double sprung.

CFK046	Each	£59.00
--------	------	--------



CFK045 Ingrown (Diabetic) 13cm

13cm ingrown Diabetic nipper. For detailed work on edges & front of nails. High quality stainless steel. All edges are rounded. Smooth handle without catch. Double sprung.

CFK045	Each	£49.00
--------	------	--------



CFK007 & CFK027 General Purpose 14cm

14cm. Straight general purpose nipper. Double sprung with box joint. For cutting stronger toe nails, straight cut. Backside: convex. Available with gripped or smooth handle. With catch.

CFK007	Smooth Handle	Each	£62.00
CFK027	Gripped Handle	Each	£62.00



CFK006 Cantilever 16cm

16cm cantilever nippers. Smooth handle. concave. Barrel sprung with box joint. For cutting strong toe nails when pressure is needed. Backside: convex. With catch.

CFK006	Each	£80.00
--------	------	--------



CFK017 General Purpose 14cm

14cm general purpose nipper. Gripped handle. Concave. Double sprung with box joint. For cutting stronger toe nails. Curved cut for forming the outer line. Backside: convex. With catch.

CFK017	Each	£62.00
--------	------	--------



CFK008 Ingrown 11cm

Pointed ingrown nipper. 11cm. Double sprung with box joint. Pointed cut for detailed work on smaller toenails and edges. Smooth handle. Without catch.

CFK008	Each	£40.50
--------	------	--------





Kiehl Nippers



CFK009 Ingrown 13cm

Classic ingrown nipper. 13cm. Double sprung with box joint. Pointed cut for detailed work on toenails and edges. Backside: convex. Smooth handle. Without catch.

CFK009	Each	£43.50
--------	------	--------



CFK010 Ingrown 11.5cm

Extra fine pointed ingrown nipper. 11.5cm. Double sprung with box joint. Very thin and small for cutting into the edges and very fine details of toe nails. Backside: concave-fine pointed. Smooth handle. Without catch.

CFK010	Each	£41.50
--------	------	--------



CFK011 Ingrown 13cm

Small pointed ingrown nipper. 13cm. Double sprung with box joint. Thin and small cut for cutting into the edges and for details of the toe nails. Backside: Concave-pointed. Smooth handle. Without catch.

CFK011	Each	£40.50
--------	------	--------

ES182 Cuticle Scissors



ES182	10.5cm	Each	£14.20
-------	--------	------	--------

ES117 Cuticle Scissors



Small, delicate cuticle scissors.

ES117	9cm	Each	£10.50
-------	-----	------	--------

ES133 Metzenbaum Scissors



Straight. Blunt/blunt.

ES133	14cm	Each	£8.60
-------	------	------	-------

ES131 & ES132 Dressing Scissors



Blunt/sharp.

ES131	13cm	Each	£9.30
ES132	15cm	Each	£9.30
ES140	18cm	Each	£9.45

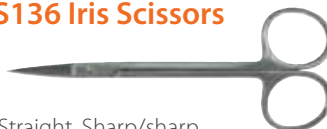
ES017 Tough Cut Scissors



Very strong. Autoclavable. Trauma Shears

ES017	13cm	Each	£3.95
-------	------	------	-------

ES136 Iris Scissors



Straight. Sharp/sharp.

ES136	13cm	Each	£6.60
-------	------	------	-------

ES134 Felt Scissors



Blunt/sharp.

ES134	15cm	Each	£11.80
-------	------	------	--------

Corn Shaver (White)

Single use corn shaver. With a soligen blade for increased lifetime fixed in a modern, ergonomic handle.



Multibuy		Each	24+
CFK039		£1.05	£0.80

Bandage Applicators

Stainless steel tubular gauze bandage applicators for finger and toe dressings.



ES023	Size 00	Each	£4.30
ES024	Size 01	Each	£4.30



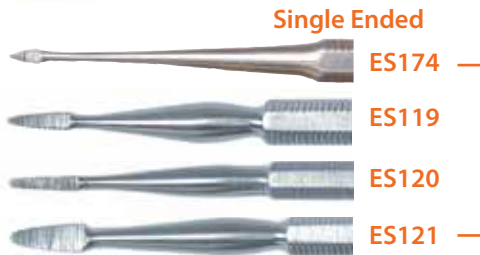
Other Instruments

Blacks Files

ES118	Coarse/Fine	£4.25
ES171	Coarse Angled/Fine	£6.90
ES172	Large Coarse/Fine	£6.90
ES174	Very Small Head	£4.90
ES119	Small Head	£4.25
ES120	Medium Head	£5.35
ES121	Large Head	£5.80



Double Ended



Single Ended

Probes

ES122	Swan Neck, Small Head	£4.25
ES123	Swan Neck, Med Head	£5.35
ES173	Spoon Probe/Small File	£6.90
ES169	Probe/Nail Elevator	£7.00



Single Ended



Double Ended

Curette

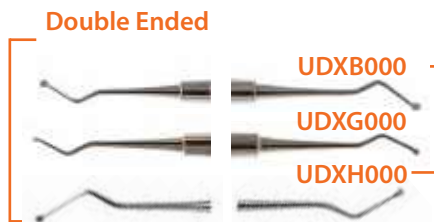
ES176	With Hole	£5.80
-------	-----------	-------



Single Ended

Excavators

UDXB000	Excavator 129/130	£4.55
UDXG000	Excavator 131/132	£4.60
UDXH000	Excavator 133-134	£4.55



Double Ended

Other Instruments

121

Forceps

ES147	Hart Mosq 12.5cm Straight	£5.60
ES148	Standard 15cm	£3.80



Nail Elevators

ES129	Double Ended Curved	£8.60
ES130	Double Ended Swan Neck	£8.60



Other Tools

ES141	Packer Spatula	£8.10
ES144	Ingrown Tool	£7.60
ES170	Spatula/Nail Splitter	£6.20



Sterile Zadeks Procedure Pack (Latex Free)

1x Toe Nail Scissors, 1x Thwaites Nail Splitter 14cm, 1x Double Ended Spatula 17.5cm, 1x Halstead Mosquito forceps straight 12.5cm, 1x Blacks File Medium 13.5cm, 1x Tubegauze Applicator 9cm, 1x 60ml Gallipot, 1x Dressing Towel 43 x 38cm, 1x Mini Blade Handle, 5x Non-Woven Swabs 7.5 x 7.5cm 4ply, 1x Instrument Tray, 1x Sterile Field



Multibuy	Each	12+
UDZPP00	£9.50	£8.25

Sterile Single Use Instrument Pack

Sterile. 1 x General Purpose Nippers - straight, smooth handle 14cm, 1 x Single Ended Blacks File - medium, 1 x Scalpel Handle No.3.



BULK DISCOUNT

Multibuy	Each	6+	12+
ACCR0002	£4.75	£4.40	£4.20

Instruments

Instrument Care

Premixslip Instrument Reconditioner

Premixslip is a non-sticky, non-toxic, silicone free and water soluble mineral oil lubricant that can withstand the high temperatures of autoclaving without becoming gummy. Forming a protective barrier on surgical instruments, Premixslip prevents rusting, staining, and spotting while restoring articulation to sticky box-locks and joints.



CNSM0403	Dropper 250ml	Each	£4.75
CNSM0404	Spray 125ml	Each	£3.60
CNSM0402	Spray 500ml	Each	£9.50

Surgistain Instrument Cleaner

Removes water mineral staining, rust and corrosion from stainless steel surgical instruments trays, basins and trolleys safely and quickly within 15 minutes. It is a quick, safe, and efficient non-corrosive revitalising solution. Used routinely it will help save money by maintaining the life and efficiency of your instruments, reducing repair and replacement costs. If used regularly it can restore the instrument's original finish and restore articulation by loosening box-joints.



CNSM0401	500ml	Each	£8.20
CNSM0400	4 Litre	Each	£29.70

Bur Net

Ideal for the transportation of burs and diamonds during the cleaning and sterilisation process.



BRNTL		Each	£9.65
-------	--	------	-------

Ultra P Instrument Cleaner

A patented solution to clean surgical instruments to molecular level, removing tissue residues, fluids and other pathogenic debris. Use as a pre-soak, in ultrasonic baths or for manual cleaning of surgical instruments.

- Proven to remove biofilms
- Particularly effective on hard to clean instruments
- Easily removes lubricating jelly
- Safe to use on delicate devices and sensitive tubing
- Ideal for the cold cleaning of heat sensitive instruments
- Pleasant fragrance, no release of irritating vapours



EXEUP6	600g	Each	£27.60
--------	------	------	--------

Ultra SSC Instrument Reconditioner

Ideal for tired, rust marked and stained instruments. It is a surgical steel reconditioning powder which will remove stains, rust marks and dull shadows from surfaces of medical instruments. It will restore the bright protective metal surface film. It is easy to use, simply sprinkle Ultra SSC onto a damp cloth and rub over the surface of the instrument for a bright shine, then rinse.



EXEUSSC	100g	Each	£12.00
---------	------	------	--------

Protect+ Sterilisation Bath

35 x 26 x 140cm. 3 Litre autoclavable plastic box for the cold sterilisation of instruments and burs.



CNSM0132	3 Litre	Each	£28.80
----------	---------	------	--------

Brite Shield

Premiers popular and easy to use Enzymatic Cleaner. Cleans up to 35% faster than other brands. Removes blood, saliva, bone, tissue etc. Protects stainless steel from rust and corrosion. Simply add 1 scoop to warm water and immerse instruments in bath for 1 to 5 minutes. For cold sterilisation soak for approx 20 minutes. Always rinse and dry once done. This 800g jar will give you approx 100 treatments.



PREMBRITE	800g	Each	£41.00
-----------	------	------	--------

Perasafe

Perasafe is a rapid, instrument compatible, user and environmentally friendly chemical sterilant and is proven effective against bacteria. Instruments must be cleaned prior to sterilisation. 16.2g of PeraSafe dissolved in warm water lasts 24 hours. Sterilisation contact time is 10 minutes. Perasafe is virucidal, biodegradable, corrosion inhibitor, sporicidal, fungicidal, tuberculocidal & bactericidal.

Measuring cap not supplied with the 5 litre



PRSF0001	16.2g Sachet (1 litre)	£2.35
PRSF0007	81g Pot (5 litre)	£9.35
PRSF0004	810g Tub (50 litre)	£43.00

Protect+ Sterilisation Tray

1.25 litre non-autoclavable plastic box with tray for the cold sterilisation of instruments and burs. Size 26 x 11 x 8cm.



CNSM0102	1.25 Litre	Each	£18.00
----------	------------	------	--------

Milton Sterilising Solution

Used to disinfect surfaces and equipment. Allows you to sterilise in just 15 minutes, killing bacteria, viruses, fungi and spores.



UMILT01	500ml	Each	£2.25
UMILT00	1000ml	Each	£2.95
UMILT05	5 Litre	Each	£22.70

Gigasept Instru AF

Aldehyde free instrument cleaning and disinfectant solution. Providing a good level of microbiological efficacy being effective against a broad spectrum of micro-organisms including HIV, HBV and HCV.



UGIGAFO	2 Litre	Each	£49.50
---------	---------	------	--------

Perasafe Disinfectant Box

With strainer and hinged lid for the decontamination and manual sterilisation of instruments and equipment by liquid soaking. Compatible with medical sterilising solutions, strong, heavy duty for daily use. Tight fitting lid reduces vapour exposure. Strainer designed for rapid immersion and drainage. Components must be autoclaved separately. 1 Litre - 260 x 130 x 65mm



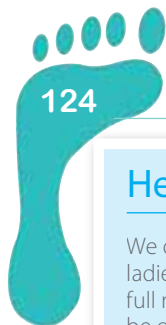
PRSF0006	1 Litre	Each	£13.05
----------	---------	------	--------

Instrument Cleaning Brush

Strong, sturdy brush ideal for removing stubborn debris from instruments.



ICBCH144	Each	£3.50
----------	------	-------



Professional Clothing

Healthcare Clothing

We offer a wide range of high quality healthcare uniforms in ladies, mens & unisex sizes. Please see www.trycare.co.uk for our full range. All our professional healthcare clothing is designed to be durable and comfortable.

PLEASE NOTE ALL PROFESSIONAL CLOTHING IS NON RETURNABLE.

ST10 Unisex Scrub Tunic

145g Lightweight polycotton. V neck. Two lower pockets and one breast pocket. Side vents. **Sizes XS - XXL.**

Non Returnable item.



