

Finí™ Polishing System

The Finí Finishing and Polishing Disk System is a "centerless", abrasive coated, vinyl disk system for contouring, finishing and polishing of composite or resin ionomer materials to a highly lustrous shine. The absence of a metal or plastic center eliminates the potential for gouging or discoloration. The rubber collar which fastens Finí Disks to the mandrel also serves to protect incisal edges from coming into contact with the stainless steel mandrel when polishing lingual surfaces.

Finí Finishing and Polishing Disks come in 4 abrasive grit sizes - Coarse (black), Medium (blue), Fine (red) and Extra-Fine (white) - as well as 2 diameters; 5/16" and 1/2". A total of 9 different disks are at your disposal to make finishing and polishing resin based restorations fast, easy and safe. When used as directed, Finí Disks will provide your composite or resin ionomer restorations an unrivaled final appearance which will more than satisfy both you and your patients.

Guidelines for Using Finí Disks

1. Do not use the Finí System on handpieces capable of speeds greater than 25,000 rpm.
2. The polishing motion should be light, intermittent, unidirectional strokes.
3. Keep both the disk and restoration surface when polishing as this will produce a more uniform, smoother appearance.
4. Sterilize the mandrels in an autoclave between each use.

Finishing and Polishing Composite and Resin Ionomer Restorations

1. Attach the selected Finí Disk to the mandrel by inserting the mandrel completely into the rubber collar until the mandrel reaches the bottom. To remove the disk, lightly pinch the rubber collar with your index finger and thumb and remove the disk from the mandrel.
2. Remove excess material from the restoration and contour the desired shape using your instruments of choice.
3. Begin with a Finí Coarse Disk (black) at 15,000 rpm for gross reduction. Lubrication is not recommended during the finishing and polishing process. Rinse and dry the restoration after gross reduction has been completed.
4. Follow with a Finí Medium Disk (blue) at 10,000 - 15,000 rpm for final contouring. This should take approximately 15 to 20 seconds.
5. Final polishing is accomplished by first using the Finí Fine Disks (red) for 10 seconds at 15,000 rpm. Follow this with the Finí Extra-Fine Disks (white) at 25,000 rpm with featherlike strokes for 10 to 15 seconds. This sequence will achieve a brilliant shine that will rival natural esthetics.

Helpful Hints

- Use only fine and extra-fine disks at dentin margins to protect this softer tooth structure.
- Use the 5/16" disk around gingival areas for better control.
- Use light intermittent strokes when using the fine and extra-fine disks for polishing, allowing the disks to do the work.
- NOTE: Skipping a grit size during the polishing sequence may reduce the quality of the restoration's polish or may lengthen the time to completely remove the marks from the preceding grit used.