PRICES FROM £21.00

ST20 Unisex Scrub Trousers

145g Lightweight polycotton. Elasticated waistband with draw cord. **Sizes: XS - XXL. Non Returnable item.**



PRICES FROM £16.90

Size Guide

XS - UK 8-10

S - UK 10-12

M - UK 16

L - UK 18-20

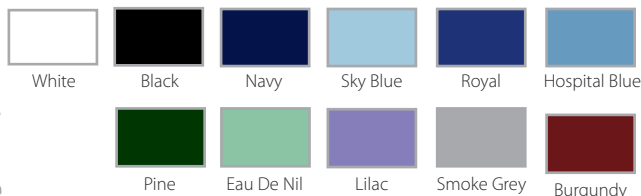
XL - UK 22-24

XXL - UK 26-28



623 Ladies Zip Front Tunic

Stand collar. Concealed zip front with mock metal buttons. Two lower pockets. Action back and side vents. **Sizes: 6-22. (Larger sizes available, ring for details). Non Returnable item.**



Please allow
10 days for
delivery

PRICES FROM £27.30

Full Range

For our full range of professional clothing including sizes and prices visit www.trycare.co.uk.

623 Ladies Zip Front Tunic

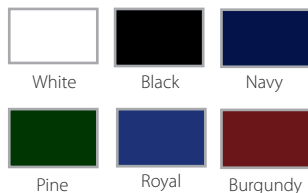
Two lower pockets and one breast pocket. Back shoulder pleat. Contrast trim on lower pocket tops, sleeves and collar. **Sizes: 8-22. (Larger sizes available, ring for details). Non Returnable item.**



PRICES FROM £23.20

TR17 Ladies Trousers

Zip front with hook and bar fastening. Two side pockets, elasticated back. **Sizes: 8-22. Regular (29" inside leg). Tall (32" inside leg). (Larger sizes available, ring for details).**



Non Returnable item.

PRICES FROM £23.20



Professional Clothing

678 Mens Side Stud Tunic

Concealed side stud. One lower pocket and one breast pocket. Short sleeves. Mandarin collar. Chest sizes: 36-48. (Larger sizes available, ring for details). **Non Returnable item.**

PRICES FROM £22.10



White



Navy



Sky Blue



Hospital Blue



637 Mens Stud Front Tunic

Concealed stud front. Two lower pockets and one breast pocket. Short sleeves. Contrast trim on collar. **Chest sizes: 36-48. (Larger sizes available, ring for details).**

Non Returnable item.



White



Navy



Sky Blue



Hospital Blue

PRICES FROM £22.60

TR10 Mens Trousers

Two swing pockets and rear pocket, with belt loops and zip fly. Sewn in crease. Hook and bar fastening. **Waist sizes: 30-46.**

Regular (30" inside leg). Tall (32" inside leg), Extra Tall (34" inside leg). (Larger sizes available, ring for details).

Returnable item.



White



Navy



Royal



Black



Bottle Green



Spruce

PRICES FROM £13.30

Tip Therm - Original



An early diagnostic device for symmetrical polyneuropathy which measures temperature sensitivity of the skin. Convenient and easy to use. It works up to a temperature of 23°C. It is made of polymer and metal alloys. The polymer side feels warmer and the metal alloy side cooler due to the thermal conductivity properties. It is not dependant on external power sources, is practically indestructible, easy to handle and small and light enough to fit in any pocket.

CNSM0375	Each	£15.00
----------	-------------	---------------

Doppler Gel

A high quality ultrasound gel with good transmission results.



UDGEL60	60g	Each	£3.75
---------	-----	-------------	--------------

Neuropen

Dual function neuropathy screening device with replaceable monofilaments. Neuropen is an effective, dual purpose, pocket size device designed to provide a safe and reliable test. Calibrated Neurotip test for assessing sensation to sharpness/pain in small nerve fibres. Monofilament test for assessing protective touch/pressure sensation in large nerve fibres.

CNSM0286	Pen (Incl. Monofilaments & Neurotip)	Each	£20.50
CNSM0287	Monofilaments	Pk5	£16.20
CNSM0288	Neurotips	Pk100	£10.80

VibraTip

Wipe clean disposable device for testing vibration sense. It is applied to the skin gently, discretely, consistently, hygienically and rapidly. The spherical head facilitates application from any angle and its pocket size means that it is easy to carry and easy to use. Wipe clean with alcohol swab after use.

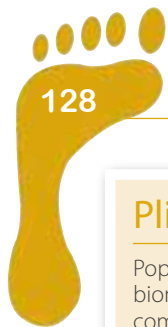


UVIBTIP	Each	£9.95
---------	-------------	--------------

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)





Couches, Chairs & Stools

Equipment

Plinth 503CD & 503CDT - Made In The UK

Popular chiropody/podiatry chair, extremely strong, stable and versatile, suitable for biomechanics and multi disciplinary use. This chair offers excellent access and patient comfort. CDT model has the added benefit of trendelenburg seat tilt, allowing the foot to rise to a full 153cm for unrivalled access whilst doing heelwork. Frames carry a lifetime guarantee and all other components are guaranteed for 5 years (excluding upholstery).

503CD



- High density fire retardant foam
- Hardwearing antimicrobial vinyl
- Removable fold back arm rests
- Dividing & extendable legs
- Extending & removable heel pads
- Robust, retractable castors
- Maximum weight: 35 stone

Price Includes
The Cost Of
UK Mainland
Delivery

Optional
Extras
Available

PLN0001	503CD	£1450.00
CHAIR503CDTB	503CDT	£1850.00
FOOTSW	FS1 Basic CD	£56.00
FOOTSW2	FS2 Motor CDT	£106.00

Lets Connect!

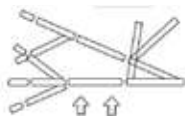
We're on Twitter @TrycareChiropod and you can find us on facebook at facebook.com/trycarechiropody

Tel: 01274 885523

Email: chiropody@trycare.co.uk

- Electric height adjustment as standard
- Operated as standard by a hand switch
- Adjustable foot for uneven floors
- Goes horizontal for patient recovery in an emergency
- Able to lift 225kg (35 stone) from its lowest height
- L185cm, W63cm, Height adjustable from 46cm to 95cm

503CDT



503CDT with electric trendelenburg tilt

Don't Miss Out!

Contact us to make sure you are on our mailing list. This will ensure you receive all our fantastic offers & introductory prices throughout the year.

Unless specified
Beige colour
will supplied

Price Includes
The Cost Of
UK Mainland
Delivery



Equipment

Vinyl Upholstery Colours

Coverings are washable, fire retardant, and display excellent levels of wear. All include antimicrobial technology proven effective in inhibiting growth of E-coli & MRSA, and all are suitable for cleaning and disinfecting.



Beige



White



Dove



Black



Chocolate



Damson



Wine



Red



Terracotta



Rose



Night



Ocean



Sky



Slate



Aqua



Green



Sage



Lime

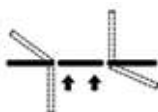


Yellow

Plinth 93CD & 93CDT - Made In The UK

Podiatry treatment chair with a full 90 degree leg drop and shorter seat for unrivalled patient comfort and access. Extremely strong and versatile. CDT model has the added benefit of trendelenburg seat tilt which enhances patient comfort and allows the foot to rise to a full 130cm for unrivalled access whilst doing heelwork. Frames carry a lifetime guarantee and all other components are guaranteed for 5 years (excluding upholstery).

93CD



- High density fire retardant foam
- Hardwearing antimicrobial vinyl
- Removable fold back arm rests
- Dividing & extendable legs
- Twin lift design
- Robust, retractable castors
- Smooth operated back & foot rests
- 90 degree leg drop
- Maximum weight: 35 stone

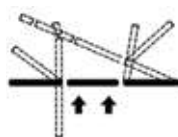
Price Includes
The Cost Of
UK Mainland
Delivery

Optional
Extras
Available

PLN0006	93CD	£1400.00
PLN0007	93CDT	£1750.00
FOOTSW	FS1 Basic CD	£56.00
FOOTSW2	FS2 Motor CDT	£106.00

- Electric height adjustment as standard
- Operated as standard by a hand switch
- Adjustable foot for uneven floors
- Goes horizontal for patient recovery in an emergency
- Able to lift 225kg (35 stone) from lowest height
- L172cm, W63cm, Height adjustable from 46cm to 95cm

93CDT



503CDT with electric trendelenburg tilt

Price Includes
The Cost Of
UK Mainland
Delivery



Unless
specified
Beige colour
will supplied

Equipment

Vinyl Upholstery Colours

Coverings are washable, fire retardant, and display excellent levels of wear. All include antimicrobial technology proven effective in inhibiting growth of E-coli & MRSA, and all are suitable for cleaning and disinfecting.



Beige



White



Dove



Black



Chocolate



Damson



Wine



Red



Terracotta



Rose



Night



Ocean



Sky



Slate



Aqua



Green



Sage



Lime



Yellow

Standard or Deluxe Operators Chair

Plinth operators chairs feature ergonomically contoured upholstery and adjustable backs for height and tilt. The Deluxe version offers a full synco mechanism with seat tilt and improved comfort. Both chairs have a 1 year unconditional guarantee, fire retardant vinyl, 64cm 5 castor base for maximum stability and gas lift.

- Seat Depth 440mm
- Seat Width 450mm
- Chair Height 440-580mm
- Backrest Height 410mm
- Backrest Width 440mm
- Base Diameter 630mm

Price Includes
The Cost Of
UK Mainland
Delivery

Standard



Deluxe



Plinth operator chairs are available in the same colours as the Plinth Podiatry chairs. Please see overleaf for full range upholstery colours.

STL001	Standard	From £166.00
STL002	Deluxe	From £220.00

Lafuma Stool

Foldable stool. Lightweight, will fold for easy transportation. Dimensions folded: 96 x 68 x 15cm. Dimensions unfolded: height 41cm, width 40 x 30cm. Weight 1.3kg.

CNSM0310	Ocean Blue	Each	£24.00
----------	------------	-------------	---------------



Enigma Autoclaves

Enigma N - Non-vacuum autoclave for solid, unwrapped instruments.

Enigma B - Vacuum autoclave for hollow and pouched instruments, plus porous loads such as surgical masks.

Enigma 8 Litre

TOP SELLER

- Including printer & printer roll
- Supplied with 2 trays 260 x 130mm each
- 2 cycle options, Fast cycle times
- With built-in USB
- Automatic drying phase
- External dimensions: L500 x W350 x H330mm
- Chamber Diameter 170mm
- 240V, 1500W on all cycles

CNSM0091	N - Non Vac	£999.75
CNSM0090	B - Vacuum	See Page 134
CNSM0203	Spare Tray	£23.10



Enigma 12 Litre

TOP SELLER

- Including printer & printer roll
- Supplied with 3 trays 320 x 160mm each
- 4 cycle options, Fast cycle times
- With built-in USB
- Automatic drying phase
- External dimensions: L570 x W400 x H400mm
- Chamber Diameter 200mm
- Bowie Dick & Air Leakage test cycles
- 240V, 1500W on all cycles

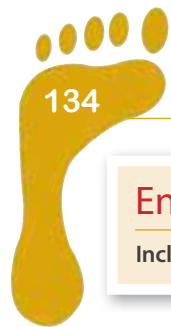
CNSM0274	B - Vacuum	See Page 134
CNSM0343	Spare Tray	£38.50



Printer Paper

Printer rolls for the Enigma Printers - Available in Thermal and Non-Thermal.

CNSM0305	Thermal 8 litre	5cm wide	Each	£3.70
CNSM0411	Thermal 12 Litre	5.5cm wide	Each	£3.70
CNSM0207	Non Thermal Fits Both	4.5cm wide	Each	£3.70



Autoclaves & Accessories

Equipment

Enigma Package Deals* Available on vacuum autoclaves

Includes - Vacuum autoclave with USB, Printer, 4L Water Distiller, 2.5L Ultrasonic Bath.



ENIGMA 8 LITRE B TYPE VACUUM Complete Package Deal

£1224



ENIGMA 12 LITRE B TYPE VACUUM Complete Package Deal

£1588

Enigma Package Deals - Enigma Vacuum Autoclave package deal prices are correct at the time of going to print. All prices and offers are subject to change at Trycare's discretion.

Perfection Plus Self Seal Sterilisation Pouches

With colour indicator. Easy open with strong end seals to prevent contamination. Minimum 5 years post sterilisation pouch life.



Multibuy			Each	5+	10+
UPAF000	59 x 127mm (2.5 x 5in)	Pk200	£7.00	£5.90	£5.50
UPAG000	86 x 165mm (3.5 x 5.25in)	Pk200	£7.30	£6.70	£6.20
UPAC000	86 x 253mm (3.5 x 9in)	Pk200	£6.40	£5.90	£5.40
CNSM0026	135 x 278mm (5.25 x 10in)	Pk200	£10.40	£9.55	£8.90
CNSM0027	190 x 330mm (7.5 x 13in)	Pk200	£16.99	-	£15.95

Non Seal Sterilisation Pouches

For use with sterilisation tape.

AUTOPOUCH	10x27cm	Pk100	£4.50
-----------	---------	--------------	--------------

Autoclave Indicator Tape Roll

This chemical indicator tape has stripes that change colour after exposure to steam sterilisation conditions.

UAUT000	18mm x 5m	Each	£4.60
---------	-----------	-------------	--------------

TST Control Indicator Strips

Device for checking autoclaves. 134 degrees.

UKSY000	Pk100	£10.20
---------	--------------	---------------

De-ionised Water

De-ionised water suitable for use in autoclaves if approved by infection control officers.

WATERDEION	5 Litre	Each	£4.05
------------	---------	-------------	--------------

Verify+ Self Seal Pouches

Triple sealed, with built-in indicator.



UVPSSP4	90 x 165mm	Pk200	£4.65
UVPSSP1	90 x 260mm	Pk200	£6.60
UVPSSP2	135 x 254mm	Pk200	£11.60
UVPSSP3	190 x 330mm	Pk200	£21.20

Tower 100 Water Distiller 4 Litre

- Cost effective unit
- Distilled water is produced at a rate of 1 litre per hour
- Reduces 99% total dissolved solids
- 90% of contaminants removed from tap water after distillation
- Eliminates cysts, bacteria and viruses
- Dimensions: 290 x 290 x 390mm.
- Weight 3.5kg



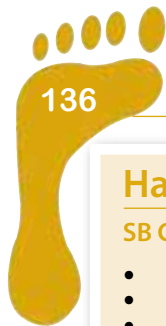
CNSM0139	4 Litre	Each	£158.00
----------	---------	-------------	----------------

Alkapharm System 4 Autoclave Cleaner

Concentrated degreasing and descaling agent for the routine service cleaning of all bench top autoclaves. Formulated to remove grease and grime from the autoclave whilst preventing the formation of harmful limescale deposits. Use routinely to keep your autoclave clean, odour and scale free.

USFAC00	1 Litre	Each	£10.30
---------	---------	-------------	---------------





Drills & Accessories

Hadewe SB-12

TOP SELLER

SB Control Unit

- Variable speed control and stabilisation
- Clockwise/counter clockwise (left/right) rotation
- Powerful, protected suction motor
- Suction capacity is set variably & separately
- Suction capacity: 300-600mm WS (160 l air/min)
- Dimensions: W273 x H142 x D186
- Weight: 3.2kg - Voltage: 240V, power 550W
- Conforms to 93/42/EEC, EN 60601-41, CE 0482



Handpiece 2,000 to 12,000rpm

- Integrated suction
- Handpiece Dimensions: diameter 18-29mm, length 138mm, weight 196g

DRLL02	SB12	£720.00
FS0970	Foot Switch	£42.50

Hadewe SB-22

TOP SELLER

SB Control Unit

- Variable speed control and stabilisation
- Clockwise/counter clockwise (left/right) rotation
- Powerful, protected suction motor
- Suction capacity is set variably & separately
- Suction capacity: 300-600mm WS (160 l air/min)
- Dimensions: W273 x H142 x D186
- Weight: 3.2kg - Voltage: 240V, power 550W
- Conforms to 93/42/EEC, EN 60601-41, CE 0482



Handpiece 4,000 to 22,000rpm

- Integrated suction
- Handpiece Dimensions: diameter 17-22mm, length 142mm, weight 116g

HDW0005	SB22	£740.00
FS0970	Foot Switch	£42.50

Hadewe Paper Dust Bags 5115

Paper filters for Hadewe suction units. To be exchanged after 50 hours work at the latest.

Not suitable for Hadewe Veloria & Auroria drills.



DBAS12	Dust Bags	Each	£1.15
--------	-----------	-------------	--------------

Hadewe Micro Filter 5179

Special micro filters for Hadewe suction units. To be exchanged after 50 hours work at the latest.



FLT5179	Micro Filters	Each	£1.75
---------	---------------	-------------	--------------

Hadewe Auroria Suction Unit with Light

- Speed: 6,000 to 40,000rpm
- Brushless suction motor
- Patented power clamping system
- Easy to clean membrane keyboard
- Extra large speed display
- Powerful LED light implemented at the end of the handpiece
- 3 preferred speed steps saved
- Detailed display information including filter change & servicing
- Regular and reverse switch (left/right)
- **Must use micro filter dust bags (5179)**
- High torque, low vibration handpiece
- Suitable for all common burs
- Two-fold sealing of the ball bearings



Handpiece

- Diameter 19-25mm
- Length 144mm
- Weight: 150g

Suction Unit

- Size: W273 x H142 x D235mm
- Incl exterior parts: W313 x H142 x D235mm
- Suitable for all Hadewe carry cases
- Total weight 2.7kg
- Voltage: 230V, 230W
- Noise level: 49db (55db at full throttle)

DRLLAUR	Auroria	£1450.00
FLT5179	Micro Filters	£1.75
FS0970	Foot Switch	£42.50
CC0910	0910 Carry Case	£80.00

Dremel Micro 8050 7.2v Drill

- Compact streamline design with excellent control and precision.
- Integrated 7,2V Li-Ion battery: no self-discharge, no memory effect, always ready for use thanks to Lithium-Ion technology.
- Variable speed (5.000-28.000 RPM): optimal speed selection for each application.
- LED light illuminates the work piece for better accuracy.
- LED speed indication for easy recognition of optimal speed.
- LED fuel indication for easy recognition of battery charge.
- Docking station: continuous charging and accessory storage.

Included: 3 hour 45 minute battery charger (docking station) & compact storage case.

Technical specifications: Battery voltage 7,2 V, Battery capacity 1,0 Ah, Charging time 3,75 h, Weight 0,250 kg, Length 20 cm, No load speed 5.000 - 28.000 1/min, Speed setting Variable.



DRML007	8050 7.2V	Each	£115.00
---------	-----------	------	----------------



138

Drills & Accessories

Saeyang K38 Micro Motor Nail Drill

Compact, Lightweight & Extremely Portable.

Lightweight and compact domiciliary drill with a rechargeable lithium-ion battery that offers up to 4.5 hours running time. This quiet, yet extremely powerful drill offers a speed from 0-30,000RPM. Complete with a high quality, powerful, lightweight handpiece.

The drill will automatically switch off to conserve battery power after being left idle for several minutes. This lithium-ion battery takes only 3 hours to reach full charge, and offers up to 4.5 hours running time. It can also still be used while connected to mains power.

Contents: Drill, Handpiece, Control Unit & Stand

Features:

- Full 6 months UK warranty
- Easy to control unit
- Digital speed button
- Rechargeable battery level display
- Automatic safety - Over charging protection
- Automatic power saving function
- Forward / reverse rotation

Available in a range of colours:



PINK

UMSK38P



BLACK

UMSK38B



WHITE

UMMSK38



RED

UMSK38R



For cleaning guide visit
www.trycare.co.uk/k38

TOP SELLER

UMMSK38	White	Each	£235.00
UMSK38R	Red	Each	£235.00
UMSK38P	Pink	Each	£235.00
UMSK38B	Black	Each	£235.00



3 Hours
To Fully
Charge

Tel: 01274 885523

Email: chiroprody@trycare.co.uk

Saeyang K35 Micro Motor Nail Drill

This stunning mains powered micro motor drill is ideal for a clinic wanting something to look as good as it performs. Made from a solid block white polycarbonate shell this compact yet very sturdy control unit has impressive power.

- 0 - 30,000 RPM.
- Automatic Safety Overload Protection System
- LED Backlit Panel with Digital Display
- 2.9 Ncm of Torque - good power at low RPM.
- SH300 stainless steel handpiece with easy-twist to open and locking chuck
- 1.5m handpiece cord length (coil lead)
- Comes with handpiece stand and on /off foot pedal
- Suitable for domiciliary and clinics.



UMSK35	White	Each	£190.00
--------	-------	------	---------

Nylon Cleaning Brush Set

Ideal for cleaning handpieces.

Pack includes an assortment of sizes.

For Saeyang handpiece cleaning guide visit:

www.trycare.co.uk/k38



Suitable For
Cleaning
Drills

UNCB000	Brush Set	Pack	£5.50
---------	-----------	------	-------

K35 Drill with Autoclavable Handpiece



- 0 - 30,000 RPM
- Fully autoclavable nose cone - detaches from motor with one pull
- 2.9 Ncm or torque when used with K35 - 2.3 Ncm when used with K38
- Easy-twist to open locking chuck and twist back to lock bur in place.
- **Special Order ONLY**

UMSK35A	Handpiece & K35 Drill	Each	£260.00
---------	-----------------------	------	---------

Domiciliary Cases & Bags

Hadewe Carrycase

Suitable for all Hadewe drill units. It is also possible to customise the inner space to your personal preference. You can comfortably work out of the case due to the doors that open up sideways. The case also features reinforced wheels and carry handle with telescopic extension. The case includes a drawer. External dimensions: W470 x H370 x D250mm. Weight: 4.6kg - CC0909, 4.5kg - CC0907.

Contents not included



CC0909	Including Drawer	Each	£150.00
--------	------------------	------	---------

Custom Practica 3

Versatile, wipe clean, pull out drawer system with drop-down front.

- Durable PVC
- Combination Locks
- Document pocket & end pocket
- Internal Dimensions: 412 x 311 x 180mm
- Weight: 6.25kg (approx)



CUSTOMP3	Each	£150.00
----------	------	---------

Practica 3 Replacement Drawers

Please note: Replacement drawers are only available for Practica 3.

CNSM0163	1L Clear	Each	£2.00
CNSM0194	1LA White	Each	£4.00
CNSM0240	2L Clear	Each	£2.55
CNSM0256	2LA Clear	Each	£5.20
CNSM0015	4LA White	Each	£9.20

1L Clear	2L Clear	2LA Clear
1L Clear	2L Clear	2LA Clear
1LA White	4LA White	
1LA White	4LA White	
1LA White	4LA White	

Elite Podia's EB00.011

Redesigned chiropody bag, with a new layout adapted to the needs of professionals. The main innovation is the possibility of arranging all the material in the same space, and all being easily visible.

TECHNICAL DATA:

Dimensions: 42 x 32 x 16cm

Weight: 3.30kg

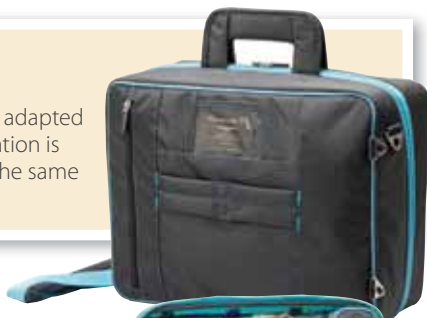
Material: 900d. Washable.

Contents not included

Maximum recommended contents weight: 5kg.

FEATURES:

This new version differentiates two working areas in a unique main compartment, separated by a central flap. One area is intended for a small drill and the other for medical material. It has a detachable pocket, and there is a space for personal items in the front. It can be adapted to suit the needs for any home care professional.



UEBPBGY	EB00.011 Bag	£128.00
---------	--------------	---------

UEBTS00	Foldable Trolley	£26.30
---------	------------------	--------

Domiciliary Cases & Bags

Elite Soft Medic EB149

The EB149 Soft Medic Bag has been designed to satisfy the needs of health professionals and is suitable for transporting medical disposables and equipment. The attractive blue bag can be carried, worn as a backpack, strapped to the waist or used with the foldable trolley. The EB149 will also fit on the foldable trolley at the same time as the EB00.011 enabling you to carry more equipment effectively.



The interior of the bag can be customised to suit the needs of most users and features velcro detachable dividers. Elastic bands through the interior ensure that all contents are held securely.



Robust and light external foldable trolley for EB149 Soft Medic and EB00.011 Podia's.

Contents not included



- Detachable dividers for flexibility
- External pockets for personal belongings
- Flat pocket with clipboard
- Two flat net pockets
- Isothermal ampule holder
- Shoulder strap, carry handles & waist belt
- Pocket-sized bio-contaminated container
- Reusable cold gel pack

UEBMB00	EB149 Bag	£108.00
UEBTS00	Foldable Trolley	£26.30

Hadewe Tripod Foot Rest & Carry Bag

- Extremely strong and robust
- Extra steel reinforced joint to prevent breakage
- Extra enhanced static offers perfect stability
- Multiple angles are separately adjustable
- Complete with carry bag
- Weight 1.4kg - Height 47-75cm

FRT0917	Tripod & Carry Bag	Each	£151.00
HDW0010	Spare Carry Bag	Each	£13.00
FRT3955	Replacement Foot Pad	Each	£33.60



Flexible Catch Basin

Use with your Tripod Foot Rest. It provides a soft, flexible surface to place the patients leg & can easily be moved when working on the heel. Spray water is collected in the basin. Can be rolled together for transport & fits in the carry bag with the foot rest. Dimensions: W330 x H100 x D510. Weight: 580g.



HDW0027	White	Each	£39.00
---------	-------	------	--------

Rigid Foot Tray

Sturdy, plastic foot tray. Place under the patients leg to collect debris during treatment.



FT		Each	£39.10
----	--	------	--------

Heel Block

Place under the patients heel for a better working position and to assist in collecting and disposing of clinical waste.



***Foot Tray NOT Included**

HEELBLOCK	Each	£11.90
-----------	------	--------

Gerlach Foot Rest

Robust tripod with padded foot support. Adjustable height. Angle can also be adjusted by hand, using the turning handle. Height 47-67cm. Weight: 2kg.



FRT0915	Foot Rest & Carry Bag	£163.20
FRT0920	Spare Carry Bag	£31.20

Tool Tray

Hard plastic tray to keep all your tools and instruments within reach. It will connect to the Hadewe foot rest and can be turned in all directions. Set contains two trays & 1 holder. Each tray measures W260 x H75 x D360.



HDW0036	Pk2	£25.30
---------	-----	--------

Daylight MAGniflex Lamp with Clamp D25060

Ideal for all types of detailed work. The large 14.6cm semi rimless 1.75x magnifying lens allows close work activity. The flexible arm allows light to be positioned exactly where its needed. The clamp locking system stays firmly in place and can be clamped on to a table, trolley or bed. Maximum reach 60cm.

LMPMCMP	Each	£61.00
---------	------	--------



Daylight Naturalight Table Magnifying Lamp DN1040

This small magnifying lamp will become your best partner to work with details. The combination of the 12w Full Spectrum Naturalight™ tube and the 3.5" lens will allow you to see details like never before. No more squinting, no more headaches. Supplied with tube and lens cover.



UML1040	DN1040 Lamp	£41.00
LMP0029	DN0004 12W Tube	£10.30

Daylight 7 Inch Magnifying Lamp DN1030



This exclusive lamp combines the large 17cm lens and the powerful 28w Full Spectrum Naturalight tube. This unique lamp is supported by a high quality metal arm and will allow you to move the lamp in any position. High quality 17cm lens for detailed work (1.75X). Supplied with tube and table clamp. Arm length: 98cm.

UML1030	DN1030 Lamp	£113.00
---------	-------------	---------

Daylight StarMag LED Neck Magnifier/Stand DN91211

Dual purpose hands free neck magnifier with cord and table stand. Quality 2 X acrylic magnifier (10cm/4") with 6 X insert lens. 2 bright daylight LED lights, battery operated. requires 3 x AAA batteries (not supplied).



LMP0033	Each	£11.50
---------	------	--------

Daylight DN1200 Mag Lamp S



The Mag Lamp S is a modern and attractive slim line design, ideal for detailed work. It has two brightness levels. The adjustable spring arm will allow you to position the magnifier exactly where you need it. High power, bright LEDs for fine detail. 3 diopter 1.75X magnification. Dimmable.

LMP0034	DN1030 Lamp	£79.00
---------	-------------	--------

Daylight MAGnificent LED Magnifying Lamp D25050

The MAGnificent Lamp is ideal for detailed work. Able to convert from a floor to a table lamp simply by removing the pole. It provides 27 high performance, energy efficient Daylight LED's which only use 3 watts of energy but provide 65 watts of traditional bulb light. The large (14.6cm) magnifying lens allows close work activity. The flexible goose neck aims light exactly where you need it. Maximum floor lamp height 125cm, Table lamp height 50cm.



LMPMLED	Each	£79.00
---------	------	--------

Daylight Halo Magnifying Lamp

Modern and compact, all-purpose, lightweight table magnifier providing 5 diopter (2.25X) magnification with a 12 diopter (4.0X) inset lens. Mains operated. Small yet powerful. Slim, foldable design that is ideal for domiciliary. 3 brightness levels. Folds completely flat. Lamp brightness 4700 lux at 15cm. Rotatable lens for flexibility. Dimmable.



UDLTHMT	Each	£53.00
---------	------	--------

Carnation PediRoller

- Relieves heel & arch pain, Plantar Fasciitis & tired feet
- Ridged design stimulates circulation and reduces tension
- It can be frozen before use to reduce inflammation
- Exercise guide included
- Latex free

BULK DISCOUNT

Multibuy	Each	6+
CRNT0005	£3.70	£3.45

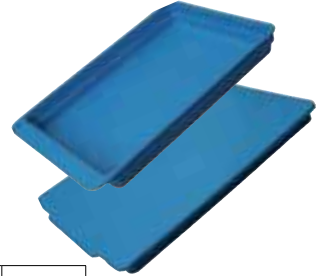


Instrument Trays

Warwick Solid Instrument Trays

Autoclavable instrument tray with lid. Features include strengthened sides and **plain solid bases**. Suitable for use with approved cleaning chemicals and medical liquids.

Tray comes **complete with lid**.



TRAY195	Tray & Lid	195x135x23mm	Plain Base	£6.50
---------	------------	--------------	------------	-------

Warwick Perforated Instrument Trays

Autoclavable instrument tray with lid. Features include strengthened sides and **mesh base** for improved water penetration and steam circulation. Suitable for use with approved cleaning chemicals and medical liquids.

Tray comes **complete with lid**.



TRAYP200	Tray & Lid	200x150x51mm	Mesh Base	£7.50
----------	------------	--------------	-----------	-------

SEE PAGE 8

NEW

CILOR

PROTECTS AGAINST FOOT INFECTIONS

Ultra 8020H 2 Litre Ultrasonic Bath with Heater

2 litre professional ultrasonic cleaner with heater. Degas and wave action for enhanced cleaning. Digital timer for precise cleaning control. Large 1700ml stainless steel tank. **Inner basket included.** Tank dimensions: 183 x 153 x 77mm. Integrated PSU fan for long life.



CNSM0342	White	Each	£85.10
----------	-------	------	--------

Ultra 8060H 3 Litre Ultrasonic Bath with Heater

Includes just about every option and feature you could ever want from an Ultrasonic Cleaner plus ultra quiet operation technology. The 3L stainless steel tank will accommodate an 8inch foot dresser. Powerful 150W ultrasonics. 3 litre stainless steel tank. **Inner basket included.** Digital timer for precise cleaning control. De-gassing feature for enhanced cleaning. Drainage valve. Tank - 32 x 20 x 97mm.

Will hold an
8 Inch Foot
Dresser



CNSM0405	White	Each	£112.40
----------	-------	------	---------

Ultrawave U95 1.95 Litre Ultrasonic Cleaner

The U95 is easy to wipe clean, reliable and very durable. The lid is made from durable ABS plastic and the basket is constructed from stainless steel. It is fitted with a mechanical time switch. The Ultrawave Analogue U95 is a non-heated ultrasonic bath. Weight: 4.5kg (including lid, basket and packaging). Overall dimensions: 210 x 165 x 160mm. Tank dimensions: 200 x 150 x 75mm. Internal basket dimensions: 180 x 135 x 45mm. Working capacity: 1.95 litres. Timer: 0-15 mins. Control: analogue.

Will hold an
8 Inch Foot
Dresser



U95	Stainless Steel	Each	£290.00
-----	-----------------	------	---------

TOP SELLER

Ultraclean M2 General Purpose Cleaning Fluid.

Non foaming, biodegradable cleaning fluid designed to provide excellent cleaning results, time after time. It is a general detergent for all plastics, glass and metals (except aluminium) and is suitable for medical instruments.

ULTRACLEAN	1 Litre	Each	£11.10
------------	---------	------	--------



CHALLENGER



Disinfectants for skin and surface

Skin Asepsis - Page 149 →

Surface Disinfection - Page 163 →

Challenger Chlorhexidine Pink

Pre op skin disinfection prior to minor surgical procedures.

TOP SELLER



CHLL0002	600ml	Each	£3.90
----------	-------	------	-------

Challenger DS CX1 Skin Disinfectant

Pre-op skin disinfectant you can depend on!
Kills bacteria in 2 minutes.
Chlorexidine 0.5% in IMS 70%.
Effective against most bacteria & fungi including: HIV, HBV, Herpes simplex virus, Staphylococcus aureus (including MRSA), Escherichia coli, Campylobacter jejuni, athletes foot fungus & salmonella choleraesuis.



TOP SELLER

BULK DISCOUNT

Multibuy		Each	6+	12+
CHLPCX1	200ml Pump	£2.60	£2.30	£2.15
CHLRCX1	500ml Refill	£3.35	£3.05	£2.80
CHLTCX1	500ml Trigger	£3.65	-	-

Clinell Hand Sanitiser Gel

There is only one name in the fight against superbugs that everyone is talking about! Using a formula developed by doctors Clinell have created a hand sanitiser gel. It contains natural moisturisers, aloe vera and green tea extract to leave your hands clean and refreshed, leaving no sticky residue! Best of all clinell have kept their 99.999% kill rate! The blend of 70% alcohol and biocides offer a superior level of effectiveness against germs.



CNSM0311	50ml Bottle	Each	£1.70
CNSM0312	100ml Bottle	Each	£1.95
CNSM0313	250ml Pump	Each	£3.70
CNSM0314	500ml Pump	Each	£5.20

Clinell Surface Sanitiser

Contains a powerful antibacterial formula developed by medical doctors to ensure surfaces are sanitised at all times. Contains 5% alcohol.



CNSM0252	60ml Pump	Each	£3.10
----------	-----------	------	-------

Skin Asepsis / Hand Hygiene

Desderman Pure Gel/Liquid Hand Sanitiser

Advanced rapid acting alcohol based hand rub, formulated for hygienic and surgical hand disinfection in 30 seconds (hygienic) & 3 minutes (surgical). Colour and perfume free. Balanced emollient ingredients protect against irritation and dryness. Effective against bacteria, fungi and viruses. Suitable for frequent use.



UDEG050	500ml Gel	Each	£6.70
UDEG100	1 Litre Gel	Each	£10.50
UDEP050	500ml Liquid	Each	£6.70
UDEP100	1 Litre Liquid	Each	£10.50
UDEP500	5 Litre Liquid	Each	£44.50

Hibi Liquid Hand Rub

Rapid acting antimicrobial hand rub. Effective for up to 6 hours. Used routinely as an antiseptic hand-wash & skin cleanser for patients undergoing surgery. Contains chlorhexidine gluconate in the form of an alcoholic solution. Effective against a wide range of bacteria, yeasts, fungi & viruses.



UHSC000	500ml	Each	£4.45
HIBDISP1	Pump Dispenser Top	Each	£4.25

Hibiscrub Hand Wash Liquid

Pre-op surgical hand scrub which lasts 6 to 8 hours. Giving immediate antibacterial effect, sustained antiseptic effect and helps to control cross infection.



UHBC000	500ml	Each	£4.65
UHBB000	5 Litre	Each	£37.80
HIBDISP	Pump Dispenser Top	Each	£4.05

Pal Hand Sanitising Wipes

Single use hygienic hand sanitising wipes with built-in conditioner. Ideal for use where traditional washing facilities are not available.



WPSK01	200x200mm	Pk150	£7.90
--------	-----------	--------------	--------------

Scrub Brushes - Autoclaveable

Autoclaveable scrub brushes for hands and instruments.

USBWH00	Each	£1.90
---------	-------------	--------------

Did You Know?

Foot disorders in the elderly are extremely common and are the cause of much pain and disability, and consequent loss of mobility and independence.

Videne Antiseptic Solution

P

Povidone Iodine USP 10% w/w. May be used wherever an effective antiseptic is required for the skin, for wounds or pre-op skin preparation. Quick drying. Coloured to identify covered area.



VDN01	500ml	Each	£7.75
-------	-------	------	--------------

Videne Surgical Scrub

P

Broad spectrum pre-operative hand disinfectant. Povidone Iodine USP 7.5% w/w. Detergent based solution with emollient. For use as a hand wash/scrub and pre-op skin preparation.



VDN02	500ml	Each	£7.85
-------	-------	------	--------------

Videne Alcohol Solution

P

Alcohol solution containing Povidone Iodine USP 10% w/w. Used as a pre-op skin disinfectant prior to surgery. High quality and cost effective. Offers activity against a broad range of bacteria, viruses and fungi.



VDN03	500ml	Each	£8.75
-------	-------	------	--------------

Surgical Spirit

Ideal for pre-op disinfection. Cleanse patients feet prior to analysis to prevent contamination of hands. It can also be used to soften skin on the feet.



SURGICALS	200ml	Each	£1.70
-----------	-------	------	--------------

Hibitane Plus 5% Skin Cleanser

Antibacterial skin cleanser. Effective against a wide range of bacteria. For pre-op skin disinfection, swabbing, wounds and burns.



UHBD000	5 Litre	Each	£35.90
---------	---------	------	---------------

Stericlens Aerosol

Sterile saline spray that will spray in any position, even if held upside down! For the topical irrigation and cleansing of wounds.



CNSM0143	100ml	Each	£2.85
CNSM0142	240ml	Each	£4.30

Free Delivery

FREE delivery on all UK mainland orders over £50 (before VAT)

Skin Asepsis / Hand Hygiene



Gojo Purell Hand Sanitiser

A simple and effective way of reducing the transmission of infection without the use of soap, water or towels. Kills 99.99% of the most common germs that may cause illness in as little as 15 seconds. Efficiency proven in independent laboratory testing. Convenient to use, anytime, anywhere. Evaporates quickly leaving hands feeling soft and refreshed.

PRLS12	60ml Pump	Each	£1.60
PRLS6	118ml Bottle	Each	£1.45
UPHR481	1200ml TFX Sanitiser Refill	Each	£15.70
UPHR1200	1200ml TFX Hand Gel Refill	Each	£14.10
UPDW000	TFX Dispenser White	Each	£25.10

Gojo Antibacterial Foam Soap

Kills 99.5% of the most common bacteria in 30 seconds, yet is gentle on hands even after repeated washing. Perfect for any work environment where employees must wash their hands frequently- 20 times per day - to prevent the spread of germs. Non-drying, fragrance free formula with moisturisers to encourage frequent use. Contains quick acting antimicrobial agent: Chloroxylenol (PCMX).



UAFS1200	1200ml TFX Refill	£16.70
----------	-------------------	--------

Gojo Mild Foam Hand Wash

Extremely gentle to the skin. Contains no fragrances or dyes. Over 93% of ingredients are derived from plant sources. Contains ingredients derived from coconut oil.



UMFH1200	1200ml TFX Refill	£16.70
----------	-------------------	--------

Gojo Premium Foam Hand Wash

Gojo foam soaps combine with the TFX Touch Free dispenser to create a powerful cleaning system. Air is infused into the soap as its dispensed, creating a rich, luxurious lather.



UPFS1200	1200ml TFX Refill	£16.00
----------	-------------------	--------

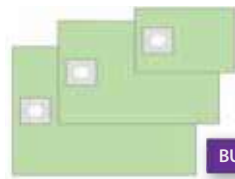
www.trycare.co.uk

Apply for an online account today!

With its easy search options and your own personalised customer account, shopping with Trycare has never been easier.

PLUS, keep up to date on all our latest offers and new products,

Patient Aperture Drapes



BULK DISCOUNT

Multibuy		Each	20+
DRPF0001	100x125cm	£8.70	-
DC0022	125x95cm	£4.70	£4.25
DC0021	240x190cm	£10.50	£9.50

Hospital Gowns - Sterile

Supplied with 2 hand towels.



BULK DISCOUNT

Multibuy		Each	24+
TG0019-U	Medium	£7.40	£6.80
TG0023-U	Large	£7.40	£6.80
TG0025-U	Extra Large	£7.40	£6.80

Economy Aperture Drapes

GDN013	120x150cm	Each	£3.00
--------	-----------	------	--------------

Disposable Gowns - Sterile

Suitable for all surgical procedures. Very soft and comfortable. Supplied with 2 hand towels.



BULK DISCOUNT

Multibuy		Each	24+
GWNDM	Large	£7.10	£6.10
GWNDL	Large Long	£7.10	£6.30
GWNDXL	XLarge Long	£7.10	£6.70
GWNDXXL	XXLarge Long	£7.10	£6.90

Economy Disposable Gowns

GDN016	Medium	Each	£3.95
GDN017	Large	Each	£4.05
GDN018	X Large Long	Each	£4.15

Perfection Plus Serviette Bibs

32x48cm small drape. Ideal for placing under the foot during treatments. 3 ply (2 ply paper, 1 ply polythene).



USBB000	Blue	Pk500	£17.20
USBG000	Green	Pk500	£17.20
USBO000	Orange	Pk500	£17.20
USBPK00	Pink	Pk500	£17.20

Drapes, Gowns & Masks

Patient Drape Sterile

DRPDP1	150x90cm	£4.35
--------	----------	--------------

Plain Drape Sterile

Multibuy		Each
DC0017	150x95cm	£3.25
DC0018	150x175cm	£5.40

Utility Drape Sterile

Multibuy		Each
DC0025	75x95cm	£1.10
DRPDU	75x90cm	£1.30

Economy Utility Drapes

GDN008	75x75cm	Each	£0.80
GDN009	75x90cm	Each	£0.90
GDN010	150x90cm	Each	£1.75
GDN011	160x175cm	Each	£3.25

Universal Overshoes

Polyurethane blue CPE embossed overshoe. Ideal for going into patients homes.



CNSM0004	Pk100	£3.00
----------	--------------	--------------

Protect+ Tie On Masks

Surgical tie on face masks. Green. Glass fibre and latex free. Filtration efficiency 99%.



BULK DISCOUNT

Multibuy		Each	5+	10+
CNSM0229	Pk50	£2.95	£2.70	£2.55

Annie Surgical Caps

Professional sterile surgical caps.



CPDASP	Each	£0.25
--------	-------------	--------------

Kosack Surgical Caps

Professional sterile surgical caps.



CPDKSP	Each	£0.50
--------	-------------	--------------

Perfection Plus Visor Mask Set

Lightweight visor with peelable scratch & dust resistant film on each side. Set includes 1 frame plus 6 visor shields.



CNSM0029	White	Each	£17.40
CNSM0030	Refill Shields	Pk12	£10.60

Queen Charlotte Face Masks

Earloop face masks. White.

MFP	Pk100	£1.95
-----	--------------	--------------

Protect+ Ear Loop Masks

Surgical ear loop face masks. Green. Glass fibre and latex free. Filtration efficiency 99%.



BULK DISCOUNT

Multibuy			Each	5+	10+
CNSM0025	Pink	Pk50	£2.95	£2.70	£2.55
CNSM0028	Green	Pk50	£2.95	£2.70	£2.55

Verify+ Surgical Ear Loop Masks

Premium quality 3-ply surgical face masks with fibreglass-free and latex-free soft fibre material for maximum comfort. An enlarged open size and excellent filtration efficiency makes these ear loop face masks the ideal choice for providing primary barrier filtration protection.



UVPFM02	Blue	Pk50	£3.05
UVPFM03	Pink	Pk50	£3.30

Verify+ Surgical Tie On Masks

Premium quality 3-ply surgical face masks with fibreglass-free and latex-free soft fibre material for maximum comfort. An enlarged open size and excellent filtration efficiency makes these tie-on face masks the ideal choice for providing primary barrier filtration protection.



UVPFM01	Blue	Pk50	£3.05
---------	------	-------------	--------------

Fun Fact

Standing in one spot is far more tiring than walking because the demands are being made on the same few muscles for a longer length of time.

Protex S2 Face Masks without Valve

Recommended by The Society of Podiatry & Chiropody.

Nominal protection factor 12. Assigned protection factor 10. Protects against particulate dust, fumes and pollens. At least 90% effective against fine dusts. Can be used effectively for up to 8 hours. CE approved. Meets with European Standard EN149. Also approved for use under the following regulations: COSHH (Control of Substances Hazardous to Health).



CNSM0293	Pk2	£3.45
----------	------------	--------------

Protex S3V Face Masks with Valve

Recommended by The Society of Podiatry & Chiropody.

Nominal protection factor 50. Assigned protection factor 20. Protects against particulate dust, fumes and pollens. At least 98% effective against fine dusts. The valve has been developed to improve comfort, dispelling heat, humidity and exhaled. Can be used effectively for up to 8 hours. CE approved. Meets with European Standard EN149. Also approved for use under the following regulations: COSHH (Control of Substances Hazardous to Health).



CNSM0294	Pk12	£39.60
----------	-------------	---------------

Latex Gloves

Perfection Plus Latex Powder Free Gloves

TOP SELLER

Powder free non sterile, latex examination gloves.

BULK DISCOUNT

Multibuy			Each	5+	10+
UVLPFXS	X Small	Pk100	£5.70	£4.75	£4.45
UVLPFSM	Small	Pk100	£5.70	£4.75	£4.45
UVLPFMD	Medium	Pk100	£5.70	£4.75	£4.45
UVLPFLG	Large	Pk100	£5.70	£4.75	£4.45
UVLPFXL	X Large	Pk100	£5.70	£4.75	£4.45

Micro Touch Latex Powder Free Gloves

BULK DISCOUNT

Non sterile powder free latex glove. All microtouch gloves contain a very low allergenic profile. Impenetrable barrier against harmful organisms and superior comfort levels.

Multibuy			Each	5+	10+
UDLPFXS	X Small	Pk100	£7.60	£6.60	£6.10
UDLPFSM	Small	Pk100	£7.60	£6.60	£6.10
UDLPFMD	Medium	Pk100	£7.60	£6.60	£6.10
UDLPFLG	Large	Pk100	£7.60	£6.60	£6.10
UDLPFXL	X Large	Pk100	£7.60	£6.60	£6.10

Latex Powdered Gloves

BULK DISCOUNT

High quality, non sterile powdered latex gloves. Easy to put on. Offering the perfect combination of strength, elasticity, slip resistance and comfort.

Multibuy			Each	5+	10+
GLSH	Small	Pk100	£5.75	£5.25	£4.85
GLMH	Medium	Pk100	£5.75	£5.25	£4.85
GLLH	Large	Pk100	£5.75	£5.25	£4.85

Nitrile Gloves

157

Kooltouch Nitrile Powder Free Gloves

Latex free, powder free gloves, high quality. Available in pink or blue. Strong, yet comfortable, providing a superior feel and flexibility.

TOP SELLER

BULK DISCOUNT



Multibuy			Each	5+	10+
UUNIXSM	BLUE X Small	Pk100	£6.30	£5.80	£5.40
UUNISML	BLUE Small	Pk100	£6.30	£5.80	£5.40
UUNIMED	BLUE Medium	Pk100	£6.30	£5.80	£5.40
UUNILGE	BLUE Large	Pk100	£6.30	£5.80	£5.40
UUNIXLG	BLUE X Large	Pk100	£6.30	£5.80	£5.40
UUNPXSM	PINK X Small	Pk100	£5.40	£4.95	£4.55
UUNPSML	PINK Small	Pk100	£5.40	£4.95	£4.55
UUNPMED	PINK Medium	Pk100	£5.40	£4.95	£4.55
UUNPLGE	PINK Large	Pk100	£5.40	£4.95	£4.55
UUNPXLG	PINK X Large	Pk100	£5.40	£4.95	£4.55

Perfection Plus Nitrile Powder Free Gloves

High quality nitrile glove and powder free. Good puncture and abrasion resistance, excellent grip.

TOP SELLER

BULK DISCOUNT



Multibuy			Each	5+	10+
CNSM0097	BLUE X Small	Pk100	£6.00	£5.50	£5.10
CNSM0098	BLUE Small	Pk100	£6.00	£5.50	£5.10
CNSM0099	BLUE Medium	Pk100	£6.00	£5.50	£5.10
CNSM0100	BLUE Large	Pk100	£6.00	£5.50	£5.10

Latex Sterile Gloves Available

Choose from our standard latex sterile gloves sold in pairs or packs of 50 or Biogel D sterile gloves sold in packs of 10 or single pairs.



Hygiene, Infection Control & Sundries

Nitrile Gloves

Amazing Nitrile Powder Free Gloves

Excellent quality, latex free, nitrile examination gloves.

UAMZXSML	LILAC X Small	Pk300	£12.70
UAMZSML	LILAC Small	Pk300	£12.70
UAMZMED	LILAC Medium	Pk300	£12.70
UAMZLGE	LILAC Large	Pk300	£12.70
UAMZXLG	LILAC X Large	Pk270	£12.70



BUMPER PACK

Blush Nitrile Powder Free Gloves

Excellent quality latex and powder free nitrile gloves.

UBLUXSM	PINK X Small	Pk200	£10.10
UBLUSML	PINK Small	Pk200	£10.10
UBLUMED	PINK Medium	Pk200	£10.10
UBLULGE	PINK Large	Pk200	£10.10
UBLUXLG	PINK X Large	Pk200	£10.10



BUMPER PACK

Nitrile Powder Free STERILE Gloves

Sterile powder free nitrile gloves.

GLVS0011	BLUE Small	Pk50	£17.80	GLVS0011SP	BLUE Small	Pair	£0.35
GLVS0012	BLUE Medium	Pk50	£17.80	GLVS0012SP	BLUE Medium	Pair	£0.35
GLVS0013	BLUE Large	Pk50	£17.80	GLVS0013SP	BLUE Large	Pair	£0.35

Vinyl Gloves

Vinyl Powder Free Gloves

A great all purpose cost effective glove. Ideal for tasks with a low risk of contact with blood.

UVVPFSM	Small	Pk100	£4.95	UVVPFLG	Large	Pk100	£4.95
UVVPFMD	Medium	Pk100	£4.95	UVVPFXL	X Large	Pk100	£4.95

Paper Hand Towels - Z Fold

Perfect for dealing with everyday clinical needs, from wiping down surfaces to simply drying your hands.

Available in 1 ply or 2 ply



HNDTWB	1 Ply Blue	Pk250	£2.75
HNDTW03	2 Ply White	Pk180	£3.25

Economy Toilet Rolls 2ply

Ideal for your clinics. White 125x100mm.



UTRW000	320 Sheets	Case 36	£15.70
---------	------------	---------	---------------

Lotus Tissues

Non sterile box of tissues. 110 x 209mm.



K3020	Pk100	£1.05
-------	--------------	--------------

Towel Rolls / Couch Rolls

High quality couch rolls. Available in white. 2 ply.



BULK DISCOUNT

Multibuy		Each	12+	24+
TR10	10 Inch	£1.90	£1.55	£1.30
TR20	20 Inch	£3.90	£3.10	£2.60

Cotton Wool Balls

High quality cotton wool.



CWBSM	Sml Non Sterile	Pk500	£2.90
CWB	Lge Non Sterile	Pk250	£2.95
CWBLS	Sterile	Pk5	£0.40

Cotton Wool Roll

100% cotton roll. 500g.



CWR	BP Quality	Each	£5.45
CWRHQ	Hospital Quality	Each	£4.50

Gauze Swabs Non Sterile 8 Ply



UGSJ000	7.5x7.5cm	Pk100	£1.75
SW8102	10x10cm	2 x Pk75	£9.90

Gauze Swabs Sterile



SWABST550	5x5cm 4 ply	Pk25	£2.40
SWABST750	7.5x7.5cm 4ply	Pk25	£3.60
SWBS10	10x10cm ('5s') 12 ply	Pk30	£12.20

Maxi Square Cotton Wool Pads

Large square 100% Cotton Wool Pads. Approximately 77mm x 72mm. Ideal for cleaning the toes before treatment (also can be used to remove nail polish and make up).



MAXIPAD	Pk50	£1.35
---------	-------------	--------------



Patient Preparation



Scandonest 3% Plain

POM

Anaesthetic solution for injection

3% mepivacaine injection solution. Formulated without vaso-constrictor for specific medical solutions. No methylparaben formulation to avoid allergic reactions on sensitive patients.

Latex free plungers and seals.

USDT322	2.2ml	Pk50	£23.90
---------	-------	-------------	---------------

Xylocaine Pump Spray

P

Topical 10% lidocaine based anaesthetic, dispensed by metered spray nozzle. The nozzle can be autoclaved.



XYLCNS	50ml	Each	£10.70
--------	------	-------------	---------------

Xylonor Gel

P



Topical anaesthetic. Lidocaine USP 5.00mg, Cetrimide 0.15g.

UXYG000	15g	Each	£6.90
---------	-----	-------------	--------------

Terumo Needles

No flinch, latex free needle. No leakage, secure mounting. Using a unique double bevel design, for increased comfort for the patient.



NDL27L	27G Long 35mm	Pk100	£10.10
NDL30XS	30G XShort 16mm	Pk100	£9.70
NDL30S	30G Short 19mm	Pk100	£10.10

Disposable Swabbing Set

Contains: 1 x sterile swabbing forceps, 1 x tisept 25ml sachet, 1 x gallipot 120ml, 1 x sterile paper towel, 1 x gauze 5cm x 5cm.



SWBSTD	Each	£4.50
--------	-------------	--------------

Irripod Saline Pods

Sterile saline for the topical irrigation and cleansing of wounds. Can also be used as an eyewash. Supplied in handy, twist open, individual pods.



CNSM0144	20ml	Pk25	£9.10
----------	------	-------------	--------------

Tisept Solution

Strong antiseptic cleansing solution for cleaning wounds to the skin during dressing. It can be used for disinfecting and cleansing wounds.



TSPTS25SP	25ml	Each	£0.55
TSPTS25	25ml	Pk25	£15.90

Normasol Saline Sachets

Sterile topical irrigation system containing sodium chloride.



NS	25ml	Pk25	£12.00
----	------	-------------	---------------

Kleersite Glasses

Protective safety glasses with side shield.



UKSGCLR	Clear	Pair	£6.90
---------	-------	-------------	--------------

Sterile Water

Ideal for irrigation and surgical environments.



Multibuy		Each	
CNSM0064	1 Litre Bag	£4.90	
WTRRGST01	1 Litre Bottle	£6.50	

Pre Injection Alcohol Pads (Steret)

70% isopropyl alcohol swabs. Handy individual sachets. Perfect for cleaning the skin prior to injections.



UPIAPBB	Pk100	£2.45	
---------	--------------	--------------	--



Effective
treatment for
fungal nails!



**EFFECTIVE ON FUNGAL
NAILS AND REDUCES
NAIL DISCOLOURATION**

- Clinically proven efficacy
- Effective on fungal nails
- Rapid visible improvement
- Easy to use



Emtrix has been developed by dermatologists in Sweden and is based on 15 years of targeted research. Emtrix treats nail fungus and nail psoriasis and gives you healthier looking nails after only 2-4 weeks. The total treatment period is determined by the degree of severity and the extent of the nail's discolouration/damage.



Turn to Page 10

Azo Surface Cleaner

Ready to use surface disinfectant/cleaner with bacterial action against MRSA, E-Coli and other micro-organisms.

UAZS000	500ml Spray	£4.75
UAZW000	200x200mm Wipes	£4.60

Challenger IMS 70%

Industrial methylated spirit BP in 70% for the disinfection of hard surfaces. Strains of Bacilli can be killed in one minute and 99.99% of fungal spores in 2 minutes.



CHLL0003	600ml	Each	£3.60
----------	-------	-------------	--------------

Challenger IPA 70%

Isopropyl alcohol pH Eur 70% w/v in purified water. For the rapid disinfection of hard surfaces. Kills 99.99% of bacteria in 2 minutes.



CHLL0001	600ml	Each	£3.65
----------	-------	-------------	--------------

Mikrozid AF Surface Cleaner

Unique alcohol free spray disinfectant ideal for sensitive materials such as perspex, leather and PVC. Bactericidal, fungicidal and virucidal within 1 minute contact time. Ready to use.



ALCOHOL FREE

UMSS1LT	1 Litre	Each	£21.00
---------	---------	-------------	---------------

Challenger HS CX2 Surface Cleaner

For rapid disinfection of hard surfaces. Kills 99.99% of bacteria and fungi within two minutes, including HIV and HBV.



BULK DISCOUNT

Multibuy		Each	6+	12+
CHLTCX2	500ml Trigger	£3.50	-	-
CHLRXC2	500ml Refill	£3.20	£2.90	£2.70
CHLSS	5 Litre	£24.20	-	-

Clinell Disinfectant Spray

Safe, non-bleach formula. Leaves no smell or taint. Fast acting formulation that is effective within 30 seconds to kill 99.9% of bacteria. Safe to use in food preparation areas. Skin safe. Dermatologically tested. Proven to kill MRSA.



CNSM0052	500ml	Each	£5.70
----------	-------	-------------	--------------

Mikrozid Wipes

Alcohol wipes for quick cleaning and disinfection of contaminated surfaces. Fast acting, against bacteria, fungi, HCV, HBV, HIV, Adeno Virus, TB and MRSA in two minutes.



UMWD000	Tub	Pk150	£7.90
UMWR000	Refill	Pk150	£6.70
UPLUS00	Jumbo Tub	Pk200	£9.40
UPLUS01	Jumbo Refill	Pk200	£8.60

Surface Disinfection

Mikrozid Surface Cleaner

Easy to use, fast acting, ethanol based spray disinfectant. Aldehyde free ideal for between patients. Active against TB bacteria, fungi, viruses including HBV, HIV and HCV. Smear free and suitable for all high risk surfaces.

UMSL000	1 Litre	Each	£21.00
---------	---------	------	--------

Milton Sterilising Solution

Used to disinfect **non metallic** surfaces and equipment. Allows you to sterilise in just 15 minutes, killing bacteria, viruses, fungi and spores.



UMILT01	500ml	Each	£2.25
UMILT00	1000ml	Each	£2.95

Clinell Wipes

The unique 3-in-1 Alcohol Free wipe for hands, surfaces and instruments.



ALCOHOL FREE

BULK DISCOUNT

Multibuy		Each	6+	12+
CNSM0054	Regular Pk40	£1.65	£1.50	£1.40
CNSM0053	X-Large Pk200	£7.30	£5.00	£4.60

Presept Cleaner Tablets

Disinfection Tablets. Each tablet contains 2.5g Sodium Dichloroisocyanurate. 1 tablet makes up to 1 litre.

UPDT025	2.5g	Pk100	£12.80
---------	------	-------	--------

Protect+ Wipes

For the cleaning & disinfection of all clinical surfaces. Saturated with a solution of 70% v/v Isopropyl Alcohol BP.

CNSM0211	Refill	Pk150	£3.55
CNSM0210	Tub	Pk150	£4.05
UPPDWLT	Jumbo Tub	Pk200	£6.00

Tuffie Wipes Alcohol Free

Powerful alcohol and chlorine-free wipes, ideal for cleaning and disinfecting all non-porous surfaces and non-invasive equipment. Effective against bacteria, viruses, mycobacterium, yeasts and fungi and spores.



Tuffie 5 are:

Chlorine Free
Fragrance Free
Skin Friendly
Alcohol-Free

Standard approved (including EN16615 / Four field test)

New & Improved Formula!

UTUF225	Pk225	Each	£9.50
---------	-------	------	-------

Gallipots Stainless Steel

Non sterile autoclavable gallipots.

GLP4	57ml	Each	£4.95
GLP6	170ml	Each	£6.50
GLP5	284ml	Each	£7.50

Polythene Disposable Aprons

Size 690 mm x 1070mm.
Flat pack.

DISAP	Pk100	£3.85
-------	-------	-------



Gallipots Disposable Sterile

Single Use gallipots for everyday use.

GLPD	60ml	Each	£0.20
GLPD1	120ml	Each	£0.85
GALLIPOT120	120ml	Pk12	£6.00

Dropper Bottles (Empty)

DROPBS	10ml	Each	£0.70
DROPB	20ml	Each	£0.85

Spray Dispenser Bottle (Empty)

Empty pump spray dispenser bottle.

SPRAYDISP	250ml	Each	£1.50
-----------	-------	------	-------

Pal Disposable Apron Roll

These aprons on a roll are an efficient and cost effective way of dispensing aprons whilst reducing the risk of cross contamination.

UDAPRB2	Blue	Pk200	£8.40
UDAPRW2	White	Pk200	£8.40

Self Seal Polythene Bags - Write On

SSB2X3	5.5 x 8cm	Pk100	£0.55
SSB4X55	10 x 14cm	Pk100	£1.05
SSB5X75	12.5 x 19cm	Pk100	£1.85
SSB6X9	15 x 23cm	Pk100	£2.35

Hennesey Quick Shine Sponge

Hennesey quick shine sponge is a quick and easy way to give shoes an instant shine. Wipe over the shoes and allow to dry.



CHEL466	Each	£1.55
---------	------	-------

Self Seal Polythene Bags - Plain

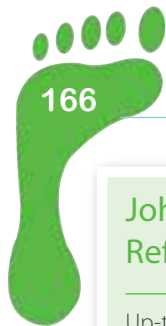
SSB3X325	7.5 x 8.5cm	Pk100	£0.80
SSB3X75	7.5 x 19cm	Pk100	£1.30
SSPB0001	10 x 14cm	Pk100	£1.05
SSBP6X9	15 x 23cm	Pk100	£2.25
SSB8X11	20 x 27.5cm	Pk100	£2.80
SSB9X12	22.5 x 32cm	Pk100	£4.25
SSB13X18	33 x 45.5cm	Pk100	£6.60

Tournicot Ring

Plastic ring for stemming blood flow. Can easily be applied to the digit by rolling over the toe. This method of application squeezes blood from the digit before occluding the vessels. Easily removed by cutting using scissors. **Single use only.**



TOURNICOTS	Small	Each	£4.25
TOURNICOTM	Medium	Each	£4.25
TOURNICOTL	Large	Each	£4.25
TOURNICOTXL	X Large	Each	£4.25



Book, Stationery & Study Aids

John Falkner-Heylings Reference Guides

Up-to-date working knowledge that every practitioner needs in an easy to read, digestible format. *John Falkner-Heylings DipPodM, FPSPract Podiatrist*

£20 Each



Paddings & Dressings

Includes details of all the dressings you will ever need.

Falls In the Elderly

This study guide examines issues and what we can do to prevent falls.

Verrucae

What you need to know about how to treat them.

Assessment & Diagnosis of the Foot & Leg

What causes a foot to be "at risk"? How can we recognise the risk?

Nail Clippings

Everything you need to know about the nail anatomy & treating nail dystrophies.

Domiciliary Practice

So your about to ring the bell - do you know what to expect and how to deal with it?

Safe Drill Technique

"Its not what you do - Its the way you do it". Never more true than in drill application.

Aetiology of Biomechanical Foot Pain

A study of the causes of biomechanical foot pain.

Insoles, Orthoses & Chairside Appliances

The principles behind insoles and orthotics.

BKS011	Paddings & Dressings
BKS029	Falls In The Elderly
BKS015	Verrucae
BKS017	Assessment & Diagnosis of Foot & Leg
BKS012	Nail Clippings
BKS014	Domiciliary Practice
BKS016	Safe Drill Technique
BKS022	Aetiology of Biomechanical Foot Pain
BKS013	Insoles, Orthoses & Chairside Appliances

Healthy & Diseased Foot Chart

This chart details the differences between a healthy foot and one with common diseases or pathologies. This detailed chart also includes skeletal, muscular and vascular systems within the foot. The chart is laminated and comes with two brass grommets in the top corners. It is 27.55 x 39.37 inches in dimension.



BKS021 **£23.60**

Anatomical Foot & Ankle Chart

This laminated chart illustrates foot and ankle anatomy including bones, muscles and tendons. It shows medial, frontal, lateral and plantar views as well as a cross section. Furthermore, it illustrates supination & pronation, hammertoe, bunion, sprains & fractures. 20 x 26 inch.



BKS009 **£17.20**

Sketch of the Foot Poster

Colour poster. It will make an attractive accessory to any practice. Width 100cm, height 35.5cm.



FRS0024 **£17.50**

Appointment Diaries

Available in 2 colours - black & red. With 8am to 8pm appointments at 15 minute intervals. One week covers 2 pages which enables you to manage your time efficiently in all aspects of daily life.



QUIR0004	Red 2019	Each	£19.85
QUIR0001	Black 2019	Each	£19.85

Appointment Cards

Professional appointment cards including spaces for customer name, foot health practitioners/ podiatrists name, time and date. Dimensions: width 9.5cm, height 7cm.



APPTCARDS **Pk200 £4.30**

Book, Stationery & Study Aids

Patient Record Cards

Detailed record cards available in white, blue or yellow. Record patients personal details and keep a record of ongoing treatment. Helps to increase efficiency. Size: approx 20 x 13cm.



RECB	Blue	Pk100	£5.20
RECW	White	Pk100	£5.20
RECY	Yellow	Pk100	£5.20

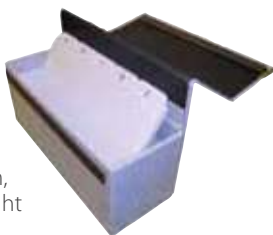
Patient Record Continuation Cards

Chiropody patient record continuation cards. Size 20 x 13cm.

CNSM0002	Blue	Pk100	£5.20
CNSM0001	White	Pk100	£5.20
CNSM0003	Yellow	Pk100	£5.20

Patient Record Card Box

Record card box complete with alphabetical section dividers. Magnetic strip closure. Approx size: width 22cm, depth 8cm, height 15.5cm.



RECBOX	Box Incl A-Z Cards	£14.60
INDXCDS	Spare A-Z Cards	£3.35

Podiatry Treatment Record Sheets

Professional 4 page A4 assessment sheets. To provide the podiatrist with a very detailed record of each patient following the latest NHS guidelines.

CNSM0232	Pk50	£6.55
----------	------	-------

Podiatry Treatment Continuation Sheets

A4 continuation inserts. Double sided. Enabling the podiatrist to keep a continuous record of the patients previous or ongoing treatment, following the latest NHS guidelines.

CNSM0233	Pk50	£3.55
----------	------	-------

Trycare Clinic Stationery



TELINDBK	Telephone Index	£5.60
CLIPBD	Clipboard	£3.85

Symbols

3/4 Length Gel Insoles **88**

A

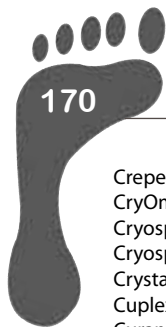
Abrasive Caps **105**
 Achilles Protector Sleeve **89**
 Acriflex **14**
 Acrytensil **48**
 Advacare **48**
 Algi-White **51**
 Alkapharm System 4 **135**
 Amazing Gloves **158**
 Angled Foot File **108**
 Animal Wool **47**
 Annie Surgical Caps **154**
 Anti-Crack Heel Protector (Gel) **93**
 Appointment Cards **167**
 Appointment Diaries **167**
 Aprons **165**
 Aqueous Cream **17**
 Autoclave Indicator Tape Roll **135**
 Autoclaves **133-134**
 Avoca **11**
 Azo Surface Cleaner **163**

B

Bactigras **48**
 Bandage Applicators **119**
 Basic Dressing Pack **54**
 Betadine Dry Powder Spray **14**
 Bio Oil **23**
 Blacks Files **120**
 Blade Removers **100**
 Bland Rose **80**
 Blush Gloves **158**
 Books **166**
 Boost B12 **30**
 Brite Shield **123**
 Bromi Lotion **16**
 Bunion Protectors (Gel) **84**
 Bunion Sleeves (Gel) **85**
 Bunion Spreader & Ring (Gel) **85**
 Bur Net **122**
 BYE Wart **12**

C

Canestan Antifungal Cream **4**
 Caps **154**
 Care Antiseptic Cream **14**
 Carnation Anti-Blister Stick **52**
 Carnation Antifungal Spray **4**
 Carnation Assorted Blister Care **54**
 Carnation Cracked Heel Cream **17**
 Carnation Freeze Spray **11**
 Carnation Hydrocolloid Blister Care **54**
 Carnation PediRoller **145**
 Carnation Silver Socks **67**
 Castofoam Impression Box **80**
 CCS Cream **17**
 Challenger Chlorhexidine Pink **148-149**
 Challenger DS Skin Disinfectant **148-149**
 Challenger HS Surface Cleaner **148, 163**
 Challenger IMS **148, 163**
 Challenger IPA **148, 163**
 Charts **167**
 Chirocream FCC **19, 23**
 Chirocream FWC **23, 25**
 Chirocream HB **18, 27**
 Chirofix **55**
 Classics Nail Varnish Remover **7**
 Cleaning Brushes **139**
 ClearZal® BAC Nail Solution **4**
 ClearZal Hard Skin Remover **18**
 ClearZal Pain Relieving Gel **24**
 ClearZal Silk Smooth **24**
 Clinell Disinfectant Spray **163**
 Clinell Wipes **164**
 Clinell Hand Sanitiser Gel **149**
 Clinell Surface Sanitiser **149**
 Clipboard **168**
 Clothing **124-126**
 Comfort Gel Insoles **88**
 Continuation Cards **168**
 Continuation Sheets **168**
 Cool Foot Antiperspirant Spray **16**
 Corn Ring Protector (Gel) **85**
 Corn Shaver **119**
 Correct Heel Pads **76**
 Corrective Orthosis (Gel) **92**
 Cotton Wool **159**
 Couch Rolls **159**
 Coverplast **49**



Crepe Bandage **57**
CryOmega II **11**
Cryospray **59 12**
Cryospray Applicator Tips **12**
Crystacide Cream **14**
Cuplex Gel **12**
Curanail **5**
Curette **120**
Cushion Met Pads **77**
Custom Practica Bags **140**
Cuticle Scissors **119**
Cuticura Intensive Hand & Nail Cream **21**
Cutiplast **49**
Cut Pads **47**

D

Daktarin® **5**
Daylight Lamps **144-145**
Day & Night Bunion Protector (Gel) **85**
De-ionised Water **135**
Deramed Gel **81-89**
Desderman Hand Sanitiser **150**
Diabetic Blister Pad (Gel) **94**
Diabetic Callus Pad (Gel) **93**
Diabetic Hallux Valgus Pad (Gel) **93**
Diabetic Wart Pad (Gel) **93**
Diamond Burs **103-104**
DiamonDeb **109**
Diaries **167**
Digistrip (Gel) **82**
Digital Caps (Gel) **81-82**
Digital Pads (Gel) **82**
Digital Rings (Gel) **83**
Digital Tubes (Gel) **83**
Digitops (Gel) **90**
Digitubes (Gel) **90**
D Lux Daily Vitamin **30**
Domiciliary Cases & Bags **140-142**
Doppler Gel **127**
Double Protective Cushions (Gel) **92**
Double Sided File **107**
Double Sided Foot File **107**
Drapes **153-154**
Dremel Drill **137**
Dressing Packs **54**
Dressing Scissors **119**
Dressing Spots **54**

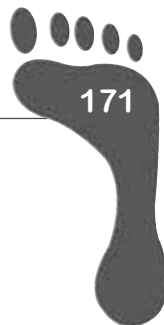
Drills **136-139**
Drop Metatarsal Pads **76**
Dropper Bottles **165**
Duoderm **49**
Dust Bags **136**

E

E45 Cream **18**
Ear Loop Masks **154-155**
Elastic Net **57**
Elite Podia's **141**
Elite Soft Medic **142**
Emery Boards **108-109**
Emollia Cream **20**
Emollin Spray **17**
Emtrix Fungal Nail Treatment **10, 162**
Enigma Autoclaves **133-134**
Epitact Gel **90-94**
Epsom Range **32**
Epsom Salts **32**
EVA Wedge Strips **76**
Excilor **8**
Excavators **120**

F

Face Masks **154-155**
Felt Scissors **119**
Ferric Chloride **14**
Fleecy Foam **45**
Fleecy Web **44**
Flexible Catch Basin **143**
Flexitol Callus Remover **20**
Flexitol Hand Balm **21**
Flexitol Heel Balm **20**
Flexitol Heel Balm Platinum **20**
Flexitol Moisturising Cream **18**
Foam-O-Felt **45**
Foot Dresser **108-109**
Foot Rests **143**
Foot Tray **143**
Forceps **121**
Forefoot Covers (Gel) **87**
Frelen Moulded Insoles **60**
Fresco Duo 10 **80**
Fresco Medium Silicone **80**
Fresco Silicone Starter Kit **80**



Fresh Foot Odour Control Spray **16**
 Fresh Shoe Odour Control Spray **16**
 Friars Balsam **14**
 Full Length Gel Insoles **88-89**

G

Galant Half Insole **76**
 Gallipots **165**
 Gauze Swabs **159**
 Gehwol **33-42**
 Gel Discs **84**
 Gel Square **94**
 Gel Starter Kit **81**
 Gerlach Abrasive Caps **105**
 Gerlach Foot Rest **143**
 Gigasept Instru AF **123**
 Glasses **161**
 Gloves **156-158**
 Glutarol **12**
 Gojo Range **152**
 Gordochoom **5**
 Gormel Creme **20**
 Gouge Blades **101**
 Gowns **153**
 Granuflex **50**
 Grinding Caps **105**
 G Spa Foot Therapy **22**
 Gypsona Bandage **57**

H

Hadewe Carrycase **140**
 Hadewe Drills **136-137**
 Hadewe Tripod Foot Rest **143**
 Hallux Valgus Night Splint **77**
 Hallux Valgus Protection (Gel) **92**
 Hallux Valgus Protectors (Gel) **86**
 Hammer Toe Cushions (Gel) **91**
 Haplaband **57**
 Haplabase Orthotic Insoles **59-60**
 Hapla Cast **43**
 Haplagauz **58**
 Hapla Gold **43**
 Hapla Heel Lift (Gel) **95**
 Hapla Heel Wedge (Gel) **95**
 Hapla Longitudinal Arch Support (Gel) **95**
 Hapla Metatarsal Pad (Gel) **95**

Hapla Modular Orthotics **95**
 Haplanet **58**
 Hapla Retail Packs **47**
 Hapla Toe Divider (Gel) **95**
 Hapla Wave **53, 55**
 Heel Block **143**
 Heel Cups (Gel) **88**
 Heel Softening Gel Sleeve **89**
 Hennesey Quick Shine Sponge **165**
 Hibi Liquid **150**
 Hibiscrub **150**
 Hibitane **151**
 HP Diamond Burs **103**
 Hydrogen Peroxide **15**
 Hydrous Wool Fat **18**
 Hypafix **55**

I

IMS **163**
 Inadine **50**
 Inecto Hand & Nail Cream **21**
 Ingrown Toenail Protector (Gel) **83**
 Ingrown Tool **121**
 Instrument Cleaning Brush **123**
 Instrument Pack **121**
 Instrument Trays **146**
 IPA **163**
 Iris Scissors **119**
 Irripod Saline Pods **161**

J

Jelonet **50**
 John Falkner-Heylings Reference Guides **166**

K

Kaltostat **50**
 Keep Warm Insoles **62**
 Kiehl Grinding Caps **105**
 Kiehl Nippers **116-118**
 Kleersite Glasses **161**
 Kooltouch Gloves **157**
 Kosack Surgical Caps **154**
 KY Jelly **24**

L



Lafuma Stool **132**
Lamisil **9**
Lamps & Lighting **144-145**
Latex Gloves **156**
Laufwunder Callus Salve **24**
Laufwunder Callus Reduction Cream **24**
Laufwunder Diabetic Footbalm **24**
Laufwunder Foot Spray **26**
Laufwunder Hydrobalm **24**
Laufwunder Lipid Balm **26**
Laufwunder Moisturising Footbalm **26**
Laufwunder Nail & Skin Softener **21**
Laufwunder Sensitive Balm **26**
Lemon Myrtle **15, 31**
Leukoplast **55**
Lispro Foot Sanders **108**
Lyof foam **51**

M

Magic Step **68**
Magnesium Flakes **30**
Magnesium Oil **29**
Malleoli Protector Sleeve **89**
Mandrel **105**
Masks **154-155**
Mefix **56**
Melolin **51**
Mepilex **51**
Metatarsal Sleeves (Gel) **86**
Met Bands (Gel) **86**
Met & Bunion Protector Sleeve (Gel) **86**
Method Ingrown Nail Treatment **79**
Metluxe Toe Cushion **78**
Met Pad Cut To Size **76**
Met Protector with Toe Loop (Gel) **87**
Metzenbaum Scissors **119**
Micro Filter Bags **136**
Micropore **56**
Mikrozyd AF Surface Cleaner **163**
Mikrozyd Surface Cleaner **164**
Mikrozyd Wipes **163**
Milton Sterilising Solution **123, 164**
Mitchell's Original Wool Fat **22**
Moleskin Roll **45**
Monochloroacetic Acid **13**
Moores Discs **106**
Moores Mandrel **105**

Moores Plastic Discs **106**
Mycota **9**
Mykored **9-10**

N

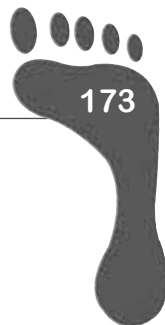
Nail Dresser **109**
Nail Elevators **121**
Nail Procedure Dressing Pack **54**
Nail Splitter **121**
Needles **160**
Neuropen **127**
Newtons Chiropody Sponge **26**
Newtons Hand & Nail Cream **26**
Newtons Intensive Foot Cream **28**
Newtype Felt **45**
Nippers **110-118**
Nitrile Gloves **157-158**
Normasol Saline Sachets **161**
Nourish Organic Nail Lacquer **6-7**
Nuprene **46**

O

Occlusal **13**
Operators Chair **132**
Opsite Spray **52**
Orthofits **61**
Orthofit Oven **61**
Ottoform K **80**
Overshoes **154**

P

Packer Spatula **121**
Pal Hand Sanitising Wipes **150**
Paper Hand Towels **159**
Patient Record Cards **168**
PBS Diamond Burs **102**
Perasafe **123**
Perasafe Disinfectant Box **123**
Phenol **13**
Plantar Cushions (Gel) **94**
Plinth Chairs **128-132**
Podiatry Treatment Record Sheets **168**
Poly Bags **165**
Poron Cut-To-Size Insoles **62**
Posters **167**



Powerstep 3/4 Length **63**
 Powerstep Original Full Length **63**
 Powerstep Pinnacle **64**
 Powerstep Pro **67**
 Powerstep Pro Control **65**
 Powerstep Pro Control 3/4 **66**
 Powerstep SlenderFit 3/4 Length **64**
 Practica Replacement Drawers **140**
 Premier PBS Diamond Burs **102**
 Premixslip Instrument Reconditioner **122**
 Presept Cleaner Tablets **164**
 Printer Paper **133**
 Probes **120**
 Protect+ Wipes **164**
 Protex Masks **155**
 Purell Hand Sanitiser **152**

Q

Queen Charlotte Face Masks **154**

R

Rasps **109**
 Reaktol Liquid Catalyst **80**
 Record Cards **168**
 Rigid Foot Tray **143**
 Rubynit Trimmers **104**

S

Saeyang Drills **138-139**
 Salactol **13**
 Salatac Gel **13**
 Salicylic Acid **13**
 Saline **161**
 Savlon **15**
 Scalpel Blades & Handles **96-101**
 Scandonest 3% **160**
 Scissors **119**
 Scrub Brushes **150**
 Scrub Trousers **124**
 Scrub Tunic **124**
 Self Seal Sterilisation Pouches **135**
 Semi Compressed Felt **46**
 Serviette Bibs **153**
 Sharps Containers **100**
 Shoe Horns **79**
 Shofu White Stone Burs **104**

Silicone Met Protector **87**
 Silver Nitrate **13**
 Silver Socks **67**
 Skintact **52**
 Snogg Soft Next **58**
 Socks **67**
 Soft Wool Felt **46**
 Solos SportActive Insoles **68**
 Sorbidon Hydrate **28**
 Sorbsan **52**
 Spray Dispenser Bottle **165**
 Stationery **168**
 Steret Pre Injection Pads **161**
 Stericlens **151**
 Sterile Water **161**
 Sterilisation Bath **122**
 Sterilisation Pouches **135**
 Sterilisation Tray **123**
 Straight Foot Dressers **108**
 Styptic Pencil **14**
 Surgical Spirit **151**
 Surgistain Instrument Cleaner **122**
 Swabbing Set **161**
 Swabs **159**
 Swan Foam **46**
 Swann Morton **96-100**
 Swiss File **107**

T

TalarMade Elite **72**
 TalarMade Gaitway **71**
 TalarMade MicroGrip Additions **69**
 TalarMade SuperFlex **70**
 TCP Antiseptic Liquid **15**
 Tea Tree Oil **15**
 Telephone Index **168**
 Tenso Spray **58**
 Terumo Needles **160**
 T-Form Met Pads **77**
 Tie On Masks **154-155**
 Tinc Benz Compound **14**
 Tip Therm **127**
 Tisept Solution **161**
 Tissues **159**
 Toe Props (Chamois) **78**
 Toe Props (Foam) **78**
 Toe Props (Gel) **82**



Toe Separators (Foam) **77**
Toe Separators (Gel) **84**
Toe Spreader & Bunion Protector (Gel) **85**
Toe Spreaders (Gel) **84**
Toe Tip Protector (Gel) **91**
Toe Top Shield **78**
To-Foam **52**
Toilet Rolls **159**
Tool Tray **143**
Tough Cut Scissors **119**
Tournicot Ring **165**
Towel Rolls **159**
Tower 100 Water Distiller **135**
Treatment Record Sheets **168**
Tripod **143**
Trousers **124-126**
TryClean **2-3**
TST Control Indicator Strips **135**
Tuffie Wipes **164**
Tungsten Carbide Cutters **105**
Tunic **124-126**

U

Ultraclean M2 **147**
Ultra P **122**
Ultrasonic Baths **147**
Ultra SSC **122**

V

Variban **56**
VibraTip **127**
Videne **151**
Vinyl Gloves **158**
Visor Mask **154**
Viva Full **73**
Viva High **74**
Viva Mini **75**
Viva Sport **73**

W

Warwick Instrument Trays **146**
Water Distiller **135**
Whitfields Ointment **10**
Wooden Cuticle Sticks **109**
Wooden Handled File **108**
Wound Cleansing Dressing Pack **54**

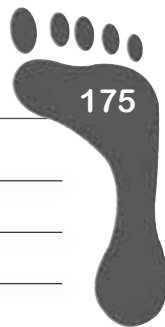
X

Xylocaine **160**
Xylonor **160**

Z

Zadeks Procedure Pack **121**

Notes



Notes

Join Us On Social Media!



Join Us On Social Media!

**LIKE
US ON FACEBOOK!**



**Have you joined
Trycare Chiropody
on social media yet?**

**Like and follow us today for
online bonuses including:**

- Exclusive Offers
- Fun Facts & Jokes
- Be the first to know about our seasonal sales!
- Find out about new product launches!
- Talk to us!

Visit

 [**/trycarechiropody**](https://www.facebook.com/trycarechiropody)

 [**@trycarechiropod**](https://twitter.com/trycarechiropod)

**FOLLOW
US ON TWITTER!**



TERMS & CONDITIONS

All goods and services provided by Trycare Ltd are subject to the following conditions and no other conditions shall apply unless agreed in writing prior to acceptance of the order. In these conditions "CUSTOMER" means the person, department, firm, company or organisation who received goods from Trycare Ltd or to whom Trycare Ltd's quotation, invoice or acknowledgement of order is addressed.

1. Pricing - All prices are exclusive of VAT which will be charged at the current applicable rate at the time of despatch. All prices are quoted in pounds sterling. **We reserve the right to change prices without prior notice and to correct errors and omissions in this catalogue.** Quotations where given, are without commitment and no contract between Trycare Ltd and the CUSTOMER shall arise unless and until Trycare Ltd has accepted the CUSTOMERS order.

2. Ownership - Ownership/title of the goods shall not pass to the customer until Trycare has received payment in full of all debts due by the customer to Trycare Ltd. Until payment is made, you must store the goods in such a way that they are clearly identified as our property. Until ownership has passed to you we maintain full title and reserve the right at any time to request the return of the goods. If you fail to do this immediately we reserve the right to enter any of your premises or of any third parties where the goods are stored and recover them without any liability to ourselves.

3. Delivery - Trycare Ltd aims to despatch all orders placed before 3pm on the same day, either by first class post or courier service. Orders received after 3pm may be despatched the following day. Trycare Ltd does not guarantee to provide same day despatch/next day delivery service. Damaged goods or short deliveries must be notified immediately. Trycare Ltd does not accept responsibility for damaged or short deliveries unless notified within 48 hours of the CUSTOMER receiving the delivery.

4. Carriage/Handling Charges (UK Mainland Only) - A handling charge of £4.25 will be added to all orders under £50. All non UK mainland orders including the Highlands of Scotland will be subject to extra carriage charges. Equipment & heavy goods may be subject to additional delivery charges, regardless of the value of the order.

5. Returns - Goods being returned for credit or exchange will not be accepted without prior agreement. All goods shall be returned at the CUSTOMERS own risk and expense. Goods returned due to no fault of Trycare Ltd may be subject to a restocking fee. Orders of Special Order nature that are not regular stock lines cannot be returned if supplied correctly. Damaged or faulty items must be returned with a covering letter stating the defects before Trycare Ltd will repair, replace or refund the goods. All goods must be returned within 21 days of the original order date. All goods returned must be in a re-saleable condition as deemed by Trycare Ltd. All used instruments must be autoclaved prior to returning. Proof of sterilisation must be included with return.

6. Pharmaceutical Returns - In addition to the above, pharmaceuticals will only be accepted for return for the following reasons:- i) There has been a delivery error. ii) The products are being returned in response to a product or batch recall. iii) Products have been received damaged or faulty. Pharmaceuticals must be returned within 3 working days of the customer receipt. It is illegal for customers to return any item that is contaminated. Trycare Ltd reserves the right to refuse to handle any items that do not have a completed decontamination certificate.

7. Liability - Trycare Ltd shall not be liable for any loss arising from the fact that the CUSTOMER is not suitably qualified to supply, operate or otherwise use the goods. All goods supplied by this company are intended to be used by suitably qualified persons.

8. Payments - Unless otherwise agreed in writing, payment is required within 30 days of the invoice date. Failure to observe this may result in additional charges and the withdrawal of credit facilities. Credit facilities are discretionary and may be withdrawn by Trycare Ltd at any time. All goods remain the property of Trycare Ltd until paid for in full.

9. Returns - No goods should be returned to Trycare without prior authorisation, and all goods shall be returned at the CUSTOMERS own risk and expense. Any repair and replacement will be the limit of Trycare Ltd's liability to the customer and Trycare Ltd will not be held responsible for any loss or damage suffered by the CUSTOMER or a third party. Goods which have been obtained direct from the manufacturer, at the customers request cannot be returned to Trycare Ltd without prior authorisation.

10. Cancellation - Special order items can not be cancelled once the order has been placed.

11. Force Majeure - Trycare Ltd will not be liable for any delay or other failure to perform any part of the contract as a result of factors outside Trycare's control

12. Proper Law - The laws of England and Wales govern these Terms & Conditions and all disputes will be held in the courts of England and Wales. E & O E.



Like us on

facebook

/trycarechirobody



Follow us on

twitter

@TrycareChiroPod

click 

www.trycare.co.uk

call 

01274 88 55 23

Chiropractic Catalogue 2018 / 2019